

# CANDLE MARCH

**Date** : 01.04.2022

**Venue** : Candle March at Govt. Medical College to Garha

**Topic** : Dr Archana Sharma suicide case

**Summary** : The suicide case of Dr Archana Sharma had rattled the entire fraternity of obgyn all over India. A candle march was organized by JOGS with NSCB Medical College to draw attention to the matter and to pay respect to the bereaved soul on 1<sup>st</sup> April 2022.

Huge number of doctors were present



# CME ON SCIENCE AND SPRITUALITY AND GARBH SANSKAR

**Date** : 03.04.2022  
**Venue** : Klayanam Hotel & Resort at Mahow  
**Topic** : Science & Spirituality and Garbh Sanskar  
**Summary** : Dr Amita Saxena spoke on the same



**आओ गढ़े संस्कारवान पीढ़ी**

WORLD GAYATRI PARIVAR in association with IMA MHOW cordially invites you to witness an enlightening seminar on **Science & Spirituality of GARBHSANSKAR**

Speaker- **Dr. Amita Saxena**  
Consultant Gynaecologist, Jabalpur, M.P.

The seminar will gather eminent doctors and scholars engaged in the field of Science and Spirituality.

It would be a great honor to behold your gracious presence in the seminar.

Since the seminar is indented to provide a platform for exchange of thoughts on **SCIENCE OF GARBHSANSKAR**, we believe It will provide an enriching experience to each and every participant

**DATE- Sunday, 3rd April, 22**

**Timing- 11:00AM - 01:00PM Followed By Lunch**

Venue- Kalyanam Hotel & Resort,  
Opp. S.d. Bansal College, Indore Road, Mhow

099774 43363, 78691 72390  
79879 49452, 97547 38811

# CME ON THYROID UPDATE IN ASSOCIATION WITH JOGS

**Date** : 03.04.2022


**Venue** : Hotel Gulzar Tower, Mahanadda, Jabalpur

**Topic** : CME on Thyroid Update

**Summary** : JOGS collaborated with Jabalpur Endocrine Society to organise thyroid update 2022 on April 3 2022. In which Thyroid Disorders and Infertility was discussed by Dr. Sandeep Agarwal Endocrinologist from Ahmedabad.

Interesting cases of Thyroid cases in Pregnancy was discussed by Dr. Ashish Dengra Diabetologist from Jabalpur.

Programme was appreciated and attendant by 125 attendees.




Jabalpur Endocrine Society  
API, Jabalpur Chapter  
JOGS  
IMA, MMRF & AOI Jabalpur Branch

## Jabalpur Thyroid Update 2022

On Sunday, 3rd April 2022  
at  
10:00 am to 5:00 pm


Venue  
**Hotel Gulzar Tower**  
Mahanadda, Nagpur Road, Jabalpur 482002



Organizing Secretary  
Dr. Vikram Chauhan



Program Chairman  
Dr. V.K. Bhardwaj



Organizing President  
Dr. Ashish S. Dengra

# GENERAL BODY MEETING

**Date :** 05/04/2022

**Time :** 4-6 pm

**Venue:** Hotel Krishna

**Agenda:** Installation of FOGSI West Zonal Conf. with Yuva committees.

A formal installation ceremony was hosted by the core committee of Zonal Conference. Our patrons Dr Shashi Khare and Dr Shirish Jamdar, Organising Chairperson - Dr Kavita N Singh and Dr Pragya Dhirawani, Secretary Dr Alka Agrawal and Convenor Dr Anuradha Dang, President JOGS Dr Amita Saxena and Secretary Dr Richa Dhirawani were present. JOGS members were assigned in different committees of zonal conference.

This General Body meeting focused primarily on team work and contribution of all members in Zonal Conference. Various ideas of the General body were taken into consideration. A theme of blue symbolic of WATER was followed and theme JAL JANANI DONO HI SURAKSHIT, YEH PRAN HAMARA HO SUNISHCHIT was finalized.



# WORLD HEALTH DAY CELEBRATION

**Date** : 07.04.2022

**Venue** : Naik Nursing Home, Gole Bazar, Jabalpur

**Topic** : World Health Day Celebration

**Summary** : World Health Day. The day is celebrated annually in accordance with the World Health Organization's aim to discuss health-related issues and to draw attention to specific health issues concerning people across the world. The first World Health Day was celebrated and observed in 1950, after 7 April was set aside as a designated date to celebrate the creation of the World Health Organization in 1948 in the First Health Assembly. The day thereby marks the anniversary of WHO after it was established in 1948.

The theme for this year's World Health Day is "Our Planet, Our Health". Amid the ongoing pandemic and pollution growing on the planet, diseases like cancer, asthma, and heart diseases are increasing rapidly. World Health Organization aims to focus global attention on the urgent actions needed to "keep humans and the planet healthy."

JOGS always believe in saving our planet and members of JOGS collaborated and made public of Jabalpur aware to save our planet to be healthy.

◆ My Koushalya Home in association with Apollo Clinic ◆ Naik Nursing Home

◆ Vanvasi Mahila Kalyan Samiti ◆ Sai Hospital, Kanchghar, Ghamapur

◆ Prajapati Bramha Kumaries, Bhawartal



Health check-up camp at My Koushalya Home in association with Apollo Clinic on 8 April 2022 And My FM 24

# WORLD HEALTH DAY CELEBRATION



**Health check-up & Garbh Sansakr Awareness for Vanvasi Kalyan Parishat  
Mdhya Bharat Madhya Pradesh**

**Health  
Awareness  
activity  
at  
Naik  
Narsing  
Home  
Ranital  
Jabalpur**



**Health  
Awareness  
programme  
at  
Sai Hospital  
Kanchghar  
Jabalpur**

# WORLD HEALTH DAY CELEBRATION



## विचार और व्यवहार से पर्यावरण को करें शुद्ध



जबलपुर।

प्रजापिता ब्रह्मा कुमारी ईश्वरीय विश्व विद्यालय, शिव शक्ति भवन, शक्तिनगर, जबलपुर और स्त्री रोग विशेषज्ञ संगठन के सहयोग द्वारा विश्व स्वास्थ्य दिवस के अंतर्गत एक कार्यक्रम रखा गया। जिसमें स्त्री रोग विशेषज्ञ डॉ. अमिता सक्सेना, डॉ. लता परियानी, डॉ. पुष्पा पांडे। डॉ. प्रीती जैन, कैंसर रोग विशेषज्ञ, डॉ. जी एस ठाकुर, अस्थि रोग विशेषज्ञ, कार्यक्रम का संचालन डॉ. पुष्पा पांडे ने किया।

प्रवृत्त कर कार्यक्रम का सुभारम्भ किया। डॉ अमिता सक्सेना, जबलपुर स्त्री रोग विशेषज्ञ ने कहा कि शारीरिक मानसिक सामाजिक और आध्यात्मिक स्वास्थ्य पर ध्यान देना संपूर्ण स्वास्थ्य है। डॉ प्रीती जैन ने कहा लंबे समय तक मानसिक दबाव कैंसर का एक बहुत बड़ा कारण है। डॉ जीएस ठाकुर ने कहा कि संपूर्ण स्वस्थ होने के लिए हमें आध्यात्मिक से जुड़ना पड़ेगा। कार्यक्रम का संचालन डॉ. पुष्पा पांडे ने किया।

हितकारिणी प्रकाशन लिमिटेड के लिए प्रकाशक एवं मुद्रक- राम असरानी द्वारा प्रेस ई-मेल-smatjbp@yahoo.com, sn



Health Awareness at Prajapati Bramha Kumaries, Bhawartal

# HEALTH CHECKUP CAMP ON INTERNATIONAL WOMEN'S DAY

**Date** : 09.04.2022

**Venue** : Madan Mahal Gurudwara

**Topic** : Health Checkup Camp

**Summary** : Dr Sharda Mishra and Dr Mishra organised Health check-up camp on occasion of International Women's Day at Gurudwara Madan Mahal in association with Kemtani Foundation.



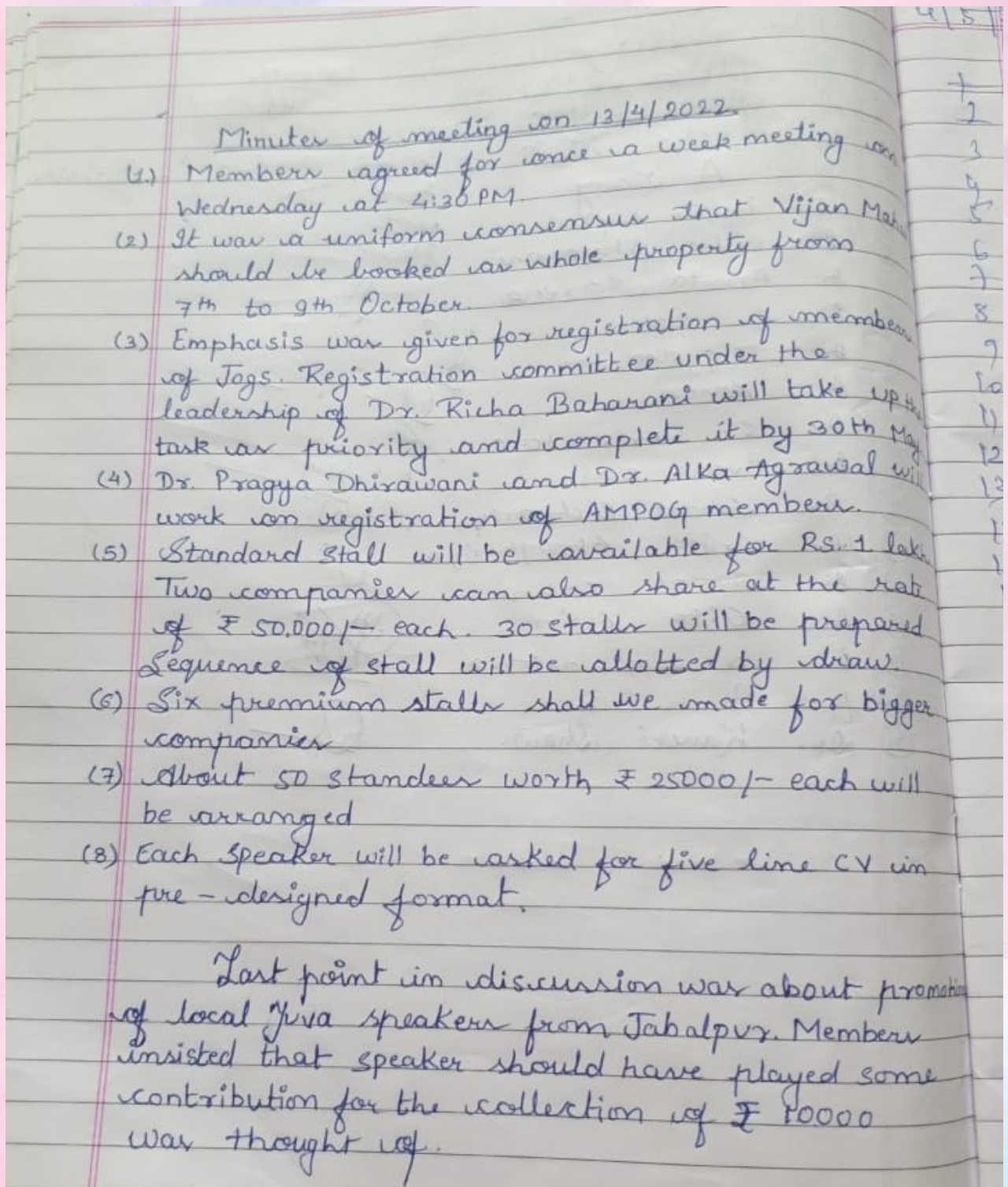
# MANAGEMENT COMMITTEE MEETING

**Date :** 13.04.2022


**Time :** 4-6 PM

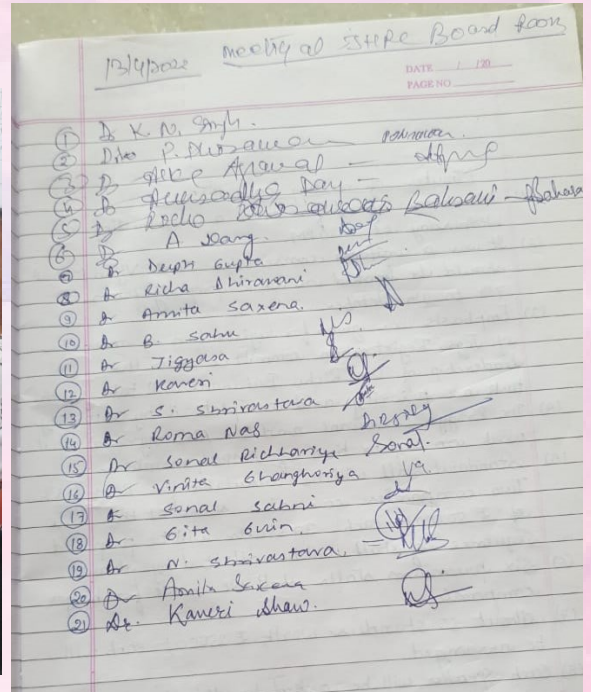
**Venue:** Jabalpur Hospital Board Room


**Agenda:** Called meeting for making Scientific Agenda & Registration of members for West Zone Yuva FOGSI





 Samsung Quad Camera  
 Shot with my Galaxy A21s



 Samsung Quad Camera  
 Shot with my Galaxy A21s

## HEALTH CHECKUP AT CHC GHANSOR (TRIBAL AREA)

**Date** : 14.04.2022

**Venue** : CHC Ghanasor Tribal Area, District Dindori

**Topic** : Health Checkup

**Summary** : Dr Pushpa Pandey visited a tribal area of Ghansor and examined almost 38 ANC women , 2 prolapse and found 1 case of ? ca Cervix. Such cases were referred to NSCB Medical College.



## HEALTH CHECKUP AT KUNDAM (TRIBAL AREA)

**Date** : 16.04.2022

**Venue** : Tribal area of Kundam

**Topic** : Health Checkup Camp

**Summary** : Dr Rakhi Bajpai conducted a camp in the rural area of kundam with special awareness about the rising trends of infertility and male female partners the issues related.



### कुंडम में निःशुल्क जांच शिविर आज

कुंडम, देशबन्धु। कुंडम में निःशुल्क जांच शिविर का आयोजन होने जा रहा निःसंतान दंपति परामर्श जांच शिविर का आयोजन 16/04/2022 दिन शनिवार दोपहर 2:00 बजे से शाम 6:00 बजे तक कपिल मेडिकल स्टोर्स डेंटल क्लीनिक कुंडम में डॉ श्रीमती राखी बाजपेयी साई हॉस्पिटल इनफर्टिलिटी एवं टेस्ट बेबी सेंटर जबलपुर द्वारा विशेष परामर्श उपलब्ध है डॉक्टर ममता साहू कुंडम कपिल मेडिकल स्टोर डेंटल क्लीनिक समैया कॉलोनी कुंडम द्वारा अपील की गई है।

# CME ON COSMETIC GYNAECOLOGY AWARENESS PROGRAMME FOR CLUB 35+

**Date** : 20.04.2022

**Venue** : Hotel Gulzar Tower

**Topic** : CME on Cosmetic Gynaecology for Club 35+

**Summary** : Public Awareness programme of Cosmetic Gynaecology was organized by JOGS under guidance of Dr Amita Saxena (President) & Dr. Richa Dhirawani (Secretary) in association Jabalpur Menopause Society



# EXECUTIVE BODY MEETING

**Date** : 23.04.2022

**Venue** : Hotel Gulzar Tower

**Topic** : Executive Body Meeting

**Agenda** : 1<sup>st</sup> Executive Body Meeting was held on 24th April 2022

- ▶ Agenda for coming quarter discussed by President and Secretary.
- ▶ Work division amongst various committees under JOGS.
- ▶ Rapid Task force formation under Dr Gita Guin.
- ▶ Enrollment for FOGSI Indemnity by all members.
- ▶ Celebration on account of Awards received by JOGS last year.



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**JABALPUR OBSTETRICS AND  
GYNECOLOGICAL SOCIETY**  
**Corona Remedies Invites you to Plakonta RTM**

**Role of Plakonta in PID Management**

**Speaker**  
**Dr. Richa Dhirawani**

Followed By  
**Executive Committee meeting**

**President**  
**Dr. Amita Saxena**

**Secretary**  
**Dr. Richa Dhirawani**

APR | 23 | 2022  
4.30 PM to 6.00 PM

**Address**  
**Hotel Gulzar, Jabalpur**

Reg. No. 0414911342511



**JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY**

President: **Dr. Amita Saxena** (Affiliated to The Federation of Obstetrics & Gynaecological Societies of India)  
 Secretary: **Dr. Richa Dhirawani**  
 Sreeva Gaurhari Clinic, 1 Chauski Pkz, Bitchra Hotel Road, Nagar Town, Jabalpur (M.P.)-482002  
 Ph: - 91 9300108912 email: dramitasaxena83@gmail.com  
 Basal Chowk, Nagar Town, Jabalpur-482001(M.P.)  
 Mobile: 7354777754 email: richadhirawani1510@gmail.com

- Pastor:**  
 Prof. Dr. Bhanu Srivastava  
 Dr. G. S. Mishra  
 Prof. Dr. Shashi Khare  
 Prof. Dr. R. Chaudhary  
 Prof. Dr. A. Laha  
 Prof. Dr. Ananta N. Singh  
 Dr. Richa James  
 Dr. Jayanta Gupta  
 Dr. Pragna Shrivastava  
 Dr. Shishir Kulkarni  
 Dr. Suresh Moh  
 Dr. J.P. Choudhary
- Hon. Past President**  
 Prof. Dr. Gita Gaur  
**Vice President**  
 Dr. Anshu Purohit  
 Dr. Pradyota Hirsikhy  
 Dr. Shweta Mishra  
 Dr. Sonal Saha  
**Joint Secretary**  
 Dr. Hareni Gupta  
 Dr. Pooja S. Neg  
 Dr. Priyanka Gaur  
**Treasurer**  
 Dr. Manita Tripathi  
 Dr. Komal Jain  
**Editor**  
 Dr. Jayanta Dhangra  
 Dr. Shabbir Sharma  
**Oncology Committee**  
 Dr. Pradyota Hirsikhy  
 Dr. Anuradha Dang  
 Dr. Lalita Purohit  
 Dr. Kiriti Shaw  
**Family Welfare**  
 Dr. Nisha Saha  
 Dr. Anshu Purohit  
 Dr. Anshu Kulkarni  
 Dr. Kiran Purohit  
**Safe Motherhood**  
 Dr. Sangita Shrivastava  
 Dr. Subhojit Dey  
 Dr. Shikha Bhattacharya  
 Dr. Ganjan Sharma  
**Public Awareness**  
 Dr. Chitra Jain  
 Dr. Sonal Rikhiyal  
 Dr. Shweta Srinivas  
 Dr. Rakhi Kulkarni  
**Adolescent Health**  
 Dr. A. Anuradha  
 Dr. Nisha Saha  
 Dr. Manita Shrivastava  
 Dr. Vinay Kulkarni  
 Dr. Sakshi Mishra  
**Infertility**  
 Dr. D. Pankaj Bhanu  
 Dr. Anshu Purohit  
 Dr. Nisha Saha  
 Dr. Sonal T. Mishra  
**Garish Sanskar**  
 Dr. Pooja Purohit  
 Dr. Shweta Mishra  
 Dr. Richa Dhirawani  
 Dr. Pooja Purohit



1st Executive Body Meeting

| No. | Doctor's Name.          | Mobile      | Signature |
|-----|-------------------------|-------------|-----------|
| 1   | Dr. Chitra Jain         | 92291-64009 | C         |
| 2   | Dr. Richa Dhirawani     | 9236777724  | Richa     |
| 3   | Dr. Anshu Gupta         | 9827267484  | Anshu     |
| 4   | Dr. Komal Jain          | 9165099755  | Komal     |
| 5   | Dr. Nisha Saha          | 9425151798  | Nisha     |
| 6   | Dr. Shikha Khare        | 92255124140 | Shikha    |
| 7   | Dr. Jayanta Dhangra     | 9630741555  | Jayanta   |
| 8   | Dr. Ramana Gupta        | 9428151539  | Ramana    |
| 9   | Dr. Nisha Saha          | 9425867225  | Nisha     |
| 10  | Dr. Manita Tripathi     | 709727173   | Manita    |
| 11  | Dr. Manita Panjari      | 9425323494  | Manita    |
| 12  | Dr. Anuradha Dang       | 9300108226  | Anuradha  |
| 13  | Dr. Sneha Choudhary     | 9425829785  | Sneha     |
| 14  | Dr. J. Devita           | 949515077   | Devita    |
| 15  | Dr. N. Shrivastava      | 9425150714  | Nisha     |
| 16  | Dr. Sharda Mishra       | 9425150814  | Sharda    |
| 17  | Dr. Anshu Purohit       | 9425161268  | Anshu     |
| 18  | Dr. Lalita Purohit      | 982612227   | Lalita    |
| 19  | Dr. Sangita Shrivastava | 9301607144  | Sangita   |
| 20  | Dr. Pragna Shrivastava  | 9425153091  | Pragna    |
| 21  | Dr. Sonal Rikhiyal      | 989258984   | Sonal     |
| 22  | Dr. Richa Baharani      | 94250-41151 | Richa     |
| 23  | Dr. Richa Baharani      | 9425155000  | Richa     |
| 24  | Dr. Pankaj Gaur         | 9685303223  | Pankaj    |
| 25  | Dr. Karthik Kulkarni    | 9425362970  | Karthik   |
| 26  | Dr. Bhavna Mishra       | 9425155092  | Bhavna    |
| 27  | Dr. Sneha Mishra        | 3325533555  | Sneha     |
| 28  | Dr. Ketan Kulkarni      | 9301193266  | Ketan     |
| 29  | Dr. Falguni Purohit     | 9755698685  | Falguni   |
| 30  | Dr. Kiran Purohit       | 7489944444  | Kiran     |
| 31  | Dr. Gyan B. Sharma      | 7018589832  | Gyan      |



| Doctor's Name       | Mobile No  | Signature |
|---------------------|------------|-----------|
| Dr. Anshu Purohit   | 9893306967 | Anshu     |
| Dr. Lalita Purohit  | 9300957105 | Lalita    |
| Dr. Shirish Jandhar | 9326142085 | Shirish   |

# HEALTH CHECKUP CAMP

**Date** : 23.04.2022

**Venue** : Bedi Nagar, Madan Mahal, Jabalpur

**Topic** : Health Checkup Camp with Swalamban Kendra

**Summary** : A NGO which teaches women to become self sustainable by teaching them skills like cooking/ baking/ beauty parlour etc. Dr Amita Saxena with Dr Richa Dhirawani did a health camp for all the women there. A Hemoglobin Detection camp was done and they were provided information for prevention of gynec cancers and the prevention of anemia.



निर्मल सहयोग स्वावलम्बन केन्द्र - फरवरी-23-04/22

| Pt. Name               | B.P.   | Ht  | Wt    | Age        | Mo-No      |
|------------------------|--------|-----|-------|------------|------------|
| 1. Mamta Khare         | 130/70 | 115 | 42kg  | 56Y        | 9823887500 |
| 2. Pooja Theel         | 120/70 | 110 | 52kg  | 37Y        | 9039582171 |
| 3. Pooja Chaurasiya    | 120/70 | 110 | 51kg  | 37Y        | 9306102519 |
| 4. Reelini Yadav       | 100/60 | 100 | 30kg  | 24Y        | 8205353164 |
| 5. Vandana Kuchhal     | 100/60 | 100 | 65kg  | 31Y        | 9770433013 |
| 6. Jalefi Vishwakarma  | 110/70 | 110 | 102kg | 21Y        | 911815410  |
| 7. Nahida Bee          | 130/80 | 130 | 55kg  | 30Y        | 6206415798 |
| 8. Peenam Shivastav    | 120/70 | 120 | 84kg  | 60Y        | 9993408758 |
| 9. Akshay Anjum        | 110/60 | 110 | 40kg  | 20Y        | 7483852606 |
| 10. Ravita Jaliya      | 110/70 | 110 | 45kg  | 34Y        | 9583637635 |
| 11. Shalu Sheerpa      | 100/60 | 100 | 45kg  | 32Y        | 9226110211 |
| 12. Meenakshi Chauhan  | 110/70 | 110 | 52kg  | 45Y        | 9993435779 |
| 13. Usha Gupta         | 110/70 | 110 | 40kg  | 18Y        | 9283325362 |
| 14. Vinata Khingra     | 130/70 | 130 | 100kg | 57Y        | 9425157698 |
| 15. Chandna Gupta      | 110/70 | 110 | 66kg  | 45Y        | 9221802211 |
| 16. Suhani Sondhwa     | 130/70 | 130 | 48kg  | 17Y        | 7574209722 |
| 17. Gnanwati Yadav     | 120/70 | 120 | 45kg  | 50Y        | 8305953164 |
| 18. Tulnaz Bano        | 130/80 | 130 | 43kg  | 19Y        | 7089366389 |
| 19. Priya Baxman       | 130/70 | 130 | 20Y   | 9926498079 |            |
| 20. Sushma Chaurasiya  | 130/80 | 130 | 32Y   | 9300145802 |            |
| 21. Pooja Theel        | 130/80 | 130 | 44kg  | 20Y        | 8103802494 |
| 22. Bharti Sahu        | 120/70 | 120 | 65kg  | 21Y        | 8085661062 |
| 23. Batto Baxman       | 130/80 | 130 | 55Y   | 9589697655 |            |
| 24. Ravita Chakravarti | 100/60 | 100 | 42kg  | 22Y        | 7024293237 |
| 25. Rani Chakravarti   | 100/60 | 100 | 45kg  | 23Y        | 7809407004 |
| 26. Vinay Jaliya       | 110/70 | 110 | 42kg  | 17Y        | 9529037695 |
| 27. Ragini Mehta       | 100/60 | 100 | 40kg  | 17Y        | 9755665683 |
| 28. Amrin Khan         | 110/70 | 110 | 57kg  | 30Y        | 9171330856 |
| 29. Kiran Vikky        | 110/70 | 110 | 65kg  | 28Y        | 7724830376 |
| 30. Roshan Khan        | 100/70 | 100 | 37Y   | 7024853357 |            |

|                 |        |     |      |            |            |
|-----------------|--------|-----|------|------------|------------|
| 31. Roshan Khan | 130/80 | 130 | 45kg | 25Y        | 9977884823 |
| 32. Nagina Bee  | 140/80 | 140 | 65kg | 30Y        | 9576278386 |
| 33. Atshari Bee | 180/90 | 180 | 63kg | 40Y        | 9576278386 |
| 34. Shannu Bee  | 120/70 | 120 | 47kg | 25Y        | 9294606577 |
| 35. Sahidq Bano | 130/70 | 130 | 60Y  | 9294606577 |            |

## TRAINING PROGRAMME FOR DOCTORS

**Date** : 24.04.2022

**Venue** : Ideal Infertility Conference Hall, Jabalpur

**Topic** : Doctors Training programme

**Summary** : Dr Dpanker Bannerjee organized this. Dr Deepti Gupta spoke on hysteroscopy and the various medias used. Dr Fanindra Solanki, spoke on SUI and cystoscopy.



## RADIO FM TALK ON SAFE MOTHER HOOD

**Date** : 25.04.2022

**Venue** : Radio Channel

**Topic** : Safe Motherhood Day

**Summary** : Radio FM talk on Safe Mother Hood by Dr Roma S Nag



# CME ON HOW TO CARE DURING PREGNANCY

**Date** : 30.04.2022  
**Venue** : Satna under Jabalpur society  
**Topic** : CME on How to care during Pregnancy



**न्यूज इनबॉक्स**

**कार्यशाला में दिए बच्चों के केयर टिप्स**

सतना। नारीत्व से लेकर मातृत्व का सफर आप और आपका शिशु इस विषय पर कार्यशाला का आयोजन किया गया। कार्यशाला में डा. सुमन जैन ने कार्यक्रम में शामिल 58 गर्भवती महिलाओं को गर्भावस्था से संबंधित विभिन्न पहलुओं पर विस्तृत जानकारी प्रदान की। उन्होंने कहा कि योग, प्राणायाम एवं ध्यान से किस प्रकार संस्करवान पीढ़ी बना सकते हैं, इसका उल्लेख किया। शिशु रोग विशेषज्ञ ने डिलेवरी के बाद बच्चों का कैसे ध्यान रखना चाहिए, इसके बारे में भी जानकारी दी। इस मौके पर विशेष रूप से डॉ. आलोक जैन का सराहनीय योगदान रहा।

# HEALTH CHECKUP PROGRAMME

## Anaemia Awareness & Pamphlets Distribution

**Date** : 01.05.2022

**Venue** : Panagar Villagae, Dist Jabalpur

**Topic** : Health Checkup – Anaemia Detection and Pamphlets distribution

**Summary** : Dr Alka Agrawal gave awareness on Anaemia and Checkup also done



Pamplate Distributions for Anaemia Awareness to Villagers

# STRESS MANAGEMENT PROGRAMME And Mother's Day Celebration

**Date** : 01.05.2022

**Venue** : Hotel Krishna, Jabalpur

**Topic** : Stress Management Programme. A ramp walk for adolescent children was also organized and mother's day celebration.



# INSTALLATION CEREMONY OF JOGS TEAM 2022-23

**Date** : 08.05.2022  
**Venue** : Hotel Vijan Mahal, Tilheri  
**Topic** : Installation Ceremony and CME with Dr Jaydeep Tank Sir  
**Summary** : CME ON PCOS

1 ICOG CREDIT POINT





## JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY 2022-23

### TEAM WORK MAKES THE DREAM WORK

Date : 08<sup>th</sup> May Sunday Time 5:30 to 8:00 pm  
Venue : Hotel Vijan Mahal



Guest of Honour  
**DR JAYDEEP TANK**  
President Elect 2023-24



Chief Guest  
**DR JITENDRA JAMDAR**  
Director, Jamdar Hospital  
Vice President JAN ABHIYAN PARISHAD

### SCIENTIFIC SESSION

| SPEAKER  | CHAIRPERSONS   |   |  |
|--|--|---|--|
|  <p><b>DR JAYDEEP TANK</b><br/>Topic: PCOS-A Practical Approach</p> |  <p><b>DR. REKHA JAMES</b><br/>Past President 2007-08</p> |  <p><b>DR RANJNA GUPTA</b><br/>Rtd. Regional Director<br/>Health Services Jabalpur</p> |  <p><b>PROF. DR KAVITA N SINGH</b><br/>HOD, OBGYN Dept. NSCB,<br/>MCH JBP</p> |

### INSTALLATION CEREMONY JOGS TEAM 2021-22



**DR AMITA SAXENA**  
President - JOGS

- ★ Welcome address
- ★ Lamp Lighting
- ★ Newsletter Release
- ★ Calender Release
- ★ Past President Felicitation
- ★ Vote of thanks

PROGRAMME FOLLOWED BY DINNER



**DR RICHA DHIRAWANI**  
Secretary - JOGS



# INSTALLATION CEREMONY OF JOGS TEAM 2022-23



# FELICITATION OF ALL JOGS PAST PRESIDENTS



## HEALTH CHECKUP - PMSMA

**Date** : 09.05.2022

**Venue** : PHC, Cantt

**Topic** : Health Checkup – PMSMA

**Summary** : Health Checkup – PMMSA(Pradhan Mantri Matritva Suraksha Yojna)

**Summary** : Dr Sharda Mishra visited the PHC, Cantt as a part of the PMMSA and examined the 40 ANC pts



## HEALTH CHECKUP - PMSMA

**Date** : 09.05.2022

**Topic** : Women Health Check Camp for ANC pts.

**Venue** : Kotwali City Dispensary, Jabalpur

**Summary** : Pradhan Mantri Matrav Abhiyan Every I go to a Govt. Dispensary to do Anc checkup On 9 May I examined 40 patients of 3 Trimester ANC



## NURSES DAY CELEBRATION ON 12.05.22

**Venue** : Vimal Nursing Home Adhartal Jabalpur

**Summary** : Dr Alka Agrawal



**Venue** : Best Care Hospital Jabalpur

**Summary** : Dr Anshu Sahni and Dr Sonal Sahni



**Venue** : Suvridha Hospital, Jabalpur

**Summary** : Dr Anuradha Dang



# NURSES DAY CELEBRATION ON 12.05.22

**Venue** : KJ Memorial Hospital, Jabalpur

**Summary** : Dr Kusum Jain



**Venue** : Disha Hospital, Jabalpur

**Summary** : Dr Lata Paryani



**Venue** : Elgin Hospital, Jabalpur

**Summary** : Dr Neeta Parashar



# NURSES DAY CELEBRATION

**Venue** : Muskan Health Clinic, Jabalpur

**Summary** : Dr Nidhi Jain



**Venue** : Brahma Kumaries Centers, Jabalpur

**Summary** : Dr Nisha Sahu



**Venue** : Jabalpur Hospital RC, Jabalpur

**Summary** : Dr Richa Dhirawani



# NURSES DAY CELEBRATION

**Venue** : Nirmal Hospital, Jabalpur

**Summary** : Dr Roma S Nag



**Venue** : Raksha Nidhi Hospital, Jabalpur

**Summary** : Dr Shilpa Somashekar



**Venue** : Seth Mannulal Hospital, Jabalpur

**Summary** : Dr Sulekha Dewani



## NURSES DAY CELEBRATION ON 12.05.22

**Venue** : Vijaya Women's Clinic, Jabalpur

**Summary** : Dr Kaveri Shaw



**Venue** : City Kotwali Dispensary, Jabalpur

**Summary** : Dr Chitra Jain



**Venue** : Shalby Hospital, Jabalpur

**Summary** : Dr Sonal Richhariya



# CME ON LABOUR ANALGESIA

Date : 14.05.2022  
Venue : Hotel Gulzar Tower, Jabalpur  
Topic : CME on Labour Analgesia

1 ICOG CREDIT POINT

**J&GS**  
**CHAIRPERSONS**

Dr Shobha Soni Dr Rakhi Bajpai Dr Mukesh Nigam

**SPEAKERS**

Dr Deepti Gupta  
Dir, Anukur Fertility Centre

Dr Deepak Hingwe  
Sr. Cardiac Anaesthetist

**PANELIST**

Dr Sneha P Choubey

**MODERATOR**

Dr Devesh Gupta

**PANELIST**

Dr Sangeeta Shrivastava Dr Pratibha Jain Dr Mamta Mahobia Dr Reepmala

## Jabalpur Obstetrics and Gynaecological Society In Association with Indian society of Anaesthesiologist (ISA Jabalpur City Branch)

TEAMWORK MAKES THE DREAM WORK

Date : 14<sup>TH</sup> May Saturday, Time 4:30 to 6:00 pm  
Venue : Hotel Gulzar Tower

### SCIENTIFIC SESSION

4:30 - 4:45pm Labour Analgesia - Dr Deepak Hingwe  
4:45 - 5:00pm Discussion  
5:00 - 5.15pm Rational use of oxytocin - Dr Deepti Gupta  
05:15 - 5:30pm Discussion  
5.30 - 6:00pm Panel Discussion Moderator : Dr Devesh Gupta  
Panelist : ♦ Dr Sangeeta Shrivastava ♦ Dr Sneha Choubey ♦ Dr Pratibha Jain,  
♦ Dr Mamta Mahobia ♦ Dr Reepmala  
Programme followed by High Tea



Dr Amita Saxena  
President-JOGS



Dr Richa Dhirawani  
Secretary-JOGS



Dr Ashish Sethi  
President ISA



Dr Devesh Gupta  
Secretary-ISA

**Zuviston**  
Designed to Ensure Maximum Hb Rise

**Feronia-XT**  
Tablets  
Designed to Ensure Maximum Hb Rise

## दर्द रहित प्रसव सुरक्षित चिकित्सकों ने दी अपनी राय

जबलपुर। जबलपुर स्त्री रोग संघ एवं निश्चैतना संघ के संयुक्त तत्वाधान में होटल गुलजार में एक सेमिनार समारोह आयोजित किया गया। सेमिनार में दर्द रहित प्रसव के सभी विषयों पर विस्तृत चर्चा की गई। स्त्री रोग संघ की अध्यक्ष डॉ अमिता सक्सेना ने बताया कि दर्द रहित प्रसव बहुत सुरक्षित है एवं इसमें बहुत कम तकलीफ से सफलता से सामान्य प्रसव की प्रक्रिया संभव है। सचिव डॉ ऋचा धीरावाणी ने कहा कि यदि एनेस्थेटिस्ट के साथ टीम बनाकर इस कार्य को किया जाए तो बहुत आसानी से काम किया जा सकता है। इस कार्यक्रम में मेडिकल कॉलेज की डीन डॉ गीता गुडन, पूर्व डीन डॉ शशि खरे, डॉ संगीता श्रीवास्तव, डॉ चौबे, डॉ निगम, डॉ सोनी, डॉ प्रतिमा जैन, डॉ ममता महोबिया व दोनों संघ के सदस्य मौजूद थे।



# CME ON LABOUR ANALGESIA





### दर्द रहित प्रसव पर कार्यशाला

जबलपुर। कल होटल गुलजार में स्त्री रोग संघ एवं निश्चेतना संघ के आपसी सहयोग से एक सेमिनार सम्पन्न हुआ। जिसमें दर्द रहित प्रसव के सभी आयामों पर विस्तृत विचार विमर्श किया गया। अध्यक्ष डॉ. अमिता सक्सेना ने बताया कि दर्द रहित प्रसव बहुत सुरक्षित है, इसमें बहुत कम तकलीफ में सफलता से सामान्य प्रसव की प्रक्रिया संभव है। सचिव डॉ. ऋचा धीरावाणी ने कहा कि यदि एपिस्थिटिस्ट के साथ टीम बनाकर किया जाए तो इस कार्य को बहुत आसानी से कर सकते हैं। कार्यक्रम में नेताजी सुभाष चंद्र बोस कॉलेज डॉन डॉ. गीता गुडन, डॉ. शशि खेर, डॉ. संगीता श्रीवास्तव, डॉ. चौबे, डॉ. निगम, डॉ. सोनी, डॉ. प्रमिता जैन, डॉ. ममता महोबिया एवं दोनों संघों के अन्य सदस्य मौजूद रहे।



# FOGSI FAMILY DAY CELEBRATION

**Date** : 15.05.2022  
**Venue** : Cult-Fit Zim  
**Topic** : FOGSI Family Day Celebration



# NATIONAL HYPERTENSION DAY CELEBRATION 17.05.2022

**Venue** : Jeevan Jyoti Clinic, Labour Chowk, Jabalpur

**Summary** : Dr Namita Tiwari distributed Pamphlets.



**Venue** : Kothari Hospital, Jabalpur

**Summary** : Dr Nisha Sahu



**Venue** : Vimal Nursing Home, Jabalpur

**Summary** : On National Hypertension Day BP checkup of the staff of Vimal nursing home Adhartal was done. Awareness regarding regular health checkup , control of Hypertension and effect of diet was given by Dr Alka Agrawal



# HEALTH AWARENESS ON MENSTRUAL HYGIENE

**Date** : 18.05.2022

**Venue** : Lijjat Papad Mahila Grah Udyog, Jabalpur

**Topic** : Health Awareness for Menstrual Hygiene

**Summary** : Awareness programme at Lijjat Papad Graha Udyog done on 18 /05 2022. Dr Chitra jain spoke on, leucorrhoea, and Dr Nisha Sahu spoke on Cancer cervix and breast cancer.

The programme was attended by 200 females



# VACCINATION DURING PREGNANCY WITH FOGSI FOOD DRUG & SURGICAL EQUIPMENT COMMITTEE

**Date** : 18.05.2022  
**Venue** : Virtual on Zoom  
**Topic** : Vaccination during Pregnancy with FOGSI Food Drug & Surgical Equipment Committee





**Webinar Invitation**

**FOGSI Food & Drug and Medico Surgical Equipment Committee**

With  
Indore, Gwalior, Bhopal, Hoshangabad, Jabalpur, Sagar, Rewa, Ujjain & Ratlam

Invite you for Webinar on

**Vaccination Awareness Drive for Women's Health**

**Wednesday 18<sup>th</sup> May 2022**      **5:00-7:30 PM**

Register in advance for this meeting:  
<https://us06web.zoom.us/join/88501330706>  
 Meeting ID: 885 0133 0706      Passcode : 275899

**Office Bearers**

  
**Dr. S. Shantha Kumari**  
President FOGSI, Treasurer FIGO

  
**Dr. Madhuri Patel**  
FOGSI - Secretary General

  
**Dr. Bipin Pandit**  
FOGSI - Vice President

  
**Dr. Ritu Khanna**  
Chairperson FOGSI  
Food & Drug Medico Surgical Equipment Com.

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**PROGRAM**

Session : 1 ( Each 10 mins )

  
**Dr Shashibala Bhonsale Sao**  
President Gwalior Obs & Gyn Society 2022-23.  
Chairperson

  
**Dr. Jyoti Bunglowala**  
Secretary Indore Obs & Gyn Society  
Chairperson

  
**Speaker- Dr Priya Bhawe**  
Consultant & Head Dept. of Reproductive Medicine  
Bansal Hospital, Bhopal  
Vaccination in Preconception Period

  
**Speaker- Dr Kavita Singh**  
Professor & Head Obstetrics and Gynecology  
NSCB Medical College Jabalpur, Madhya Pradesh  
HPV Vaccination – The Need of the hour

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**Experts on the Panel**

  
**Dr Padma Shukla**  
Secretary  
Rewa Obst & Gynae Society

  
**Dr Yamini Manker**  
Secretary  
Hoshangabad Obst & Gynae Society

  
**Dr Mudita Jain**  
Secretary  
Bhopal Obst & Gynae Society

  
**Dr Neha Saraf**  
Secretary  
Ratlam Obst & Gynae Society

  
**Dr Richa Dhirwani**  
Secretary  
Jabalpur Obstetrics & Gynaec Society

  
**Dr Nidhi Mishra**  
President  
Sagar Obs & Gyn society

  
**Dr Sangeeta Palsania**  
Past President Ujjain  
Obstetrics and Gynaecology Society

**CANCER CERVIX**



Cells on the cervix begins to grow abnormally and sometimes, if not treated, they become cancer.  
 However, these early changes can disappear on their own, without causing problem





DR. JYOTI BUNGLOWALA

DR. YAMINI MANKER

KIRTI PATEL

DR. YAMINI MANKER

DR. JYOTI BUNGLOWALA

DR. YAMINI MANKER

DR. JYOTI BUNGLOWALA

# GARBHSANSKAR SEMINAR PROGRAMME

**Date** : 20.05.2022  
**Venue** : SutikaGrah, Jabalpur  
**Topic** : Garbh Sanskar Programme



# GARBHSANSKAR KARYASHALA

**Date** : 21.05.2022  
**Venue** : Shiv Shakti Bhavan, Bhavartaal, Jabalpur  
**Topic** : Garbh Sanskar Programme



# HEALTH AWARENESS TALK ON ANAEMIA

**Date** : 21.05.2022  
**Venue** : Seth Mannu Lal Trust Hospital  
**Topic** : Health Awareness talk on Anaemia



# HEALTH AWARENESS TALK ON ANAEMIA

**Date** : 21.05.2022

**Venue** : Village Panagar, Jabalpur

**Topic** : Health Awareness talk on Anaemia

**Summary** : Dr Chitra, Dr Sonal and me organized a program at panagar hospital for ladies including pregnant women Dr Sonal tell them about anaemia and Dr Sharda Mishra oriented them on Garbhsanskar about 50 ladies ASHA workers and staff nurses were benefitted

Total 72

ANC 52

Feeding Mother 11

other Asha 12



# GENERAL BODY MEETING

**Date :** 26/05/2022

**Time :** 4-6 pm

**Venue:** Hotel Gulzar

**Agenda:** FOGSI West Zonal Conf. with Yuva 2022 1st meeting -

JOGS members had gathered for the 1st time and participated by contributing 10000 Rs each as boot money to open a bank account for zonal conference. The basic structure to organize this conference was formulated and the strategy to collect funds was discussed.



Reg. No. 04/14/01/13425/11

**JOGS** **JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY** 20 min Secretary

(Affiliated to The Federation of Obstetrics & Gynaecological Societies of India)

**President** **Dr. Amita Saxena** **Secretary** **Dr. Richa Dhirawani**  
 Sesoona Cosmetic Clinic, 1 Khushi Plaza, Jabalpur Hospital & Research Center  
 Krishna Hotel Road, Nagpur Town, Jabalpur (M.P.) 482002  
 Ph. : + 91 95001108912 email: dramitasaxena93@gmail.com Mobile : 7354777754 email: richadhirawani1510@gmail.com

**MEETING FOR DISCUSSION**

*"When you're surrounded by people who share a passionate  
 Commitment around a common purpose, anything is possible."  
 Howard Schultz*

**Greeting from JOGS!**  
 You are cordially invited to attend round table  
 meeting.

**Date, Time & Venue**  
 26<sup>th</sup> May 2022 at 04:00 pm  
 at Hotel Gulzar Tower, Jabalpur

**TOPIC**  
 Diagnostic and treatment approaches  
 for UTI's in women

**SPEAKER**  
**Dr Shweta Sirsikar**  
 Associated Prof.  
 OBGYN, NSCB, MCH, Jabalpur

Talk is followed by FOGSI West Zonal Conference with  
 YUVA preparation meeting

**DR AMITA SAXENA** **DR RICHA DHIRAWANI**  
 President – JOGS Secretary - JOGS

E-mail : jabalpur.fogsi@gmail.com Website : www.jabalpurobgynsociety.org  
 jabalpur.fogsi

**Patrons:**  
 Prof. Dr. Rama Shrivastava  
 Dr. G. K. Malhotra  
 Prof. Dr. Shashi Khane  
 Prof. Dr. R. Chhabra  
 Prof. Dr. A. Laha  
 Prof. Dr. Kavita N. Singh  
 Dr. Rina Shukla  
 Dr. Rakha James  
 Dr. Susanna Gupta  
 Dr. Pragya Dhirawani  
 Dr. Shresh Jambur  
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 Dr. Vibha Gahlot  
 Dr. Anuradha Dang  
 Dr. Lata Paryani  
**Family Welfare Committee**  
 Dr. Nisha Sahni  
 Dr. Neeta Parashar  
 Dr. Rashmi Karoriya  
 Dr. Kiran Prasad  
**Safe Motherhood Committee**  
 Dr. Sangeeta Shrivastava  
 Dr. Sakshi Dewani  
 Dr. Shikha Shastriagar  
 Dr. Kavari Shaw  
 Dr. Gunjan B Sharma  
**Public Awareness Committee**  
 Dr. Chitra Jain  
 Dr. Sonal Richhariya  
 Dr. Shweta Sirsikar  
 Dr. Falguni Bhatt  
**Adolescent Health Committee**  
 Dr. Alka Agrawal  
 Dr. Nidhi Jain  
 Dr. Meena Shrivastava  
 Dr. Vinayta Ghoshal  
 Dr. Sakshi Mishra  
**Infertility Committee**  
 Dr. SPankaj Banerji  
 Dr. Archana Shrivastav  
 Dr. Rakhi Baggi  
 Dr. Sneha T. Mathwani  
**Garbh Sanskar Committee**  
 Dr. Pooja Pandey  
 Dr. Sharda Mishra  
 Dr. Richa Baharani  
 Dr. Padma Pandey

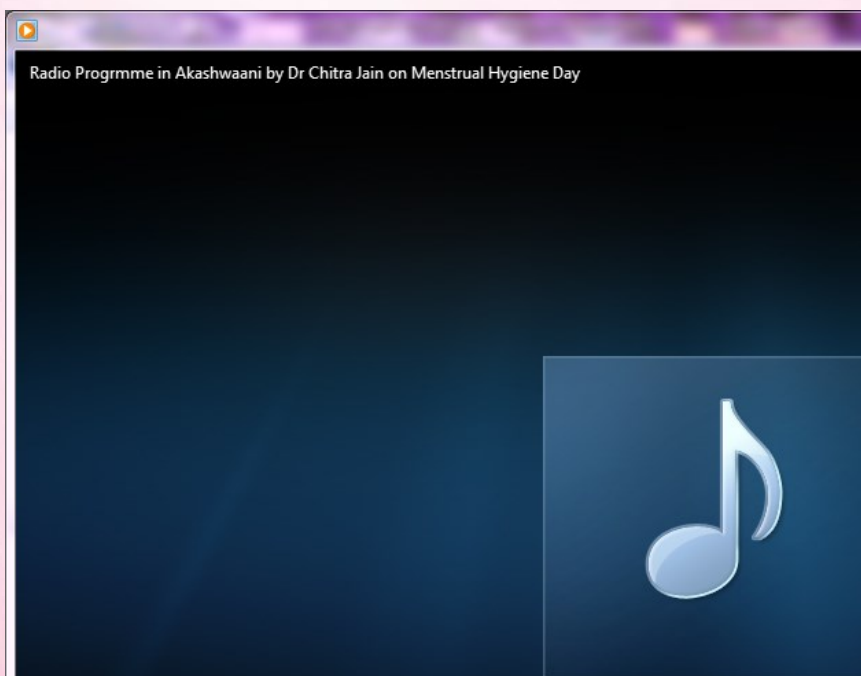
## FIRE TRAINING TO PARAMEDICALS

**Date** : 25.05.2022  
**Venue** : Jabalpur Hospital & Res Centre, Jabalpur  
**Topic** : Fire Training to Staff  
**Summary** : Training given by the professional.



## RADIO PROGRAMME ON MENSTRUAL HYGIENE DAY

**Date** : 28th May, 2022  
**Venue** : Radio Akashwani  
**Topic** : Radio Programme on Menstrual Hygiene  
**Summary** : Dr Chitra Jain



## AWARENESS PROGRAMME ON MENSTRUAL HYGIENE

**Date** : 28.05.2022

**Venue** : Mannu Lal Trust Hospital, Jabalpur

**Topic** : Awareness programme on Menstrual Hygiene

**Agenda** : Awareness on Menstrual Hygiene. Distributed Sanitary Pads by Dr Sulekha Dewani



# GARBH SANSKAR & MENSTRUAL HYGIENE AWARENESS

**Date** : 28.05.2022

**Venue** : Govt. Lady Elgin Hospital, Jabalpur

**Topic** : Garbh Sanskar & Menstrual Hygiene Awareness

**Agenda** : Awareness talk done in Lady Elgin Hospital on Menstrual Hygiene



## AWARENESS PROGRAMME ON MENSTRUAL HYGIENE

**Date** : 28.05.2022

**Venue** : Public Health Centre, Raza Chowk, Jabalpur

**Topic** : Awareness programme on Menstrual Hygiene

**Agenda** : Global Menstrual Hygiene Day Awareness talk given by Dr Alka Agrawal at Urban Family Welfare Center Raja Chowk Adhartal Jabalpur to Girls and ladies .Sanitary napkin and Iron and Calcium tablets were also distributed to all the females attending the Awareness talk.check up of few girls and women done by Dr Alka Agrawal.



## AWARENESS PROGRAMME ON MENSTRUAL HYGIENE

**Date** : 28.05.2022

**Venue** : Sahu Mahila Samiti, Jabalpur

**Topic** : Awareness programme on Menstrual Hygiene

**Summary** : Global Menstrual Hygiene Day Awareness talk given by Dr Nisha Sahu on 28.5.2022 at Sahu Mahila Mandal. Their queries regarding Menstrual Cup and other questions were answered and Sanitary napkins were distributed.



## AWARENESS PROGRAMME ON MENSTRUAL HYGIENE

**Date** : 28th May, 2022

**Venue** : Jabalpur Hospital & Research Centre, Jabalpur

**Topic** : Menstrual Hygiene Day - Awareness Programme

**Summary** : World Menstrual Hygiene Day at JHRC by Dr Pragya Dhirawani, Dr Sangeeta Shrivastava and Dr Richa Dhirawani



## AWARENESS PROGRAMME ON MENSTRUAL HYGIENE

**Date** : 28th May, 2022

**Venue** : Ladli Basera Orphan Girls Home, Vijay Nagar, Jabalpur

**Topic** : Menstrual Hygiene Day - Awareness Programme

**Summary** : World Menstrual Hygiene day celebration at Ladli Basera, Orphan Girls Home, Vijay Nagar by JOGS member Dr Sonal Richhariya and Dr Kaveri Shaw .  
Donated Sanitary Napkins and instructed for hygiene



# GARBH SANSKAR PROGRAMME

**Date** : 29.05.2022  
**Venue** : Gayatri Shakti Peeth, Gayatri Nagar, Jabalpur  
**Topic** : Garbh Sanskar programme for Pregnant women's  
**Agenda** : Awareness Talk done



# WORLD TOBACCO DAY CELEBRATION

**Date** : 31.05.2022

**Venue** : Jabalpur Hospital & Research Centre , Jabalpur

**Topic** : World Tobacco Day - Awareness Programme

**Summary** World No Tobacco Day at JHRC by Dr Pragma Dhirawani, Dr Sangeeta Shrivastava, Dr Neetu Yadav and Dr Richa Dhirawani.

Guest speaker were Dr Rajesh Dhirawani Sir spoke Chewing tobacco and snuff can cause cancer in the cheek, gums, and lips and Dr Deepak Baharani Sir spoke Long-term use of smokeless tobacco increases your risk of dying of heart disease and stroke. Dental disease.



## AWARENESS PROGRAMME ABOUT INFERTILITY

**Date** : 31.05.2022  
**Venue** : Village Tendukheda, Jabalpur  
**Topic** : Awareness programme on Infertility  
**Agenda** : Infertility camp at Tendukheda



# WORLD TOBACCO DAY CELEBRATION

**Date** : 31.05.2022

**Venue** : Vimal Nursing Home, Jabalpur

**Topic** : World Tobacco Day - Awareness Programme

**Summary** World No Tobacco Day Awareness talk given to patients and staff of Vimal Nursing Home Adhartal Jabalpur



## WORLD TOBACCO DAY CELEBRATION

**Date** : 31.05.2022

**Venue** : Cycle Rally from Stadium to Victoria Hospital, Jabalpur

**Topic** : World Tobacco Day - Awareness Programme

**Summary** : On the occasion of World Tobacco Day IDA with JOGS, IMA, IMS &WDW organized Cycle Rally from Stadium to Victoria



# HEALTH AWARENESS TALK ON MENOPAUSE & OSTEOPOROSIS

Date : 01.06.2022

Venue : Lijjat Papad Mahila Grah Udyog

Topic : Health Awareness talk about menopause & Osteoporosis

Summary : Awareness talk about menopause & Osteoporosis



## पापड़ बनाने वाली महिलाओं को स्वास्थ्य के प्रति जागरूक किया



बीमारियों से बचने की जानकारी देती महिला चिकित्सक। © सी. सोसायटी

**जबलपुर।** मीनोपाजल सोसायटी जबलपुर अब्स्टेट्रिक एंड गायनिक सोसायटी के संयुक्त तत्वावधान में जागरूकता कार्यक्रम आयोजित किया गया। इस कार्यक्रम में पापड़ बनाने वाली करीब 200 महिलाओं को डा. प्रज्ञा धीरावणी, डा. अर्चना श्रीवास्तव, डा. अमिता श्रीवास्तव व डा. नीना श्रीवास्तव ने संबोधित कर मीनोपाजल उम्र की महिलाओं में होने वाली परेशानियों व उनके रोकथाम के उपायों के बारे में जानकारी दी। उन्होंने बताया कि बढ़ती उम्र में होने वाले हड्डियों के प्रेनचर से कैसे बचा जाना चाहिए। कैल्शियम व विटामिन डी का इस उम्र में क्या महत्व है। इस बारे में गहन चर्चा कर उनकी समस्त शंकाओं का समाधान किया गया। कार्यक्रम में प्रज्ञा ओसवाल व डाली टक्कर भी शामिल रहे। (वि.)



## WOMEN HEALTH CHECKUP CAMP

**Date** : 02.06.2022

**Topic** : Women Health Check Camp for Tribal Women's

**Venue** : CHC Mohgawan Tribal Area

**Summary** : Health Check up Camp held at CHC Mohgaon Mandla with Sanghini Seva. Around 385 ANC attended the camp. All essential investigations for ANC along with Sickle Cell Anaemia were carried out and high-risk ANC was identified. Proper treatment, advice and counseling were carried out.



# AWARENESS PROGRAMME – MAA KI PATHSHALA SCIENCE BEHIND GARBH SANSKAR

**Date** : 03.06.2022

**Venue** : Virtual on Zoom platform

**Topic** : Health Awareness Programme

**Summary** : 03.06.22 Maa ki Paathshala by Dr Amita Saxena

We are starting Maa ki Pathshala Madhya Pradesh also....as it is being organized in other states.....i will invite all my esteemed members from all MP to speak on different topics to make people aware

Join our Cloud HD Video Meeting

Zoom is the leader in modern enterprise video communications, with an easy, reliable cloud platform for video and audio conferencing, chat, and webinars across mobile, us02web.zoom.us

माँ की पाठशाला



दि. \*2/06/22 गुरुवार  
3/06/22 शुक्रवार

समय: दोपहर 4 से 5.30

समय सारिणी

2/06/22 📌

4.00 से 4.45 \*Science behind Garbh Sanskar (गर्भ का विज्ञान) Dr Amita Saxena जी

\*4.45 से 5.30

aatmbodh sadhna- कविता तिवारी जी

3/06/22 शुक्रवार

Time 4:45 - आदर्श दिनचर्या

(उषा गौर जी)

Time 4:45 - आदर्श दिनचर्या

(उषा गौर जी)

4: 45 -5:30 तत्वबोध साधना  
कविता तिवारी जी

आयोजक : आओ गढ़े संस्कारवान पीढ़ी अभियान, madhypradesh

मार्गदर्शन :: अखिल विश्व गायत्री परिवार, शांतिकुंज हरिद्वार

\*Join Zoom Meeting

[https://us02web.zoom.us/j/82261117439?  
pwd=dzBiYlV3dkV6bkxIK04xMUtiL3dHUT09](https://us02web.zoom.us/j/82261117439?pwd=dzBiYlV3dkV6bkxIK04xMUtiL3dHUT09)

Meeting ID: 82261117439

Passcode: 108

संपर्क सूत्र : 8989408000,  
8989404000

🙏 धन्यवाद 🙏

# GARBH SANSKAR ORIENTATION PROGRAMME

**Date** : 04.06.2022

**Venue** : Ananat Hospital, Wright Town, Jabalpur

**Topic** : Garbh Sanskar orientation programme for Pregnant Women

**Summary** : by Dr Manik Pansey, Dr Sharda Mishra for staff nurses



## TREE PLANTATION on WORLD ENVIRONMENT DAY

**Date** : 04.06.2022

**Venue** : Vimal Nursing home

**Summary** : Tree Plantation at Vimal Nursing Home by JOGS Members on World Environment Day



# TREE PLANTATION ON WORLD ENVIRONMENT DAY

**Date** : 05 .06.2022

**Venue** : Village Kundum

**Topic** : Tree plantation

**Summary** : Tree Plantation at Village Kundam by JOGS members



## TREE PLANTATION

**Date** : 05 .06.2022  
**Venue** : Individual JOGS Members Home garden etc  
**Topic** : Tree plantation  
**Summary** : Tree Plantation by Individual JOGS Members



### राज एक्सप्रेस

#### ‘हम दो-हमारे दो पेड़’ की थीम में डॉक्टरों ने किया पौधरोपण

जबलपुर। अंतरराष्ट्रीय पर्यावरण दिवस 5 जून के अवसर में जबलपुर स्त्री रोग विशेषज्ञ संघ के सदस्यों द्वारा विरल नरिंग होम अपारताल डॉ अलका अपराजय के प्राणिक में पौधरोपण किया गया। वहीं विरल बर्ष किए गए पौधों को वृक्ष के स्वरूप में विकसित हुए पेड़ पौधों को देखा। डॉ. अलका अपराजय ने बताया कि हमारा नारा है कि हम दो, हमारे दो इस थीम में विश्व पर्यावरण दिवस के अवसर पर पौधरोपण किया गया और उन्होंने बताया कि वृद्धि पर्यावरण को सुरक्षित पर्यावरण में बदलने के लिए आज के परिप्रेक्ष्य में पौधरोपण करना अत्यंत आवश्यक है, पेड़ पौधे हवा को

शुद्ध करते हैं, पानी को संचित करते हैं, जलवायु नियंत्रण में मदद करते हैं, कार्बन डाइऑक्साइड को अवशोषित करके ऑक्सीजन को वातावरण में छोड़ते हैं एवं अन्य कई स्वास्थ्यकरी गैसों को अवशोषित कर लेते हैं, इस तरह प्रदूषित वातावरण को शुद्ध करते हैं, मिट्टी की शक्ति को बरकरार रखते हैं एवं जलवायु नियंत्रण में भी मदद करते हैं। वृक्ष पक्षियों के साथ कई जानवरों को भी आवास प्रदान करते हैं मानव एवं पशु और पक्षी सभी सम एक दूसरे के पुरक हैं। पौधरोपण के कार्यक्रम में डॉ नीता गुनन डॉन एनएससीबी मॉडर्न कालिज जबलपुर, डॉ प्रोफेसर कमला

एन सिंह विभागगतयस्त्री रोग विभाग एनएससीबी मॉडर्न कालिज, डॉ प्रजा पीरगवनी, डॉ पित्रा जैन, डॉ पुष्पा पांडे, डॉ रजना गुप्ता, डॉ माणिक पासे, डॉ अरुणा दास, डॉ सरारना रायक, डॉ नीना श्रीवास्तव, डॉ मिस्त्री गुप्त, डॉ अर्चना श्रीवास्तव, डॉ रिचा भीरगवानी, डॉ शारदा मिश्रा, डॉ निधि पटेल, डॉ सोनल रिजारीया, डॉ कान्हेरी साह, डॉ कुरुम सोलंकी, डॉ निशा साह, डॉ कटकरा राजा, डॉ रमणी बालपंडे, डॉ नमिता शिवानी, डॉ सुभाषी, डॉ रातू जैन, डॉ विनिता धनवीरिया, डॉ अर्चना टाकूर, डॉ नमिता भारतीय, डॉ फलक राजा आदि की उपस्थिति रही।

### हरिभूमि

जबलपुर - मुख्य संस्करण  
6 Jun 2022

#### विरल पर्यावरण दिवस पर डॉक्टरों ने पर्यावरण को बचाने का दिया अनुरोध हम दो, हमारे दो पेड़ की थीम में रोपा पौधा

जबलपुर। अंतरराष्ट्रीय पर्यावरण दिवस 5 जून के अवसर में जबलपुर स्त्री रोग विशेषज्ञ संघ के सदस्यों द्वारा विरल नरिंग होम अपारताल डॉ अलका अपराजय के प्राणिक में पौधरोपण किया गया। वहीं विरल बर्ष किए गए पौधों को वृक्ष के स्वरूप में विकसित हुए पेड़ पौधों को देखा। डॉ. अलका अपराजय ने बताया कि हमारा नारा है कि हम दो, हमारे दो इस थीम में विश्व पर्यावरण दिवस के अवसर पर पौधरोपण किया गया और उन्होंने बताया कि वृद्धि पर्यावरण को सुरक्षित पर्यावरण में बदलने के लिए आज के परिप्रेक्ष्य में पौधरोपण करना अत्यंत आवश्यक है, पेड़ पौधे हवा को



पर्यावरण है तो हम है पर्यावरण नहीं तो हम नहीं



छोटी सी बगिया में अनार



पर्यावरण है तो हम है पर्यावरण नहीं तो हम नहीं

## TREE PLANTATION

**Date** : 06 .06.2022  
**Venue** : Bharmakumaris garden  
**Topic** : Tree plantation  
**Summary** : Tree Plantation with Brahmakumaris by JOGS MEMBERS



# WEBINAR MASTER LEARNING CLASS ON PPH

**Date** : 07.06.2022  
**Venue** : Virtual on Zoom platform  
**Topic** : Webinar Master Learning Class on PPH  
**Summary** : Webinar Master Learning Class on PPH with INDORE, RATLAM OBGYN Societies.

## Happy Learning Master Class Webinar Series



In association with  
**Indore, Jabalpur  
 and Ratlam Obs & Gyn Societies**



**Tuesday, 7<sup>th</sup> June 2022**



**Time: 6.00 pm onwards**

– Program Director –



**Dr M. C. Patel**  
 Past-VP, FOGSI

– Program Convener –



**Dr Jyoti Bunglowala**  
 Secretary,  
 Indore OBGyn Society

– Program Co-ordinator –



**Dr Sneha Bhuyar**  
 FOGSI Chairperson,  
 Breast Committee &  
 GCM ICOS

– Chief Guest –



**Dr Priyankur Roy**  
 National Co-ordinator,  
 Public Awareness Committee, FOGSI  
 Jt. Sec, SBIGI Obs & Gyn Society



**Dr Jyoti Bindal**  
 Dean, GMC Indore

– Guest of Honour –



**Dr Asha Baxi**  
 VP Elect, FOGSI



**Dr Kawita Bapat**  
 VP, FOGSI

– Chairperson –



**Dr Manisha Maheshwari**  
 President,  
 Ratlam OBGyn Society



**Dr Manika Kaushal**  
 President,  
 Indore OBGyn Society



**Dr Neema Shrivastava**  
 Past President,  
 Jabalpur OBGyn Society

Topic

**Medical Management  
 of PPH**

– Speaker –



**Prof. Dr Anupama Dave**  
 Prof/Land Unit Head OBGyn MGMMC, Indore

– Chairperson –



**Dr Sunita Wadhvani**  
 Past President,  
 Ratlam OBGyn Society



**Dr Brajbeja Tiwari**  
 Past President,  
 Indore OBGyn Society



**Dr Amita Saxena**  
 Sr. consultant Mat & Child Hospital,  
 President, Jabalpur OBGyn Society

Topic

**Surgical Management  
 of PPH**

– Speaker –



**Dr Geeta Guin**  
 Dean, NSCB Medical College,  
 Jabalpur

– Chairperson –



**Dr Anuradha Dang**  
 Past President,  
 Jabalpur OBGyn Society



**Dr Dolly Mehra**  
 Past President,  
 Ratlam OBGyn Society



**Dr Sumitra Yadav**  
 Past Secretary,  
 Indore OBGyn Society

Topic

**Legal Issues in  
 Obstetric Haemorrhage**

– Speaker –



**Dr M C Patel**  
 Past VP, FOG

### Panel Discussion: PPH The Nightmares

– Moderator –



**Dr Jyoti Bunglowala**  
 Secretary,  
 Indore OBGyn Society



**Dr Alka Agarwal**  
 Past President,  
 Jabalpur OBGyn Society

– Expert Comments –



**Dr Sneha Bhuyar**  
 FOGSI Chairperson,  
 Breast Committee & GCM ICOS



**Dr Nilesh Dabhi**  
 Past President,  
 Indore OBGyn Society

– Panelists –



**Dr Neha Saraf**  
 Secretary,  
 Ratlam OBGyn Society



**Dr Richa Dhrawani**  
 Secretary,  
 Jabalpur OBGyn Society



**Dr Shefali More Shah**  
 Past Secretary,  
 Ratlam OBGyn Society



**Dr Komal Jain**  
 Conv., OBGyn Arjan Hospital, Indore



**Dr Sonali Saini**  
 Past Secretary,  
 Jabalpur OBGyn Society



**Dr Jyoti Kamande**  
 Conv., OBGyn & Past Joint secretary,  
 Indore OBGyn Society



**Dr Nishli Jain**  
 Past Secretary,  
 Jabalpur OBGyn Society



**Dr Sonali Rishikanyia**  
 Past VP,  
 Jabalpur OBGyn Society

Venue: **zoom** Participant Meeting ID: 895 3208 92730 Password: NATUROGEST

# GARBHSANSKAR PROGRAMME

**Date** : 09.06.2022  
**Venue** : Satna  
**Topic** : GarbhSanskarProgramme  
**Summary** : Garbh Sanskar at Satna By Dr Suman Jain



# HEALTH CHECKUP CAMP

**Date** : 09.06.2022  
**Venue** : Panagar village  
**Topic** : Health Checkup  
**Summary** : Health Checkup Camp at Panagar by Dr Sharda Mishra



**Date** : 11.06.2022  
**Venue** : Hotel Krishna, Jabalpur  
**Topic** : CME on Immunization  
**Summary** : Dr Roma S Nag, Young budding Gynaecologist delivered a talk on basics of isoimmunization. Dr Vivek Krishnan from Kerala conducted a wonderful panel on iso immunization.



**J&GS** **JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY 2022-23**

(Affiliated to The Federation of Obstetrics & Gynaecological Societies of India)

(TEAMWORK MAKES THE DREAM WORK)

**CME ON ISOIMMUNISATION**

**NATIONAL FACULTY : DR VIVEK KRISHNAN**

Date : 11<sup>TH</sup> June Saturday , Time 4:30 to 6:30 pm at Hotel Krishna

|  |   |
|--|---|
| <p><b>SPEAKERS</b></p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <br/> <p>Topic :<br/>Q and A - Isoimmunisation<br/><b>Dr Vivek Krishnan</b><br/>National Faculty</p> </div> <div style="width: 45%;"> <br/> <p><b>Dr Swaraj Naik</b><br/>Dir. Naik Nursing Home</p> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div style="width: 45%;"> <br/> <p>Topic :<br/>Silent Feto Maternal Hemorrhage<br/><b>Dr Richa Dhirawani</b><br/>Secretary JOGS</p> </div> <div style="width: 45%;"> <br/> <p><b>Dr Neena Shrivastava</b><br/>Dir Manglam Health Clinic</p> </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div style="width: 45%;"> <br/> <p>Topic :<br/>BASICS of Isoimmunisation<br/><b>Dr Roma Nag</b><br/>Jl. Secretary JOGS</p> </div> </div> | <p style="text-align: center;"><b>CHAIRPERSONS</b></p> <div style="text-align: center; margin-top: 20px;"> <br/> <p><b>Dr Amita Saxena</b><br/>President - JOGS</p> </div> <div style="text-align: center; margin-top: 20px;"> <br/> <p><b>Dr Richa Dhirawani</b><br/>Secretary - JOGS</p> </div> |
|--|---|

**IICOG CREDIT POINTS**

Programme will be followed by High Tea



# CME ON IMMUNISATION



## CME WITH FOGSI ONCO COMMITTEE

**Date** : 12.06.2022

**Venue** : Bhopal

**Topic** : FOGSI Onco Committee

**Summary** : Dr Amita President JOGS Dr Alka Agrawal mam

Dr Anuradha Dang MP representative of FogsI once committee attended committee workshop at Bhopal



## GARBH SANSKAR PROGRAMME

**Date** : 14.06.2022

**Venue** : Jabalpur Hospital & Research Centre, Jabalpur

**Topic** : Garbh Sanskar



## HEALTH CHECKUP PROGRAMME

- Date** : 14.06.2022  
**Venue** : Nacheketa College, Jabalpur  
**Topic** : Health Checkup  
**Agenda** : Health Checkup And Awareness about preventive gyne oncology.



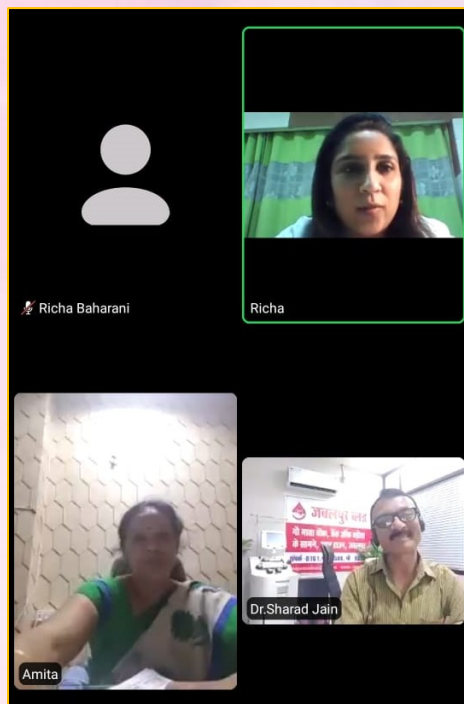
# WEBINAR ON TRANSFUSION PROTOCOLS IN OBSTETRICS AND GYNAECOLOGY

**Date** : 15.06.2022

**Venue** : Zoom Platform

**Topic** : Webinar on *Transfusion protocols in Obstetrics and Gynaecology*

**Summary** : JOGS with IMA conducted a webinar on zoom on blood transfusion on the occasion of WORLD BLOOD DONOR DAY





**INDIAN MEDICAL ASSOCIATION JABALPUR  
JABALPUR OBSTETRICS & GYNAECOLOGICAL SOCIETY**



**WEBINAR ON ZOOM**  
Date : 15<sup>th</sup> June 2022 ✦ Time : 4:00 pm - 06:00 pm  
Venue : Virtual Platform on Zoom

**Topic : Transfusion protocols in  
Obstetrics and Gynaecology**

**CHAIRPERSON**



**Dr Kehkashan Raza**  
Sr Gynaecologist



**Dr Sharad Jain**  
Asso. Professor  
NSCB MCH JBP

**SPEAKER**



**Dr Manisha Shivastava**  
Medical Superintendent, AIIMS,  
Bhopal

**14 JUNE**  
  
World Blood Donor Day



**Dr Pawan Shapak**  
President - IMA



**Dr Roop Mandwe**  
Secretary - IMA



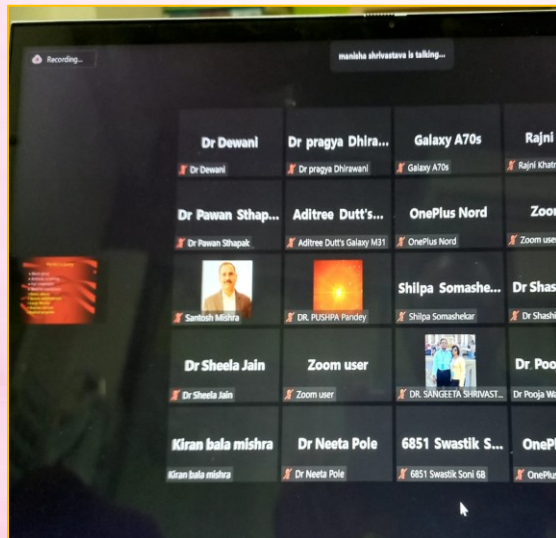
**Dr Amita Saxena**  
President - JOGS



**Dr Richa Dhirawani**  
Secretary - JOGS

**BLOOD  
TRANSFUSION**





|                     | Packed Red cells | Fresh Frozen Plasma     | Platelet Concentrates         | Cryoprecipitate               |
|---------------------|------------------|-------------------------|-------------------------------|-------------------------------|
| Volume ml           | 220-340          | 100-150                 | 50-80                         | 15-20                         |
| Shelf life          | 35-42 days       | One Year Frozen         | 3-5 days From shaker          | One Year Frozen               |
| Storage Temp        | 4°C              | Minus 18                | 22 °C- 24°C                   | Minus 18 - minus 70           |
| Dosage              | One unit 15ml/kg | 1unit/10kg wt 4.8 units | 1unit/10kg wt 10 bags/20 bags | 1unit/10kg wt 10 bags/20 bags |
| Rate of Transfusion | 2-4 hrs          | 1hour                   | 1hour                         | 1hour                         |

# BLOOD DONATION PROGRAMME

**Date** : 15.06.2022  
**Venue** : Jabalpur Blood Bank, Jabalpur  
**Topic** : Blood Donation by JOGS Members  
**Agenda** : Blood Donor Day at Jabalpur Blood Bank - JOGS Member donated blood



# GARBH SANSKAR PROGRAMME

**Date** : 15.06.2022  
**Venue** : K J Hospital, Beoharbag, Jabalpur  
**Topic** : Garbh Sanskar Programme  
**Summary** : Garbh Sanskar K J Hospital



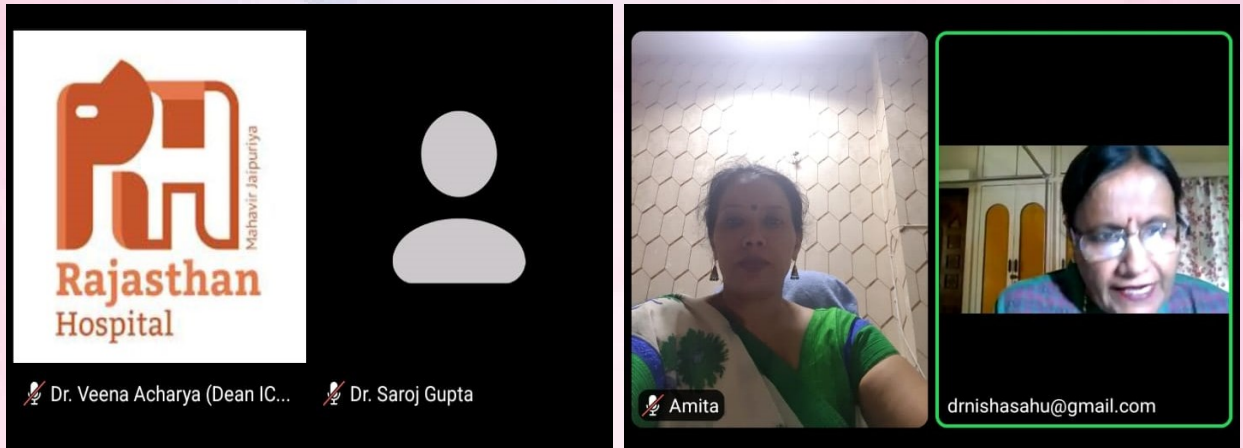
## AWARENESS PROGRAMME ON BREASTFEEDING

**Date** : 15.06.2022

**Venue** : Rajsthaan Hospital & Research Centre, Jabalpur

**Topic** : :Awareness Programme on Breasfeeding

**Summary** :DrNishaSahu taking awareness lacture on breastfeeding with group of pregnant ladies and doctors of Rajasthan Hospital.



## HEALTH CHECKUP CAMP

**Date** : 15.06.2022

**Venue** : Gurudwara Prem Nagar, Jabalpur

**Topic** : :Health Checkup Camp

**Summary** :Health checkup camp by Dr Nisha Sahu and team



**Date** : 16.06.2022  
**Venue** : Seth Govind Hospital, Victoria hospital, Jabalpur  
**Topic** : Meeting with CMHO and MTP Officers



## FATHERS DAY CELEBRATION

**Date** : 19.06.2022  
**Venue** : Virtual on Zoom, Jabalpur  
**Topic** : Father's Day Celebration

**JABALPUR OBSTETRICS & GYNAECOLOGICAL SOCIETY**

TEAMWORK MAKES THE DREAM WORK

J&GS

*Happy Fathers Day*

Treasure Hunt on Whatsapp  
Fathers Day Special  
Participants- Fathers and Babies  
19<sup>th</sup> June 2022  
30 Mins.

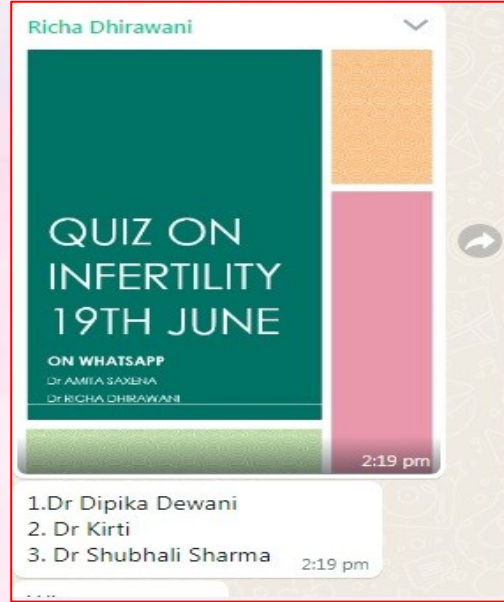
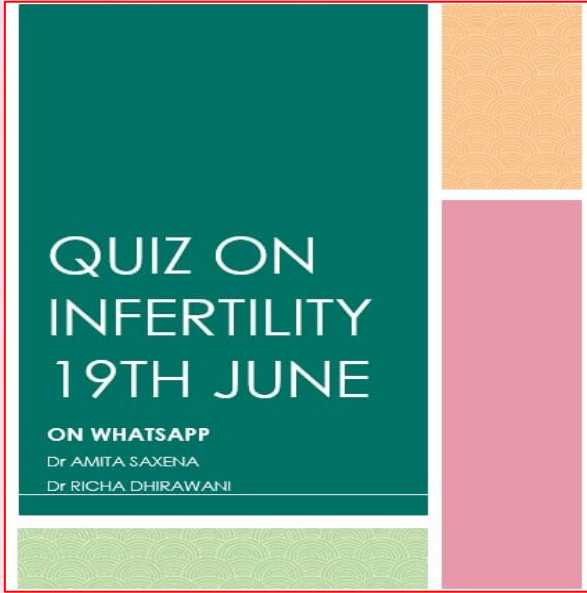
  
**Dr. Amita Saxena**  
President - JOGS

  
**Dr. Richa Dhirawani**  
Secretary - JOGS



## QUIZ ON WHATSAPP

**Date** : 19.06.2022  
**Venue** : Online Zoom, Jabalpur  
**Topic** : Quiz on Whatsapp



## YOGA DAY CELEBRATION

**Date** : 20.06.2022  
**Venue** : Anant Hospital, Jabalpur  
**Topic** : Yoga Day at Anant Hospital  
**Summary** : Yoga Day at Anant Hospital and Dist Pamphlets



# YOGA DAY CELEBRATION YOGA DAY PAMPHLETS DISTRIBUTION

**Date** : 20.06.2022  
**Venue** : SutikaGrah, Jabalpur  
**Topic** : Pamphlets Distribution



## INTERNATIONAL YOGA DAY CELEBRATION WITH IMA

**Date** : 21.06.2022  
**Venue** : Indian Medical Association House, Jabalpur  
**Topic** : International Yoga Day celebration  
**Summary** : International Yoga Day at IMA

**21<sup>st</sup> June International Yoga Day**  
*TEAMWORK MAKES THE DREAM WORK*  
Date : 21<sup>st</sup> June 2022, Tuesday at 7:30 AM - 8:30 AM, Venue : IMA House  
Organised by  
**INDIAN MEDICAL ASSOCIATION JABALPUR**  
**JABALPUR OBSTETRICS & GYNAECOLOGICAL SOCIETY**

|  |  |   |   |
|--|--|---|---|
| <br>Dr Pawan Sthapak<br>President - IMA | <br>Dr Roop Mandwe<br>Secretary - IMA | <br>Dr Amrita Saxena<br>President - JOGS | <br>Dr Richa Dhirawani<br>Secretary - JOGS |
|--|--|---|---|



# INTERNATIONAL YOGA DAY CELEBRATION

**Date** : 21.06.2022  
**Venue** : Jabalpur Hospital & Research Centre, Jabalpur  
**Topic** : International Yoga Day celebration  
**Summary** : International Yoga Day at IMA



**सिटी टुडे**  
 21 जून 2022

**योगमय हुई संस्कारगानी, योगा डे के एक दिन पहले कई आयोजन**

## योग जीवन का सार इसके बिना सब बेकार

**कवि कविता**  
 योग जीवन का सार इसके बिना सब बेकार... योग जीवन का सार इसके बिना सब बेकार... योग जीवन का सार इसके बिना सब बेकार...

**भारतवासियों में योग**  
 योग जीवन का सार इसके बिना सब बेकार... योग जीवन का सार इसके बिना सब बेकार... योग जीवन का सार इसके बिना सब बेकार...

**योगीश्वर ने दुख और**  
 योग जीवन का सार इसके बिना सब बेकार... योग जीवन का सार इसके बिना सब बेकार... योग जीवन का सार इसके बिना सब बेकार...

**जबलपुर**  
 योग जीवन का सार इसके बिना सब बेकार... योग जीवन का सार इसके बिना सब बेकार... योग जीवन का सार इसके बिना सब बेकार...

**खर एवं सदाप दाता उपासित रहे। उपस्थित रहे।**

## 'योग' गर्भावस्था में बहुत सी बीमारियों से बचाता है

जबलपुर। गर्भवती माताओं को योगाभ्यास, ध्यान, प्राणायाम करवाया गया। अक्सर था अंतर्राष्ट्रीय योग दिवस पर जबलपुर स्त्री रोग संघ द्वारा आयोजित सामूहिक योग कार्यक्रम का, जहाँ योगाचार्य डॉ. दया तिवारी एवं सरला मिश्रा ने गर्भवती महिलाओं को योगाभ्यास कराया। आईएमए अध्यक्ष डॉ. अंकिता सक्सेना एवं सेक्रेटरी डॉ. ऋचा धीरावाणी ने बताया कि योग गर्भावस्था में बहुत सी बीमारियों से बचाता है। तनाव कम करता है एवं सामान्य प्रसव में सहायक होता है। में डॉक्टरों के लिए योग कार्यक्रम आयोजित किया गया है। आज सुबह 7.30 बजे से आईएमए हॉल

# GENERAL BODY MEETING FOR YUVA FOGSI

**Date :** 23/06/2022

**Time :** 4-6 pm

**Venue:** Hotel Gulzar

**Agenda:** FOGSI West Zonal Conf. with Yuva 2022 2nd meeting with pharmaceutical companies. JOGS members had gathered for a meeting with the Medical Representatives of different companies for sponsorship for the Zonal Conference.



14/01/13425/11

**JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY**  
(Affiliated to The Federation of Obstetrics & Gynaecological Societies of India)

**Saxena**  
Clinic, 1 Khushi Plaza,  
Road, Napier Town, Jabalpur (M.P.) 482002  
00108912 email: dramitasaxena83@gmail.com

**Secretary**  
**Dr. Richa Dhirawani**  
Jabalpur Hospital & Research Center,  
Russel Chowk, Napier Town, Jabalpur-482001 (M.P.)  
Mobile : 7354777754 email: richalohana1510@gmail.com

**MEETING FOR DISCUSSION**

*"When you're surrounded by people who share a passionate  
Commitment around a common purpose, anything is possible."*  
*Howard Schultz*

**Greetings from JOGS!**

**You are cordially invited to attend round table meeting .**

**Date , Time & Venue**  
**23<sup>rd</sup> June 2022 at 04:30 PM**  
**at Hotel Krishna, Jabalpur**

**TOPIC**  
**Infertility & Hypothyroidism 20 min**

**SPEAKER**  
**Dr Roma S Nag**  
**Consultant Gynaecologist**  
**Nirmal Hospital Kanchghar**

**Talk is followed by FOGSI West Zonal Conference with YUVA  
preparation meeting**

**DR AMITA SAXENA**  
President – JOGS

**DR RICHA DHIRAWANI**  
Secretary - JOGS

E-mail : jabalpur.fogsi@gmail.com Website : www.jabalpurobgynsociety.org  
Facebook : jabalpur.fogsi

## GARBH SANSKAR WORKSHOP

**Date** : 25.06.2022

**Venue** : SutikaGrah, Jabalpur

**Topic** : Garbh Sanskar Programme

**Summary** : Garbhsanskar workshop conducted at SutikaGruha on Tuesday .Dr Sharda Mishra Mam guided patients and relatives .Dr Padma Pandey mam ,Dr Vegad ,Dr Jaiswal ,Dr Budhrani Dr Harshey were present .Dr Namita Tiwari gave vote of thanks .Sharda Mam is excellent motivator



## GARBH SANSKAR PROGRAMME

**Date** : 25.06.2022  
**Venue** : Shiv Shakti Bhavan, Bhawartal, Jabalpur  
**Topic** : Garbh Sanskar Programme  
**Summary** : Garbhsanskar at Shiv Shakti Bhavan



## GARBH SANSKAR PROGRAMME

**Date** : 26.06.2022  
**Venue** : Gayatri Mandir, Jabalpur  
**Topic** : Garbh Sanskar Programme  
**Summary** : Garbh Sanskar at Gayatri Mandir



## PPH MANAGEMENT FOR HEALTH CARE PROVIDERS, NURSING STAFF

**Date** : 27.06.2022

**Venue** : Vijaya Womens clinic, Jabalpur

**Topic** : PPH Management For Health Care Providers, Nursing Staff

**Summary** : Talk on Pph Management For Health Care Providers, Nursing Staff



## AWARENESS PROGRAMME REGARDING ANAEMIA IN PREGNANCY

**Date** : 29.06.2022

**Venue** : Nirmal Hospital Kanchghar, Jabalpur

**Topic** : Awareness Program Regarding Anaemia in Pregnancy

**Summary** : Awareness program regarding Anaemia in Pregnancy & Complication and Prevention at Nirmal Hospital Kanchghar



# CONTRACEPTION AWARENESS FOR ASHA WORKERS

**Date** : 29.06.2022

**Venue** : IMA Hall, Wright Town, Jabalpur

**Topic** : Contraception & Cancer Awareness Programme

**Summary** : JOGS with IMA WDW and IMAJABALPUR organized a Cancer Awareness Programme on 30 June at Ima hall for Asha Workers of Jabalpur district. Dr sanjaymishra joint director, DRatneshKuraria CMHO, Dr Pawan sthapakima president Dr Amita saxena jogs president, DrRoma Nag were president on the occasion. DR Nisha sahu spoke on contraception, Dr Amita saxena spoke on garbhsanskar Dr Chitra jain taught self breast examination , Dr Neena srivastava spoke on leucorrhoea and cervical cancer. Dr sonalricharia conducted the programme. THE Programme was attended by 350 Asha workers.



# CONTRACEPTION AWARENESS FOR ASHA WORKERS



# CANCER & CONTRACEPTION AWARENESS

## Pamphlet Distribution



# CANCER & CONTRACEPTION AWARENESS

## Media Coverage

जबलपुर, शुक्रवार 1 जुलाई 2022

10



### डॉक्टरों ने बताए स्तन कैंसर के लक्षण व इलाज

इंडियन मेडिकल काउंसिल में आयोजित हुआ कार्यक्रम

पौपुलस संवाददाता • जबलपुर  
मो.नं.8827460433

इंडियन मेडिकल एसोसिएशन जबलपुर द्वारा गुरुवार को स्तन कैंसर जागरूकता कार्यक्रम आयोजित किया। इस दौरान डॉक्टरों ने आशा कार्यकर्ताओं को बीमारी की न सिर्फ जानकारी दी बल्कि बीमारी के शुरूआती लक्षण व उसके इलाज संबंधी आवश्यक जानकारी भी दी। कार्यक्रम में मुख्य अतिथि के रूप में स्वास्थ्य विभाग रीजनल डायरेक्टर डॉ संजय मिश्रा व सीएमएचओ डॉ रविश कुंवरिया मौजूद रहे। कार्यक्रम के माध्यम से डॉक्टर ने आशा कार्यकर्ताओं को बताया कि कोई भी अपनी जांच स्वयं कैसे कर सकती है और स्तन कैंसर को किस तरह

पहचान सकती है।

स्त्री रोग विशेषज्ञ डॉ चित्रा जैन ने बताया कि 40 की उम्र के बाद महिलाओं को स्क्रीनिंग मैमोग्राम कराना अनिवार्य होता है। यदि परिवार में कभी किसी को कैंसर जैसी गंभीर समस्या थी तो 20 साल के बाद हर तीन साल के अंतराल में स्तनों की जांच आवश्यक कराएँ। स्तन कैंसर का इलाज करने के भी कई साधन हैं। जैसे कीमोथेरेपी, रेडिएशन, सर्जरी आदि। परंतु जब यही कैंसर हाई रिस्क में पहुंच जाता है तो इलाज में देरी महिला की मौत का कारण भी बन जाती है। ब्रेस्ट कैंसर तेजी से बढ़ता एक शारीरिक रोग है। इस रोग से संबंधित लक्षण दिखने के बाद ही सावधानी व परामर्श लेना चाहिए।

महिलाओं को 40 की उम्र के बाद स्क्रीनिंग मैमोग्राम करानी अनिवार्य है। यदि कैंसर का कोई परिवार में इतिहास हो तो ध्यान रहे कि 20-21 साल की आयु में ही हर 3 साल के अंतराल में स्तनों की जांच आवश्यक है। जो महिलाएं हाई रिस्क के अंदर आती हैं उन्हें तो इसपर विशेष ध्यान देते हुए साल में 1 बार स्क्रीनिंग मैमोग्राम करवानी ही चाहिए ब्रेस्ट कैंसर का इलाज करने के भी कई साधन हैं, जैसे कि दूसरे कैंसर केसों में प्रयोग होते हैं, जैसे - कीमोथेरेपी, रेडिएशन, सर्जरी आदि। परंतु अगर कैंसर हाई रिस्क वाला है तो समय-समय पर

बेहतर रिकवरी होने की संभावना होती है। ब्रेस्ट कैंसर तेजी से बढ़ता एक शारीरिक रोग है। लेकिन इस रोग को टाला जा सकता है अगर सही सावधानी और परामर्श का पालन किया जाए। सबसे पहले महिलाओं को खुद लक्षणों की जांच करनी चाहिए और अगर कुछ अंतर दिख रहा है तो फौरन जांच करनी चाहिए।



Saturday, July 2 2022

यश भारत

### आशा कार्यकर्ताओं ने जाना स्तन कैंसर के बारे में: परिवार में कैंसर मरीज रहा हो तो जरूर जांच कराएं

इंडियन मेडिकल, एसोसिएशन जबलपुर की महिला कार्यकर्ताओं ने आशा कार्यकर्ताओं के लिये, कार्यक्रम आयोजित



जबलपुर, यशभारत। इंडियन मेडिकल, एसोसिएशन जबलपुर की महिला कार्यकर्ताओं ने आशा कार्यकर्ताओं के लिये, कार्यक्रम आयोजित किया। कार्यक्रम का मुख्य उद्देश्य स्तन कैंसर की पहचान और उपचार को लेकर था। विशेष रूप से स्तन कैंसर आज के समय में तेजी के साथ बढ़ रहा है। कार्यक्रम के माध्यम से आशा कार्यकर्ताओं को बताया जा रहा है कि कोई महिला अपनी जांच कैसे कर सकती है इसकी पहचान कैसे होती है। पूरा कार्यक्रम करीब 4 घंटे तक चला। कार्यक्रम में करीब 300 आशा कार्यकर्ताओं की उपस्थिति रही।



## HEALTH AWARENESS PROGRAMME

- Date** : 01.07.2022  
**Venue** : Eurokids School, Adhartal, Jabalpur  
**Topic** : Nutrition for kids  
**Summary** : Awareness For Children at Eurokids School by Dr Alka Agrawal



## ADOLESCENT HEALTH AWARENESS

- Date** : 01.07.2022  
**Venue** : Stem Field International School, Jabalpur  
**Topic** : Awareness on Adolescent Health  
**Summary** : Awareness on Adolescent health at Stem Field International School by Dr Chitra Jain and Dr Alka Agrawal

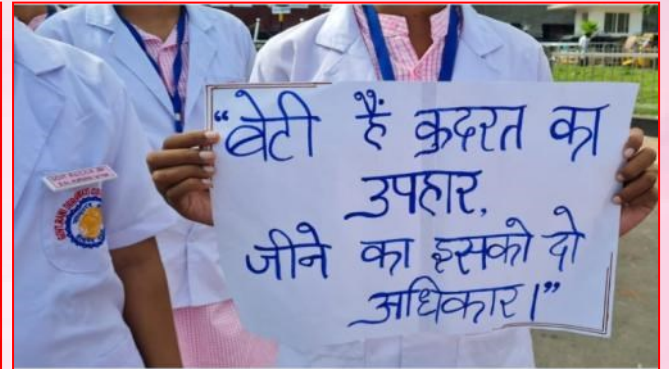


# SAVE THE GIRL CHILD RALLY

**Date** : 01 .07.2022  
**Venue** : Rani Durgawati Hospital to Collectorate  
**Topic** : Awareness Rally to Save the Girl Child  
**Summary** : 01.07.22 Save the Girl Child Rally by JOGS members



# SAVE THE GIRL CHILD RALLY



**NEWS BRIEF**  
**रैली के माध्यम से दिया बेटी बचाओ का दिया संदेश**

जबलपुर। जबलपुर स्त्री रोग संघ द्वारा बेटी बचाओ दिवस पर रैली निकाली गई, जिसमें रानी दुर्गावती अस्पताल और नर्सिंग कॉलेज का सहयोग रहा। इस मौके पर लोगों को बेटीयों को बचाने जागरूक किया। स्टूडेंट्स ने पोस्टर प्रेजेंटेशन, नुक्कड़ नाटक एवं कविता का पाठ किया गया। रोजनल डायरेक्टर हेल्थ डॉ. संजय मिश्रा, सीएमएचओ डॉ. रमेश कुर्गारिया, जॉस प्रेसिडेंट डॉ. अमिता सक्सेना, सेक्रेटरी डॉ. रिचा धौरवाणा, आईएमए डॉइक्यूडी की अध्यक्ष डॉ. चित्रा जैन, डॉ. शारदा मिश्रा, डॉ. निशा साहू आदि शामिल रहे।

**वैद्यक स्तर पर अत्याचार शोध और समाधान की...**



**नर्सिंग छात्राओं ने निकाली रैली**

जबलपुर। डॉक्टर डे पर शासकीय-पैर शासकीय स्तर पर कई आयोजन हुए। कहीं रैली निकाली, कहीं संगीत हुई तो कहीं पेट टूट और। कई संस्थाओं ने भी चिकित्सकों को उनकी सेवाओं के लिए सम्मानित किया। इन आयोजनों के क्रम में आज सुबह रानी दुर्गावती चिकित्सालय एरिनिंग में छात्राओं ने रैली निकाली। रैली का शुभारंभ क्षेत्रीय संचालक जबलपुर स्वाम्भ्य सेवार् डॉक्टर संजय मिश्रा ने हस्ते रैली का आयोजन किया। रैली का शुभारंभ रानी दुर्गावती चिकित्सालय एरिनिंग में डॉ. जोगस्य द्वारा किया गया। रैली में डॉ. संजय मिश्रा की डॉ. अमिता सक्सेना, डॉ. रमेश कुर्गारिया, डॉ. धानवा मिश्रा डॉ. संगीत, श्रीवासव डॉक्टर ममता गुना सहित अन्य स्त्री रोग एवं विशेष उपस्थित रहे। रैली में डॉ. संख्या ने सं...



# CME ON SAVE THE UTERUS

**Date** : 01.07.2022

**Venue** : Hotel Gulzar Tower, Jabalpur

**Topic** : Save the Uterus

**Summary** : CME Conducted By Jabalpur Menopause Society with JOGS on 1st JULY on Preserve the Uterus.

Highlights of the programme were star studded eminent faculties .

Dr. Sunita Tandulwadkar from Pune.

Dr . Dipti Nabh from Delhi and The eminent speakers from our Society Dr.GitaGuin, Dr.Sangeeta Shrivastava, Dr.Nidhi Jain, Dr Sonal Richariya and Dr Sonal Sahni Joined for the public Forum.

Most importantly a Public Forum in the end was Conducted By Dr Archana Shrivastava for club 35 + members who participated in a 2 way Q&A session with their queries and doubts about Hysterectomies and can one avoid it.

President of JMS- Dr Pragya Dhirawani boosted everyones morale.

In the end Club 35+ Anthem Song - Love you Zindagi was perform



**Dear Club 35+ Members**

~1 in 3 women suffer from HMB<sup>1</sup>

~18% of Indian women suffer from Abnormal Uterine Bleeding<sup>2</sup>

83% of women state that HMB has an impact on their daily lives<sup>2</sup>

bring to you an initiative to share the current knowledge & evidence on modern methods of management of Heavy Menstrual Bleeding. JABALPUR MENOPAUSE SOCIETY & JABALPUR OBSTETRICS & GYNAECOLOGICAL SOCIETY in Collaboration with Bayer.

" We cordially invite you to grab this opportunity to Meet the Experts and solve all your queries " on 1st July at 5pm Hotel Gulzar

**Dr. Deepti Nabh**  
M.B.B.S., M.S., F.I.C.G.  
Vice President - Delhi  
Apurva Towers Ltd.

**Dr. Sunita Tandulwadkar**  
M.B.B.S., M.D., F.I.C.G.  
Gynae Endocrinology, F.I.C.G.  
Pune

**Dr. Nidhi Jain**  
M.B.B.S., D.M.S., Laparoscopic & Hospital Surgeon, Ex. Secretary of Jabalpur Obstetrics & Gynaecological Society

**Dr. Gita Guin**  
M.B.B.S., M.C.C.I.E., M.D.S., Laparoscopic & Surgeon, IC, Bombay, M.P.M.S. (M.B.) Medical School, Chandra Sheela Medical College, Raj. Dr., President Raj. Obstetrics & Gynaec. Society

**Dr. Sangeeta Shrivastava**  
M.B.B.S., M.D., F.I.C.G.  
Laparoscopic & Hysteroscopic Surgeon  
Jabalpur

**Dr. Pragya Dhirawani**  
President,  
Jabalpur Menopause Society

**Dr. Archana Shrivastava**  
Secretary,  
Jabalpur Menopause Society

**Dr. Anita Saxena**  
President,  
Jabalpur Obstetrics & Gynaec. Society

**Dr. Richa Dhirawani**  
Secretary,  
Jabalpur Obstetrics & Gynaec. Society

# CME ON SAVE THE UTERUS



# ADOLESCENT HEALTH AWARENESS

**Date** : 02.07.2022

**Venue** : Gyanodaya Higher Secondary School, Jabalpur

**Topic** : Adolescent Awareness Programme

**Summary** : Awareness Lectures in Gyanodaya Higher Secondary School of different Age Group Adolescent Education Dr Amita Saxena and Dr Neena Shrivastava



## GARBH SANSKAR PROGRAMME

**Date** : 02.07.2022  
**Venue** : Elgin Hospital, Jabalpur  
**Topic** : Garbh Sanskar Programme  
**Summary** : Garbh Sanskar in Elgin Hospital e very Saturday



## AWARENESS ON SAVING GIRL CHILD

**Date** : 03.07.2022  
**Venue** : Gayatri PariwarVolenteers, Manmohan Nagar, Jabalpur  
**Topic** : Health Awareness programme  
**Summary** : Today on 3rd July Awareness Program was done with Social Workers (Volunteers of all World Gayatri Pariwar)onImportance of Saving the Girl Child..pamphlets were distributed with all thoughtful quotes to all of them,about 100 members attended the program.



# DOCTORS AND PHYSICIANS TRAINING PROGRAMME

**Date** : 08.07.2022  
**Venue** : Ideal Fertility Centre, Civil Lines, Jabalpur  
**Topic** : Doctors and Physicians Training  
**Summary** : Doctors Training By Dr D'Pankar Banerji



# MENSTRUAL HYGIENE AWARENESS TO ADOLESCENT

**Date** : 08.07.2022  
**Venue** : Katiyaghat, Jabalpur  
**Topic** : Menstrual Hygiene Awareness to Adolescent Girls  
**Agenda** : Menstrual Hygiene Awareness to Adolescent at Katiyaghat by Dr Nisha Sahu and distributed Menstrual Hygiene pads



# MEGA AWARENESS ON DOMESTIC VIOLENCE

**Date** : 09.07.2022

**Venue** : Lijjat Papad Mahila Grah Udyog, Jabalpur

**Topic** : Mega Awareness on Domestic Violence

**Agenda** : Mega Awareness on Domestic Violence at Lijjat Papad





## घरेलू हिंसा रोकने महिलाओं को अधिकार बताए, किया जागरूक



महिलाओं को उनके अधिकार बताती महिला विंग की सदस्य। ● **सौजन्य आयोजक** जबलपुर। इंडियन मेडिकल एसोसिएशन (आइएमए) महिला विंग के तत्वावधान में लिज्जत पापड़ में कार्यरत महिलाओं को अपने अधिकारों से अवगत कराया गया। अध्यक्ष डा. चित्रा जैन ने बताया कि घटनाओं को रोकने के लिए महिलाओं को स्वयं आगे आना चाहिए। डीन डा. गीता गुईन ने बताया कि ऐसी घटनाएं अधिकतर महिलाओं के द्वारा ही होती हैं, अतः अपनी बहुओं को सताना बंद करना चाहिए। कार्यक्रम में लोकायुक्त अधिवक्ता प्रशांत शुक्ला व दिलीप ने भी नारी सशक्तिकरण पर जानकारी दी। संचालन डा. सोनल रिछारिया ने किया। इसमें डा. अमिता सक्सेना, डा. निशा साहू ने भी महिलाओं का मार्गदर्शन किया। (वि.)

# CME ON ABORTIONS AND MTP

**Date** : 10.07.2022  
**Venue** : Hotel Jackson, Jabalpur  
**Topic** : CME on Abortions & MTP  
**Agenda** : CME on Abortions & MTP with Dr Parikshit Tank, Treasurer FOGSI

ICOG 2 POINT



**J&GS** JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY 2022-23 & Emcure Invites you all for a CME

**NATIONAL SPEAKER**  
DR PARIKSHIT TANK  
TREASURER  
FOGSI, MUMBAI

Date: 10<sup>th</sup> July 22 Sunday  
Time 10:00am to 1:00 pm  
Venue : Narmada Jacksons

**SCIENTIFIC SESSION**

1. Dydrogesterone - The luteal phase and beyond - Dr Parikshit Tank
2. Instrumentation in Abortions - Dr Shalini Shrivastava
3. Abortion - everything you need to know - Dr Parikshit Tank

**CHAIRPERSONS**

**Dr Rupa Sarkar**  
Sr. Consultant, Sarkar Hospital

**Dr Bhawana Mishra**  
Sr. Consultant, Tigm Hospital

**Dr Sonal Richhariya**  
MP State Secretary IMA WDW

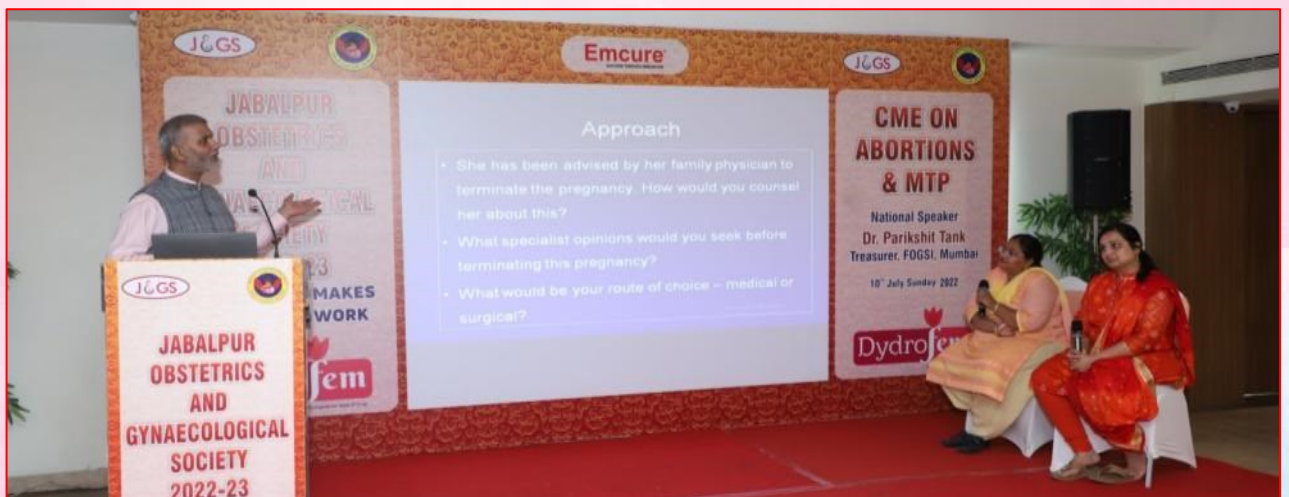
**Dr Amita Saxena**  
President - J&GS

**Dr Richa Dhirawani**  
Secretary - J&GS

Programme is followed by Lunch

Event brought to you by Emcure makers of

Emcure Dydrojem Emcure



# CME ON ABORTIONS AND MTP



## ADOLESCENT HEALTH EDUCATION

**Date** : 11.07.2022

**Venue** : Jain Putri Shalla, Fuhara, Jabalpur

**Topic** : Adolescent Health Education

**Agenda** : Distributed 500 copies at Jain Putri Shalla by Dr Chitra Jain , Dr Kusum Jain And Dr Sandhya Jain 11.07.22 Adolescent Health by Dr Chitra Jain



## IMPORTANCE OF CONTRACEPTION AWARENESS

**Date** : 11.07.2022

**Venue** : Kothari Hospital, Jabalpur

**Topic** : Importance of Contraception Awareness

**Agenda** : Importance of contraception awareness was explained by Dr Nisha Sahu on World Population day at Kothari Hospital



## HOW TO DO COUNCELLING OF DIFFERENT CONTRACEPTIVE METHODS

**Date** : 28.07.2022

**Venue** : Public Health Centre, Jabalpur

**Topic** : Counselling Of Different Contraceptive Methods

**Summary** : How to do counselling of different contraceptive methods was explained to Community Health Officers by Dr Nisha Sahu on occasion of World population day



## TRAINING OF STAFF NURSES

**Date** : 12.07.2022

**Venue** : Public Health Centre, Ukhri, Jabalpur

**Topic** : Contraception Training to Staff Nurses

**Summary** : Training to staff nurses regarding use of MEC wheel for contraception by Dr Sharda Mishra



## AWARENESS OF CONTRACEPTION AND POPULATION STABILISATION

**Date** : 14.07.2022

**Venue** : Seth Mannu Lal Hospital, Jabalpur

**Topic** : Awareness of Contraception and Population Stabilisation

**Summary** : Awareness about Contraception and Population Stabilisation by Dr Sulekha Dewani



## ADOLESCENT HEALTH EDUCATION PROGRAM

**Date** : 14.07.2022

**Venue** : Little Kingdom School, Jabalpur

**Topic** : Adolescent Health Education Program

**Summary** : Adolescent Health Education Program at Little Kingdom School by Dr Amita Saxena Dr Richa Dhirawani and Dr Jatin Dhirawani



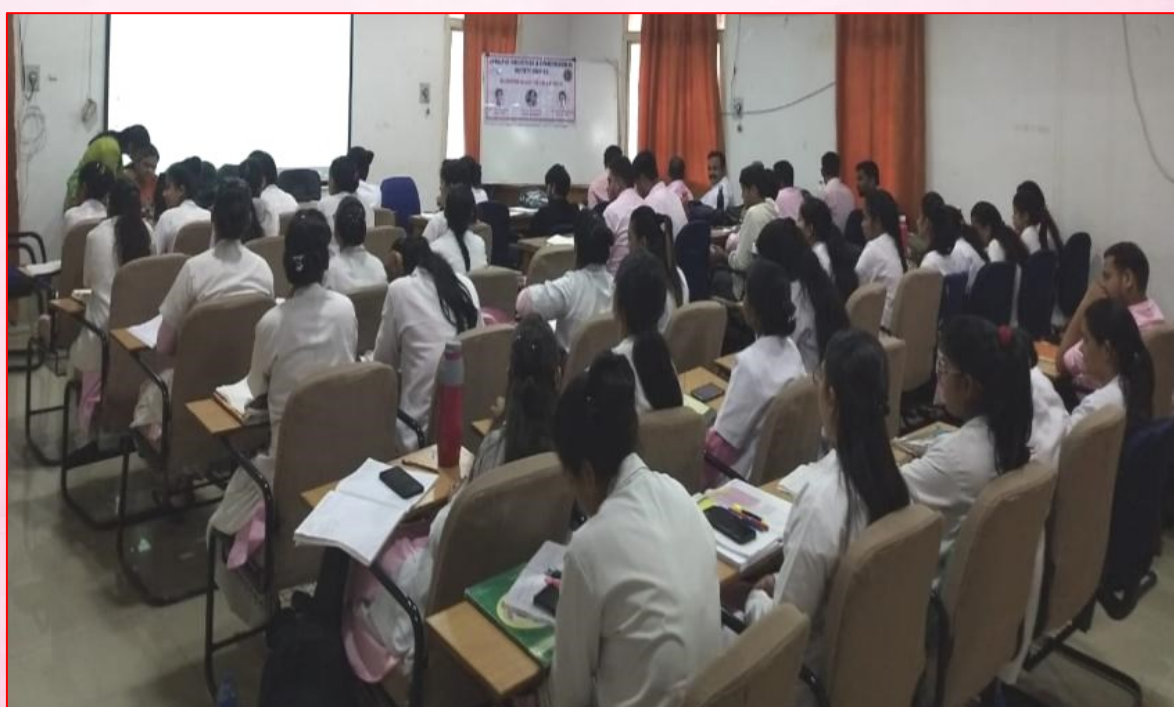
# TRAINING OF CHO DOCTORS ON CONTRACEPTION

**Date** : 14.07.2022

**Venue** : RHFWTC, Jabalpur

**Topic** : Contraception Training Programme to CHO's

**Summary** : Training Programme on Contraception to CHO at RHFWTC by Dr Sharda Mishra



## AWARENESS OF CONTRACEPTION AND POPULATION STABILISATION

**Date** : 19.07.2022

**Venue** : Elgin Hospital, Jabalpur

**Topic** : Contraception Awareness Program

**Summary** : Contraception Awareness At Elgin Hospital by Dr Rashmi K Dr Bhawana M Dr Rashmi B Dr Neeta Parashar



# CME ON WOMEN HEALTH WITH IMS

**Date** : 21.07.2022

**Venue** : Hotel Jackson, Jabalpur

**Topic** : CME on Women Health with IMS

**Summary** : Dr Ritu Khanna, FOGSI Chairperson, Food and Drug, Medical and Surgical equipment who spoke on LPD and conducted an interactive session on Vaccination- all you need to know which started with adolescent age vaccination



**FOGSI Food & Drug and Medico Surgical Equipment Committee**

In association with  
**Jabalpur Obstetrics & Gynecology Society**

**Vaccination Awareness Drive for Women's Health**

Friday, 22nd July 2022

Office Bearers

Dr. S. Shantha Kumari  
President - FOGSI, Jabalpur

Dr. Madhuri Patel  
FOGSI - Jabalpur

Dr. Bipin Pandit  
FOGSI - Jabalpur

Dr. Ritu Khanna  
Chairperson - FOGSI, Jabalpur

Dr. Amita Saxena  
President - J&GS

Dr. Richa Dhirawani  
President - J&GS

**J&GS**      **JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY 2022-23**      **Emcure**

**& Emcure Invites you all for a CME**

TEAMWORK MAKES THE DREAM WORK

NATIONAL SPEAKER  
**DR. RITU KHANNA**  
CHAIRPERSON FOGSI, FOOD & DRUG MEDICO SURGICAL EQUIPMENT COMMITTEE  
2021-24 VARANASI

Date : 22th July 22 Friday  
Time : 4:00 pm to 6:00 pm  
Venue : Narmada Jacksons

SPEAKER  
**DR. NEHAL SINGH**  
M.S. DNB  
SR. RESIDENT  
NSCB MEDICAL COLLEGE  
JABALPUR

SCIENTIFIC SESSION

1. LPD an Enigma - Dr. Ritu Khanna
2. VACCINATION - Basic Concepts - Dr. Nehal Singh
3. VACCINATION for Women's health - All you need to know - Dr. Ritu Khanna

CHAIRPERSONS

DR. LATA PARYANI  
Sr. Consultant, Subika Grah

DR. RASHMI KURARIYA  
Sr. Consultant, Elgin Hospital

DR. RANU JAIN  
Consultant, NSCB, Medical College, Jabalpur

DR. AMITA SAXENA  
President - J&GS

DR. RICHA DHIRAWANI  
Secretary - J&GS

Programme is followed by High Tea

Event brought to you by Emcure makers of

# CME ON WOMEN HEALTH WITH IMS



# CME ON VACCINATION FOR WOMEN HEALTH

**Date** : 22.07.2022

**Venue** : Hotel Jackson, Jabalpur

**Topic** : CME on Vaccination for Women Health

**Summary** : CME on Vaccination for Women Health with Jabalpur Menopause Society. Dr Kawita Bapat Spoke on Anemia and Dr Vidya Pancholia spoke on Menopausal HRT update.



JMS
JOGS

Jabalpur Menopause Society & Jabalpur Obs & Gyn Society  
in collaboration with EMCURE Cordially Invites you for a

## Scientific Session on Wellness of Women

📅 **Thursday**  
21<sup>st</sup> July '22

🕒 **04:00 PM**  
06:00 PM

📍 **Narmada Jacksons,**  
Jabalpur

CHIEF GUEST

Dr. Shashi Khare

GUEST OF HONOUR

Dr. Kavita Singh

TOPIC

Evidence Based Management  
of Anaemia

Dr. Kawita Bapat  
MBBS, MS, FICOG

TOPIC

Menopausal Hormone  
Therapy Update

Dr. Vidya Pancholiya  
MS, FICOG, FICMCH

CHAIRPERSONS

Dr. Anuradha Dang

Dr. Sharda Mishra

Dr. Sonal Sahnii

SOCIETY OFFICE BEARERS

Dr. Pragya Dhirawani  
President  
Jabalpur Menopause Society

Dr. Archana Shrivastava  
Secretary  
Jabalpur Menopause Society

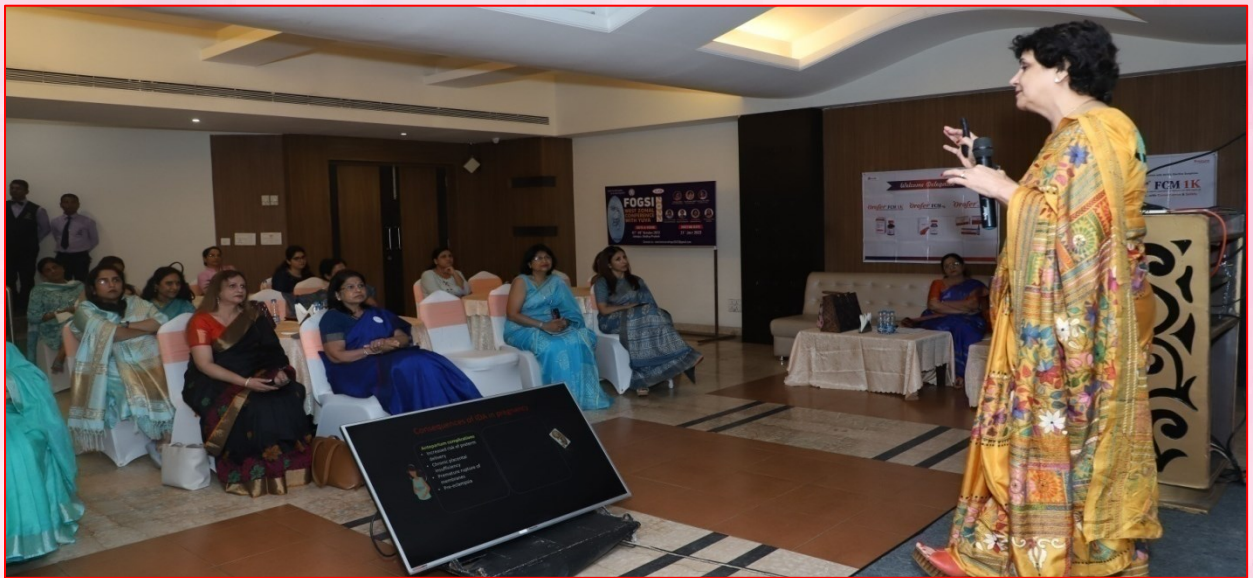
Dr. Amita Saxena  
President  
Jabalpur Obst & Gyn Society

Dr. Richa Dhirawani  
Secretary  
Jabalpur Obst & Gyn Society

| TIME                | PARTICULARS  | FACULTY  |
|---------------------|--|--|
| 04:00 PM - 04:05 PM | Welcome and Introduction   | JMS, JOGS & Emcure Pharma                              |
| 04:05 PM - 04:10 PM | Opening Remarks and Overview of Program  | Dr. Anuradha Dang, Dr. Sharda Mishra, Dr. Sonal Sahnii |
| 04:10 PM - 04:15 PM | Video Summary: Clinical effects of Ferric Carboxymaltose in pregnancy in Indian real-life scenario | Emcure Pharmaceuticals Ltd.                            |
| 04:15 PM - 04:55 PM | Evidence Based Management of Anaemia During Pregnancy: Where are we in 2022?                       | Dr. Kawita Bapat                                       |
| 04:55 PM - 05:35 PM | MHT Update   | Dr. Vidya Pancholia                                    |
| 05:35 PM - 05:50 PM | Q & A Session  | All  |
| 05:50 PM - 05:55 PM | FCM Dosage and Administration Video  | Emcure Pharmaceuticals Ltd.                            |
| 05:55 PM - 06:00 PM | Vote of Thanks   | JMS, JOGS & Emcure Pharma                              |

In Association with **Emcure** & **Inventia**  
Followed By High Tea

# CME ON VACCINATION FOR WOMEN HEALTH



# JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY

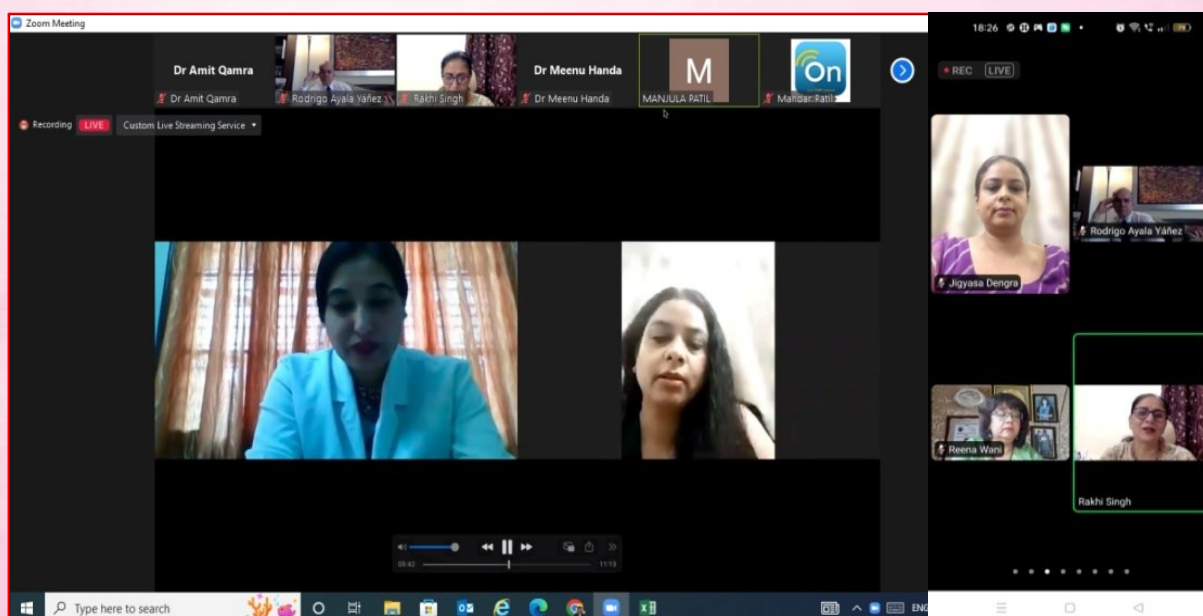
**Date** : 24.07.2022  
**Venue** : Whatsapp  
**Topic** : Quiz on WhatsApp on Miscarriages



The graphic is a promotional poster for a quiz. On the left, a vertical orange bar contains the text 'TEAM WORK MAKES THE DREAM WORK'. The main content is on a white background with a geometric pattern. At the top left is the J&GS logo. The text reads: 'FOGSI QUIZ COMMITTEE With JABALPUR OBSTETRICS AND GYNAECOLOGICAL Society 2022-23'. Below this, it says 'Under the guidance of Dr Nilesh Balkawade is hosting a Quiz on WhatsApp on Miscarriages'. The date and time are 'Date : 24<sup>th</sup> July 2022' and 'Time : 11:00 am to 11:30 am'. A WhatsApp icon is next to the time. On the right, a portrait of Dr. Nilesh Balkawade is shown with his name and title: 'DR. NILESH BALKAWADE Chairperson FOGSI Quiz Committee (2021-25)'. At the bottom, two portraits are shown: 'Dr Amita Saxena President - JOGS' on the left and 'Dr Richa Dhirawani Secretary - JOG5' on the right.

## WEBINAR ON ENDOCRINOLOGY

**Date** : 25.07.2022  
**Venue** : Zoom Platform  
**Topic** : Webinar on Endocrinology  
**Summary** : Webinar on Endocrinology



## GARBH SANSKAR PROGRAMME

**Date** : 26.07.2022

**Venue** : SutikaGrah

**Topic** : Garbh Sanskar programme

**Summary** : Garbh Sanskar programme at SutikaGrah by Dr Namita Tiwari, Dr PradnyaHarshey, Dr Padma Pandey, Dr Anita Budhrani



## AWARENESS PROGRAM ON HYPERTENSIVE DISORDER IN PREGNANCY

**Date** : 27.07.2022

**Venue** : Nirmal Hospital Kanchghar

**Topic** : Awareness Program on Hypertensive Disorder in Pregnancy

**Summary** : Awareness Program on Hypertensive Disorder in Pregnancy for staff and patients at Nirmal Hospital Kanchghar



## AWARENESS PROGRAMME ON INFERTILITY CAMP

**Date** : 27.07.2022

**Venue** : Saamudayiek Bhawan Manjholi

**Topic** : Infertility camp

**Summary** : Infertility camp at Gandhi Bhawan Manjoli by Dr Rakhi Bajpai



## TRAINING OF DOCTORS OF JABALPUR DIVISION

**Date** : 27.07.2022

**Venue** : Doctors of Jabalpur division

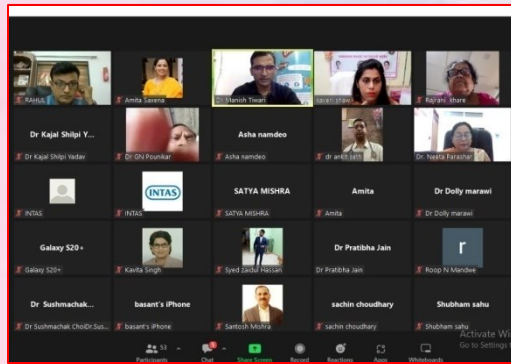
**Topic** : How to Conduct Normal Delivery

**Summary** : Training of Doctors of Jabalpur division - How To Conduct Normal Delivery Dr Sharda Mishra



# WEBINAR ON HEPATITIS

**Date** : 28.07.2022  
**Venue** : Virtual on Zoom  
**Topic** : Webinar on Hepatitis



## INVITATION

ARRON LABORATORY INTAS

### LIVE WEBINAR

**HOSTED BY**



**DR PAWAN STHAPAK**  
PRESIDENT - IMA  
JABALPUR

**DR AMITA SAXENA**  
PRESIDENT - JGGS  
JABALPUR

**DR ROOP MANDWE**  
SECRETARY - IMA  
JABALPUR

**DR RICHA DHIRAWANI**  
SECRETARY - JGGS  
JABALPUR

**CHAIRPERSONS BY**



**DR KAVERI SHAW PATEL**  
(MS, DNB) (GYN)  
FMS, FIGORS

**DR NEETA PARASHAR**  
MBBS MS (GYN), SR CONSULTANT,  
GYNAECOLOGIST, ELGIN HOSPITAL

**SPEAKERS**

Hepatitis b in pregnancy,  
Hepatitis e in pregnancy



**DR RAMESH CHAWLANI**  
(MD, DNB (GASTRO))

Cholestasis in pregnancy



**DR MANISH TIWARI**  
(MD, DM (GASTRO))


**28<sup>th</sup> July 2022, Thursday** 🕒 Time: 4:30 to 5:30pm

Viewers link: <https://zoom.us/j/2569278703?pwd=V25hc3RPaFFuSUxuWGY1dFc0NHJhUT09>















An awareness Initiative from the makers of



| AJOG Guidelines   | Evidence |
|---|----------|
| Perform routine screening during pregnancy for HBV infection with maternal HBsAg testing  | 1A       |
| Administer hepatitis B vaccine and HBIG within 12 hours of birth to all newborns of HBsAg positive mothers or those with unknown or undocumented HBsAg status, regardless of whether maternal antiviral therapy has been given during the pregnancy.                        | 1A       |
| In pregnant women with HBV infection, we suggest HBV viral load testing in the third trimester  | 2B       |
| In pregnant women with HBV infection and viral load > 6-8 log <sub>10</sub> (10 <sup>6</sup> -8) copies/mL, HBV-targeted maternal antiviral therapy should be considered for the purpose of decreasing the risk of intrauterine fetal infection.                            | 2B       |
| In pregnant women with HBV infection who are candidates for maternal antiviral therapy, we suggest tenofovir as a first-line agent.   | 2B       |
| We recommend that women with HBV infection be encouraged to breastfeed as long as the infant receives immunoprophylaxis at birth (HBV vaccination and hepatitis B immunoglobulin).  | 1C       |
| For HBV infected women who have an indication for genetic testing, invasive testing (eg Amniocentesis or CVS) may be offered. Counseling should include the fact that the risk for maternal-fetal transmission may increase with HBV viral load >7 log <sub>10</sub> IU/mL. | 2C       |
| We suggest cesarean delivery not be performed for the sole indication for reduction of vertical HBV transmission.   | 2C       |



Participants (56)

-  Amita Saxena (Me) 🔇 🎧
-  INTAS (Host) 🔇 🎧
-  RAHUL (Co-host) 🔇 🎧 🗣️
-  Dr Kajal Shilpi Yadav (Co-host) 🔇 🎧
-  INTAS (Co-host) 🔇 🎧
-  Richa Dhirawani (Co-host) 🔇 🎧
-  6354473b 🔇 🎧
-  Aditree Dutt's Galaxy M31 🔇 🎧
-  Amita 🔇 🎧
-  ANMOL PATIDAR 🔇 🎧
-  Anuradha Dang 🔇 🎧
-  Asha namdeo 🔇 🎧
-  Ashish Pal 🔇 🎧
-  basant's iPhone 🔇 🎧

## HEALTH CHECKUP CAMP AND BMD TEST

**Date** : 28.07.2022

**Venue** : Jawahar Ganj Ward

**Topic** : Health checkup Camp and BMD test

**Summary** : Health Checkup Camp and BMD test by Dr Nisha Sahu. Bone Marrow Density test of 50 women were carried out and health checkup



## CONTRACEPTION TRAINING TO COMMUNITY HEALTH OFFICERS

**Date** : 28.07.2022

**Venue** : Public Health Centre

**Topic** : Contraception Training to Community health officers

**Govt./NGOs** : Govt. Community Health Officer, Jabalpur

**Summary** : Contraception Training to Community health officers by Dr Nisha Sahu



# TRAINING TO DOCTORS FOR MANAGEMENT OF SHOCK

**Date** : 28.07.2022

**Venue** : RHJFWE, Jabalpur

**Topic** : Training to doctors for management of shock

**Summary** : Training to doctors for management of shock and how to perform CPR at RHJFWE



# MEETING FOR YUVA FOGSI PREPARATION

**Date** : 28.07.2022  
**Venue** : Hotel Krishna  
**Topic** : Meeting for YUVA FOGSI. A scientific discussion on the nuances of antibiotics in gynecological surgery and working progress of YUVA FOGSI.



Reg. No. 0414/01/12425/11

**JOGS** **JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY**  
 (Affiliated to The Federation of Obstetrics & Gynaecological Societies of India)

**President** **Dr. Amita Saxena**  
 Saxena Cosmetic Clinic, 1 Khushi Plaza,  
 Krishna Hotel Road, Nagpur Town, Jabalpur (M.P.) 482002  
 Ph.:- +91 9300108912 email: dramitasaxena93@gmail.com

**Secretary** **Dr. Richa Dhirawani**  
 Jabalpur Hospital & Research Center,  
 Bussel Chowk, Nagpur Town, Jabalpur-482001(M.P.)  
 Mobile : 735477754 email: richadhawani1510@gmail.com

**MEETING FOR DISCUSSION**

*"When you're surrounded by people who share a passionate  
 Commitment around a common purpose, anything is possible."*  
 Howard Schultz

**Greetings from JOGS!**  
 You are cordially invited to attend round table  
 meeting.

**Date , Time & Venue**  
 26<sup>th</sup> July 2022 at 04:00 PM  
 at Hotel Krishna, Jabalpur

**TOPIC** 20 min  
 Nuances of Antibiotics In Gynecological Surgeries

**SPEAKER**  
**DR KAVERI SHAW**  
 Consultant Gyn Oncosurgeon  
 Director Vijaya Womens Clinic & Hospital

Talk is followed by FOGSI West Zonal Conference with YUVA  
 preparation meeting

**DR AMITA SAXENA** **DR RICHA DHIRAWANI**  
 President – JOGS Secretary - JOGS

E-mail : jabalpur.fogsi@gmail.com Website : www.jabalpurobgynsociety.org  
 jabalpur.fogsi

- Patrons:**  
 Prof. Dr. Rama Shrivastava  
 Dr. G. K. Malhotra  
 Prof. Dr. Shashi Khare  
 Prof. Dr. S. Choubhan  
 Prof. Dr. A. Lelo  
 Prof. Dr. Kavita N. Singh  
 Dr. Rita Shukla  
 Dr. Rakha James  
 Dr. Ranjana Gupta  
 Dr. Pragna Dhirawani  
 Dr. Shirish Jondar  
 Dr. Swaraj Nohk  
 Dr. Sanku P. Choudhary
- Imm. Past President**  
 Prof. Dr. Gita Guin
- Vice President**  
 Dr. Manik Pansey  
 Dr. Pradyota Harshrey  
 Dr. Khavasa Mishra  
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- Joint Secretary**  
 Dr. Deepthi Gupta  
 Dr. Rama S. Neg  
 Dr. Priyanka Goer
- Treasurer**  
 Dr. Namita Trivari  
 Dr. Kamal Jain  
 Kallita  
 Dr. Jigyasa Dangra  
 Dr. Shubheli Sharma
- Oncology Committee**  
 Dr. Priyadarshini Tiwari  
 Dr. Vibha Gahlot  
 Dr. Anuradha Dangra  
 Dr. Late Paryani
- Family Welfare Committee**  
 Dr. Nishu Sahu  
 Dr. Neeta Pureshar  
 Dr. Rashmi Karariya  
 Dr. Kiran Puroja
- Safe Motherhood Committee**  
 Dr. Sangeta Shrivastava  
 Dr. Subhika Dwivedi  
 Dr. Shikha Bhatnagar  
 Dr. Kaveri Shaw  
 Dr. Gunjan B Sharma
- Public Awareness Committee**  
 Dr. Chitra Jain  
 Dr. Samol Richhariya  
 Dr. Shweta Srisakar  
 Dr. Falq Raza Ahmed
- Adolescent Health Committee**  
 Dr. Alka Agrawal  
 Dr. Nidhi Jain  
 Dr. Neena Shrivastava  
 Dr. Vaivanta Ghughoria  
 Dr. Sakshi Mishra
- Infectiology Committee**  
 Dr. D'Pankar Banerji  
 Dr. Archana Shrivastav  
 Dr. Rakhi Rajgopal  
 Dr. Sneha T. Mathwani
- Garbh Sanskar Committee**  
 Dr. Parulpa Pandey  
 Dr. Sharda Mishra  
 Dr. Richa Baharani  
 Dr. Padma Pandey

**Attendance Sheet for Doctors (HCPs) and Other Healthcare Staff (OHS)**

GSK may conduct an audio and video recording of the entire scientific meeting or video record few clippings of the scientific meeting for the purpose of internal record keeping of GSK at GSK's absolute discretion. In case you have any objection or questions related to the audio/video recording, kindly contact the GSK staff present at the meeting. By signing the attendance sheet, you acknowledge that you are aware of the audio/video recording and have no objection to the same.

| Sr. No | Name of Doctor (HCP) or Attendee | Speciality | Signature | GSK VEEVA ID<br>(only for GSK use) |
|--------|----------------------------------|------------|-----------|------------------------------------|
| 1      | Dr. Kanishk Shaw Gyn             |            |           | 0015800000FU2hPAAD                 |
| 2      | Dr. Rakhi Bajpai Gynar           |            |           |                                    |
| 3      | Dr. Neelam Shrivastava           |            |           | 0015800000FTX5JAAX                 |
| 4      | Dr. Namita Tiwari                |            |           |                                    |
| 5      | Dr. Nisha Sahu                   |            |           | 0015800001ZC60MAA1                 |
| 6      | Dr. Roma Nayak                   |            |           | 0015800000FT180AAH                 |
| 7      | Dr. Sangeeta Khuyar              |            |           |                                    |
| 8      | Dr. Kavita N Sahu                |            |           | 0015800000FUUY8AAX                 |
| 9      | Dr. Anuradha Das                 |            |           | 0015800000FUAT5AAH                 |
| 10     | Dr. Pradye Halay Ay              |            |           | 0014K00000avW9QRAU                 |
| 11     | Dr. Rishi Bahadran               |            |           | 0015800000FUT4PAAH                 |
| 12     | Dr. Rani Sahu                    |            |           |                                    |
| 13     | Dr. Sangeeta Shrivastava         |            |           | 0015800000FTwKBAAAL                |

|    | NAME                  | SPECIALITY | SIGNATURE  | GSK VEEVA ID          |
|----|-----------------------|------------|------------|-----------------------|
| 14 | Dr. Swaraj Nair       | Gyn        |            | 0015800000FUHPUAAAX   |
| 15 | Dr. Sonal Richhaya    | Oby        | 9300105904 |                       |
| 16 | Dr. (Mrs) K. Raza     | Oby        | 9425041151 | 0015800000FT56IAAT    |
| 17 | Dr. Neelam Jain       | Oby        |            | 0015800000FTIXBAA1    |
| 18 | Dr. Bharti Selu       | Oby        |            | 0015800000FU4nyAAD    |
| 19 | Dr. Jiyasa Dendra     | Oby        |            | 0015800000FU0JPAA1    |
| 20 | Dr. Sanel Sahu        | Oby        |            |                       |
| 21 | Dr. Pragya Khanna     | Oby        |            | 920015800000FT02YAAAX |
| 22 | Dr. S. Jander         | Oby        |            | 0015800000FT7D3AAD    |
| 23 | Dr. Anuradha Das      | Oby        |            | 0015800000FTEI6AAH    |
| 24 | Dr. Sweta Shrivastava | Oby        |            | 0015800001ULDD0AAX    |
| 25 | Dr. Priyanka Bhow     | Oby        |            | 0015800001fwAA9AAE    |
| 26 |                       |            |            | 0015800000FTa0PAA1    |
| 27 |                       |            |            |                       |
| 28 |                       |            |            |                       |

## ANAEMIA AWARENESS PROGRAMME

- Date** : 29.07.2022  
**Venue** : Vijaya Womens Clinic  
**Topic** : Awareness talk on anemia  
**Summary** : Awareness talk on anemia in Vijaya Womens Clinic by Dr Kaveri Shaw



## CME ON GROOMING PROGRAM

- Date** : 31.07.2022  
**Venue** : Hotel Gulzar Tower  
**Topic** : Awareness talk on anemia  
**Summary** : CME on Grooming Program-Premium. Grooming Session for professionals with Rita Angawani



# GARBH SANSKAR PROGRAM

Date : 31.07.2022

Venue : Sutika Griha

Topic : Garbh Sanskar Program

Summary : Garbh Sanskar Program at Sutika Graha



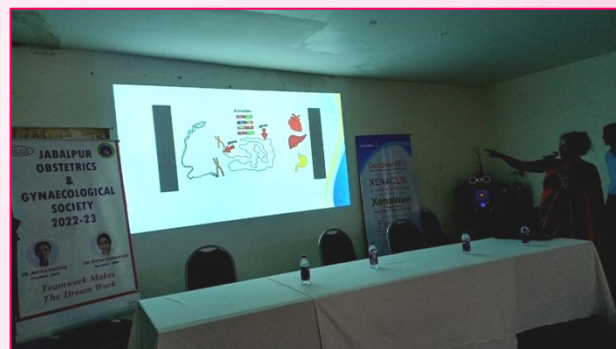
# CME ON COSMETIC GYNECOLOGY

**Date** : 31.07.2022

**Venue** : Seoni MP

**Topic** : CME on Cosmetic Gynecology

**Summary** : CME on Cosmetic Gynecology- An overview at Seoni MP by Dr Amita Saxena and Dr Richa Dhirawani



## WORLD BREAST-FEEDING AWARENESS WEEK

**Date** :01/08/2022 to 07/08/2022

**Venue** :Across the city, Jabalpur

**Summary:** World Breastfeeding Awareness Week was commemorated on a war footing by FOGSI President Dr Shantha Kumari culminating with the Program LACTATION 21 in collaboration with UNICEF on 7th August.

On the occasion of Breastfeeding Awareness Week celebrated worldwide from 1st August to 7th August, FOGSI pledged to save this vital ritual and revive the age-old tradition.

Breast feeding contributes to the survival, health & well-being of the mother & child. FOGSI promotes and encourages Breastfeeding.

Enchanted by these pearls of wisdom by our President, Dr. Shantha Kumari madam,

We the members of Jabalpur Obstetrics and Gynaecology Society conducted Breastfeeding Awareness campaign in and around Jabalpur on a war footing scale.

In a span of these 7 days, starting from 1st to 7th August we scheduled 40 programs across the nook and corner of Jabalpur and adjacent tribal areas too...

We reached out to:

1. Rural and Urban population by and large
2. Antenatal and Postnatal patients
3. Kiths and Kins of the patients
4. Aanganwadi and Asha workers
5. Nurses & paramedical workers
6. Undergraduate & Postgraduate medical students

We received overwhelming response in the Slogan and Poster competition section too. Our fellow JOGSIANS poured their hearts and minds into attractive ideas.

We had a tough choice to select a single entry as all posters and slogans were such well-crafted.

*Overall it was celebrated at a mass scale by all the JOGSIANS.*



## WORLD BREAST-FEEDING AWARENESSWEEK

**Activity:** Breast feeding Programme

**Venue :** Rani Durgawati Hospital, Jabalpur

**JOGS Member :** Dr Alka Agarawal & Dr Chitra Jain (Past President JOGS), Dr Rashmi Kurariya, Dr Bhawna Mishra and Dr Rashmi Bhatnagar.



# WORLD BREAST-FEEDING AWARENESSWEEK

**Venue :** Seth Mannu Lal Trust Hospital, Dixitpura Jabalpur

**JOGS Member :** Dr Sulekha Dewani



**Venue :** Aganwadi Centre No. 80, Bilhari, Jabalpur

**JOGS Member :** Dr Kiran Peepra



# WORLD BREAST-FEEDING AWARENESSWEEK

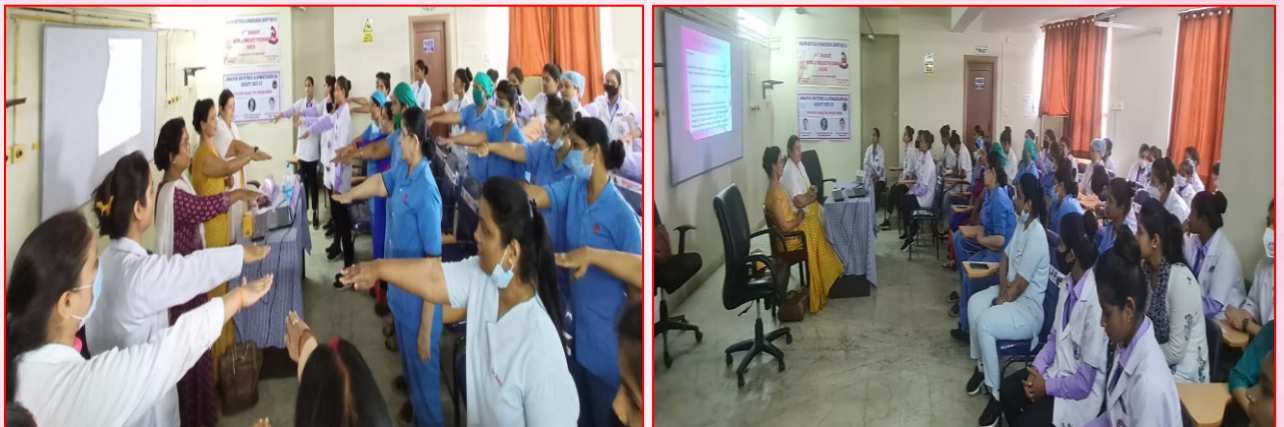
**Venue** :Naik Nursing Home, Gole Bazar, Jabalpur

**JOGS Member** :Dr Swaraj Naik & Dr Neena Shrivastava



**Venue** :City Hospital Staff & Nurses Staff, Jabalpur

**JOGS Member** :Dr Sneh Prabha Choubey, Dr Amita Saxena & Dr Avni Agrawal



**Venue** :Medical College Hospital - Post CS Ward No.

**JOGS Member** :9Dr Dolly Maravi, Dr Vidhi Singh, Dr Anamika Jain & JOGS Members



**Venue** :Sutika Grah, Jabalpur

**JOGS Member** :Dr Neena Shrivastava, Dr Padma Pandey, Dr Pradnya Harshey, Dr Namita Tiwari, Dr Sunita Jaiswal



**Venue** :Anganwadi Centre No 91, Jabalpur

**JOGS Member** :Dr Shilpa Somshekhar



# BREAST FEEDING PROGRAMME FOR GNM STUDENTS

**Venue :** Jabalpur Institute of Health Sciences, Vijay Nagar

**JOGS Member :** Dr Rakhi Bajpai



**Venue :** K J Memorial Hospital, Ghamapur, Jabalpur

**JOGS Member :** Dr Kusum Jain, Dr Komal Jain & Members



# WORLD BREAST-FEEDING AWARENESSWEEK

**Venue** : Ashish Hospital, Napier Town, Jabalpur

**JOGS Member** : Dr Pallavi Baghel



**Venue** : Ayurvedic College & Hospital, Gwarighat, Jabalpur

**JOGS Member** : Dr Sneha T. Methwani



## WORLD BREAST-FEEDING AWARENESSWEEK

**Venue** :P.H.C. Village Bhitoni, Jabalpur

**JOGS Member** :Dr Gunjan B Sharma



**Venue** :Public Health Centre, Village Bargi, Jabalpur

**JOGS Member** :Dr Gunjan B Sharma



# WORLD BREAST-FEEDING AWARENESSWEEK

**Venue** :Motilal Nehru Hospital Cantonment Board, Jabalpur

**JOGS Member** :Dr Sharda Mishra, Dr Rupa Sarkar & JOGS Members



**Venue** : Hawabagh College, Narmada Road, Jabalpur

**JOGS Member** :Dr Kiran Peepra



# WORLD BREAST-FEEDING AWARENESSWEEK

**Venue** :Jabalpur Hospital & Research Centre, Jabalpur

**JOGS Member** :Dr Pragya Dhirawani, Dr Sangeeta Shrivastava, Dr Sharda Mishra & Dr Richa Dhirawani



**Venue** :Shalby Hospital, Jabalpur

**JOGS Member** :Dr Sneha T. Methwani



# WORLD BREAST-FEEDING AWARENESSWEEK

**Venue** :N.S.C.B. MCH, Jabalpur

**JOGS Member** :Prof. Kavita Singh, Dr Deepti Gupta, Dr Sakshi Mishra, Dr Kirti Patel and JOGS Members



## TALK ON IMPORTANCE OF BREAST FEEDING AND BREAST MILK MANKING

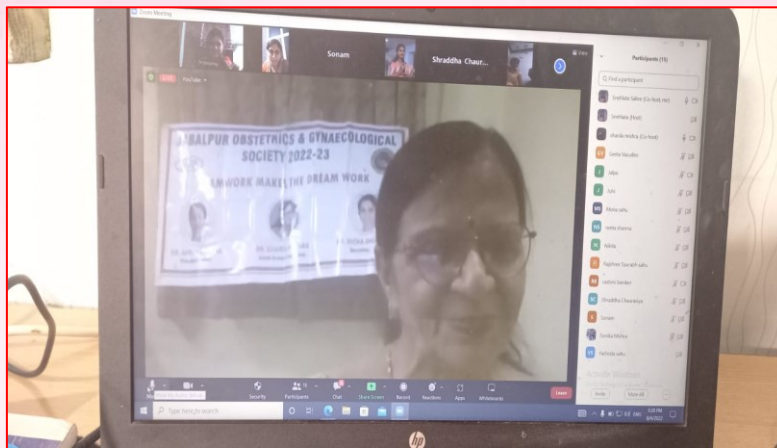
**Venue :** Mankuvar Bai Girls College, Jabalpur

**JOGS Member :** Dr Pragya Dhirawani & Dr Sangeeta Shrivastava



**Venue :** Virtual Programme on Zoom

**JOGS Member :** Dr Sharda Mishra



**Venue :** Venue : Virtual Programme on Zoom

**JOGS Member :** Dr Kaveri Shaw



## PAMPHLETE DISTRIBUTED BY SOCIETY

**स्तनपान शिशु के लिये वरदान**

स्तनपान के सही तरीके

जगस उपाध्यक्ष  
डॉ. कावेरी शॉ (पटेल)

जबलपुर स्त्री विशेषज्ञ संघ

## BREASTFEEDING: AWARENESS THROUGH PRINT MEDIA

को रहत राशि देने की मांग को है। कर पुरी पेशन योजना बहाल को जाए। सफल बनाने पर चर्चा हुई। प्रतिगोपित में

### स्तनपान से होने वाले फायदे बताए

मेडिकल कालेज अस्पताल में स्तनपान सप्ताह कार्यक्रम आयोजित

मेडिकल कालेज अस्पताल में स्तनपान सप्ताह के दौरान पैक्टर से स्तनपान के फायदे बताती विकिस्टक। © सोहन्य जवाबक

जबलपुर (नईदुनिया प्रतिनिधि)। को स्तनपान का तरीका बताते हुए शंकाओं का समाधान किया गया। स्नातकोत्तर व सीनियर रेसिडेंट्स के लिए पोस्टर व स्लोगन प्रतियोगिता आयोजित की गई। इस दौरान डा. शिखरदीप्ती तिवारी, डा. भारती साहू, डा. मोनल साहनी, डा. विनीता घनश्याम, डा. श्वेता सिमिकर, डा. दीपति गुणा, डा. कौतिल पटेल, डा. अर्चना ठाकुर, डा. सावनी मिश्रा, डा. डाली मरावी, डा. मंदिता चौकुराहों। निष्ठाक मंडल को सफ से डीन डा. गीता मुहं, मेडिसिन विभागाध्यक्ष डा. कजु गुणा, रिशु रोग विभागाध्यक्ष डा. मोनिका लाबरास ने पोस्टर व स्लोगन प्रतियोगिता में बेहतर प्रदर्शन करने वालों को पुरस्कार बांटे।

अधिकारियों को उनके यामिनी की आत

### स्तनपान सप्ताह पर कार्यशाला

जबलपुर. रोटरी क्लब ने स्तनपान सप्ताह पर रविवार को सदर स्थित आंगनबाड़ी क्रमांक 64 में कार्यशाला आयोजित की गई। क्लब की अध्यक्ष शिखा पौराणिक ने बताया कि कार्यशाला में गायनेकोलोजिस्ट डॉ. रोमा नाग ने गर्भवती महिलाओं को गर्भावस्था के दौरान क्या क्या सावधानियां रखनी चाहिए, स्वास्थ्य एवं खान पान का कैसे खयाल रखा जाए, ब्रेस्ट फीडिंग के क्या फायदे हैं, आदि के बारे जानकारी दी। मौके पर गर्भवती महिलाओं को ड्राई फूटस के बॉक्स एवं दूध के पैकेटस का वितरण किया। इस दौरान यामिनी चतुर्वेदी, आंगनबाड़ी प्रभारी मंजु दुबे, सीमा, शालिनी चौधरी, वर्षा गायकवाड़, प्रीति, भावना नायडू आदि उपस्थित थीं।

# BREASTFEEDING POSTER PRESENTATION



# CME ON GENITAL URINARY PROBLEMS

**Date** : 05 .08.2022  
**Venue** : Hotel Gulzar  
**Topic** : CME ON Genital Urinary Problems



**75**  
Azadi Ka  
Amrit Mahotsav

**JOGS with IMS**  
committed to Women's Wellness

**Invites**  
the Club35 + members  
for an educational program on  
**Genitourinary Problems**  
**in Middle Aged Women**

**Experts**  
Dr. Pragya Dhirawani  
Dr. Swaraj Naik  
Dr. Neena Shrivastav  
Dr. Anupama Solanki  
Dr. Nidhi Jain

Followed by **AZADI KA AMRIT**  
**MAHOTSAV** Celebration  
with Music and Masti  
Date: 6th August, Saturday  
Time: 4pm  
Venue: Hotel Krishna



## CME ON GENITAL URINARY PROBLEMS



## INVITED AS SPEAKER – DR JIGYASA DENGRA

**Date** : 07 .08.2022

**Venue** : Seoni Obs/Gyn Society

**Topic** : Guest Speaker

**Summary** : Dr Jigyasa Dengra Invited as a speaker by Seoni ObGy society to speak on 10 secrets of IUI



Emcure

**Date & Time**  
Sunday, 7<sup>th</sup> August 2022 | 1:00 PM - 3:00 PM

**Venue**  
Hotel Vatika Celebration  
(In front of powergrid Seoni)

**Topic**  
10 secrets of successful IUI

**Speaker**



**Dr. Jigyasa Dengra**  
MS, DNB, Fellowship in Infertility  
Director, Mahi IVF Jabalpur

Academic Partner Emcure

Makers of



## FIRE MOCK DRILL TRAINING FOR STAFF

**Date** : 07 .08.2022

**Venue** : NSCB, MCH, Jabalpur

**Topic** : Tree plantation

**Summary** : Fire Mock Drill by Dr Shweta Sirsikar, Dr Archana Gupta & Dr Bharti Sahu



# QUIZ AT NSCB MEDICAL COLLEGE JABALPUR

**Date** : 10 .08.2022  
**Venue** : NSCB, MCH, Jabalpur  
**Topic** : Quiz Competition  
**Summary** : Quiz at NSCB Medical College



# CELEBRATING AZADI KA AMRIT MAHOTSAVA

**Date** : 09.08.2022

**Venue** : Satna

**Topic** : Celebrating Azadi Ka Amrit mahotsav on Contraception Day

**Summary** : Celebrating Azadi Ka Amrit mahotsav along with contraception Day with Asha workers Under the banner of Jabalpur Obstetric and Gynaecological Society Also give talk on Cancer Awareness to Aasha Workers under the banner of Jabalpur Menopause society.



# WEBINAR ON ACUTE COMPLICATIONS ON PREGNANCY

**Date** : 18.08.2022

**Venue** : Virtual programme on Zoom

**Topic** : Webinar on Acute Complication on Pregnancy

**Summary** : Webinar on Acute Complications in pregnancy with FOGSI IAEC Committee in Central Zone India MP





**FOGSI IAEC COMMITTEE PRESENTS**  
Webinar On Acute Complications In Pregnancy  
Central Zone India M.P

THURSDAY  
**18TH AUG**  
8 PM TO 10:30 PM

**CHIEF GUEST**

**DR. SHANTHAKUMARI**  
PRESIDENT FOGSI

**DR. LEELA JOSHI**  
M.D, FICOG, PADMASHREE AWARDEE

**DR. MADHURI PATEL**  
SECRETARY GENERAL FOGSI

**GUESTS OF HONOUR**

**DR. JYOTI BINDAL**  
VICE CHANCELLOR SRI AURORINDO UNI, INDORE

**DR. ROZA OLYAI**  
V.P FOGSI 2014

**DR. VIDHYA PANCHOLI**  
COSMETIC SURGEON

**CONVENOR**

**DR. VARSHA BASTE**  
CHAIRPERSON  
FOGSI IAEC COMMITTEE

**COORDINATORS**

**DR. PRATIBHA SINGH**  
NATIONAL COORDINATOR  
OF IAEC COMMITTEE

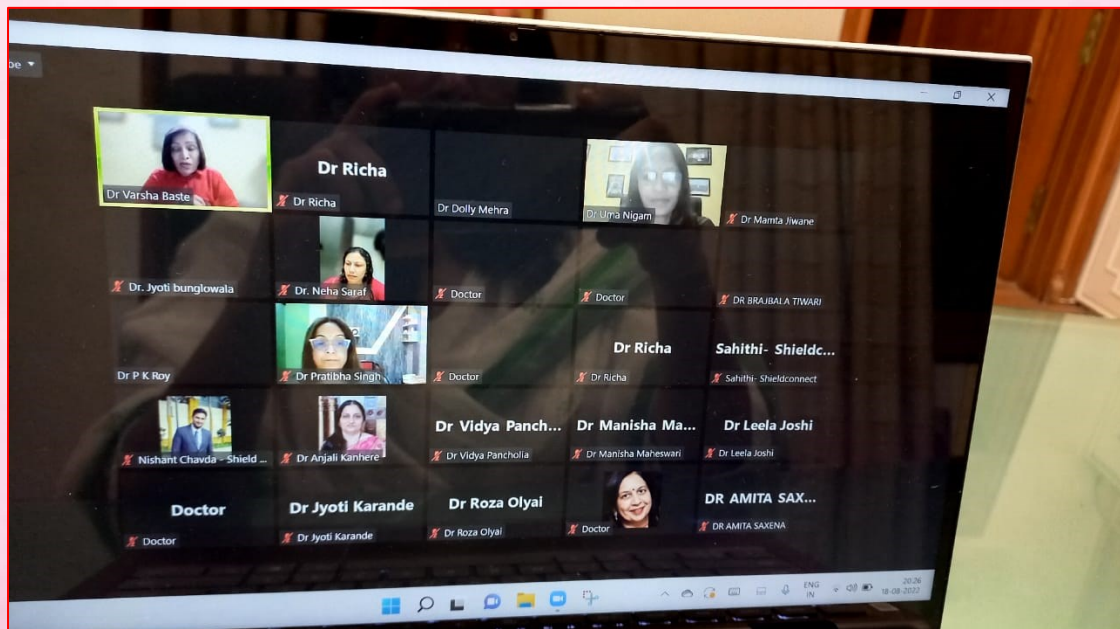
**DR. SHASHIBALA BHONSALE**  
PRESIDENT GOGS

**MOCS**

**DR. DOLLY MEHRA**  
SR. GYNAECOLOGIST, RATLAM

**DR. JYOTI BUNGLOWALA**  
VICE PRESIDENT INDORE OBGY

| SPEAKER   | TOPICS   | CHAIRPERSONS   |
|---|--|--|
| <br><b>DR. NACHAPPA SIVANESAN</b><br>UK ORTHOPAEDIC SURGEON          | <b>RESEARCH IN UK FOR MEDICAL STUDENTS</b>   | <br>MONICA JINDAL SINGH<br><br>DR PREETY GUPTA<br><br>DR NEHA SARAF               |
| <br><b>DR. ASHA BAXI</b><br>VP FOGSI                                 | <b>ECTOPIC PREGNANCY MANAGEMENT</b>  | <br>DR ANJALI KANHERE<br><br>DR MUDITA JAIN<br><br>DR. SHAILBALA SHRIVASTAV       |
| <br><b>DR. ARCHANA BASER</b><br>VP FOGSI                             | <b>ABRUPTIO PLACENTAE</b>  | <br>DR AMITA SAXSENA<br><br>DR RICHA DHIRAWANI<br><br>DR PADMA SHUKLA            |
| <br><b>DR. KAWITA BAPAT</b><br>VP FOGSI                            | <b>ACUTE ABDOMEN IN PREGNANCY</b><br><br>SPEAKERS TALK TIME 15 MINS                                      | <br>DR BRAJBALA TIWARI<br><br>DR JYOTI KARANDE<br><br>DR MANISHA MAHESHWARI |
| <b>PANEL DISCUSSION</b>   |  |  |
| <b>MODERATOR</b>  | <b>ACUTE COMPLICATIONS IN PREGNANCY</b>  |  |
| <br><b>DR. VARSHA BASTE</b><br>CHAIRPERSON<br>FOGSI IAEC COMMITTEE | <b>PANELISTS</b>   |  |
| <b>CO-MODERATOR</b>   | <br>DR P K ROY      | <br>DR YAMINI MANEKAR   |
| <br><b>DR. SHASHIBALA BHONSALE</b><br>PRESIDENT GOGS               | <br>DR RICHA SHARMA | <br>DR JAGRITI NAGAR  |
|   | <br>DR MAMTA JIWANE | <br>DR. TARUNA SHARMA   |
|   | <br>DR UMA NIGAM    | <br>DR SHANU AGRAWAL  |



## CONTRACEPTION AWARENESS PROGRAMME

- Date** : 19.08.2022  
**Venue** : Jabalpur hospital & Research Centre, Jabalpur  
**Topic** : Contraception Programme for Nurses  
**Summary** : Contraception Programme for Nurses at JHRC by Dr Richa Dhirawani



## TREE PLANTATION

- Date** : 20.08.2022  
**Venue** : Naik Nursing Home  
**Topic** : Tree Plantation  
**Summary** : Tree Plantation at Naik nursing home



# ADOLESCENT HEALTH EDUCATION

**Date** : 23.08.2022

**Venue** : Botany Deptt Home Science College

**Topic** : Adolescent Education and PCO Awareness

**Summary** : Adolescent Education and PCO Awareness at Botany Deptt Home Science College by Dr Neena Shrivastava



# MANAGEMENT COMMITTEE MEETING WITH IMA WDW

**Date :** 25.08.2022

**Time :** 4-6 PM

**Venue:** Hotel Krishna

**Agenda:** An Executive Body Meet was clubbed with IMA Women's doctors wing was conducted in order to work together comprehensively for women's health:

- ★ Anaemia Prevention
- ★ Preventive Oncology
- ★ Adolescent Health



| S.No. | Doctor's Name.          | Sign        |
|-------|-------------------------|-------------|
| 1     | Dr. Karen Shaw          | [Signature] |
| 2     | Dr. Sonal K             | [Signature] |
| 3     | Dr. Nishi Jain          | [Signature] |
| 4     | Dr. Jigyasa             | [Signature] |
| 5     | Dr. Bharti Salun        | [Signature] |
| 6     | Dr. Sangeeta Khurana    | [Signature] |
| 7     | Dr. Roma Meeg           | [Signature] |
| 8     | Dr. Pratiksha Harshney  | [Signature] |
| 9     | Dr. Richa Bahasari      | [Signature] |
| 10    | Dr. Nisha Sinu          | [Signature] |
| 11    | Dr. Namrata Thakur      | [Signature] |
| 12    | Dr. Rakhi Singh         | [Signature] |
| 13    | Dr. Reshi P. Bhatnagar  | [Signature] |
| 14    | Dr. Sangeeta Shivastava | [Signature] |
| 15    | Dr. Sonam Nair          | [Signature] |
| 16    | Dr. Neeru Shrivastava   | [Signature] |
| 17    | Dr. K. Raza             | [Signature] |
| 18    | Dr. A. Singh            | [Signature] |
| 19    | Dr. S. Jandale          | [Signature] |
| 20    | Dr. Kavita N. Singh     | [Signature] |
| 21    | Dr. P. Sharma           | [Signature] |
| 22    | Dr. Anika Agarwal       | [Signature] |
| 23    | Dr. Archana Thakur      | [Signature] |
| 24    | Dr. Sonal Salun         | [Signature] |
| 25    | Dr. Archana Shrivastava | [Signature] |
| 26    |                         |             |
| 27    |                         |             |

# ORGAN DONATION RALLY WITH INNER WHEEL CLUB

**Date** : 26.08.2022  
**Venue** : Shivanand Stadium to Pentinaka, Jabalpur  
**Topic** : Organ Donation Rally with Inner Wheel Club



## GARBH SANSKAR PROGRAMME

**Date** : 27.08.2022

**Venue** : BharmakumariCenter, Jabalpur

**Topic** : Garbh Sanskar Program

**Agenda** : Garbh Sanskar Program on at Bharmakumari center by Dr Pushpa Pandey Dr Richa baharani



## SAAMUHIK GARBH SANSKAR

**Date** : 28.08.2022

**Venue** : Gayatri Peeth, Jabalpur

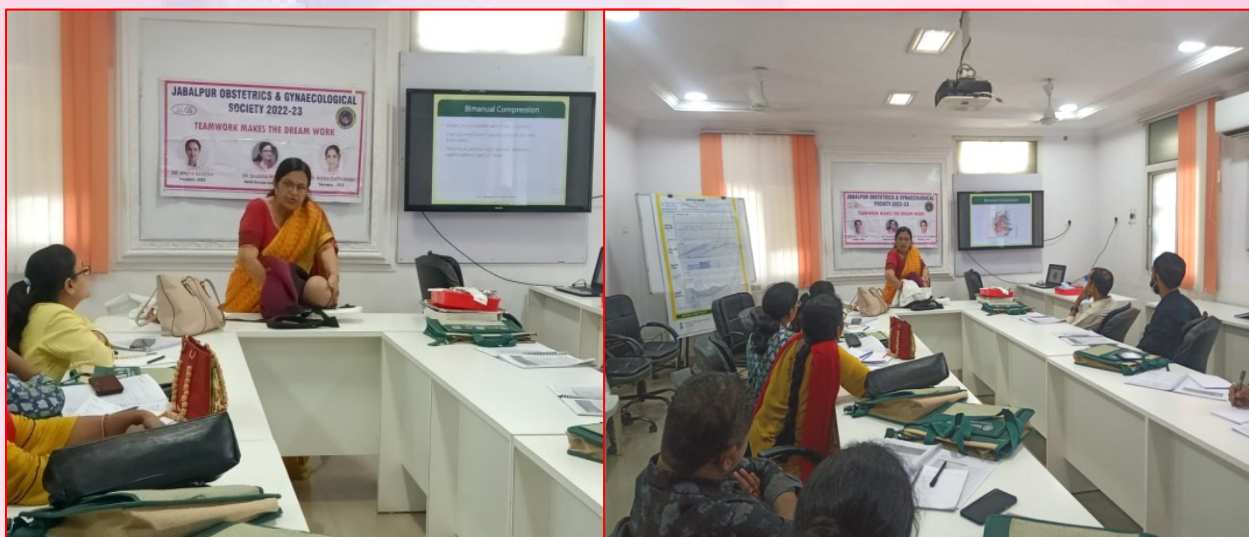
**Topic** : SaamuhikGarbh Sanskar

**Agenda** : SaamuhikGarbh Sanskar at Gayatri Peeth by Dr Amita Saxena



## PREVENTION AND MANAGEMENT OF PPH TRAINING FOR DOCTORS

**Date** : 31.08.2022  
**Venue** : NHM Jabalpur Division, Jabalpur  
**Topic** : Prevention and Management of PPH Training to Doctors  
**Agenda** : Prevention And Management of PPH training to doctors of Jabalpur division by Dr Sharda Mishra



## AWARENESS PROGRAMME ON MENSTRUAL HYGIENE

**Date** : 28.08.2022  
**Venue** : Sahu Mahila Samiti, Jabalpur  
**Topic** : Awareness programme on Menstrual Hygiene  
**Summary** : Global Menstrual Hygiene Day Awareness talk given by Dr Nisha Sahu on 28.5.2022 at Sahu Mahila Mandal. Their queries regarding Menstrual Cup and other questions were answered and Sanitary napkins were distributed

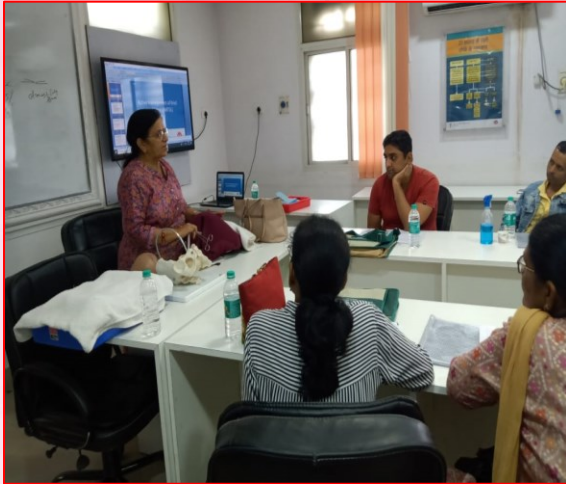
## FOGSI QUIZ COMMITTEE WITH JOGS ON MISCARRIAGE

Fogsi Quiz committee with JOGS on Miscarriages

1. Dr Jigyasa Dengra
2. Dr Deepshikha Sahu
3. Dr Dipika Dewani
3. Dr Sulekha Dewani

## SAFE DELIVERY TO DOCTORS

**Date** : 01.09.2022  
**Venue** : CMHO Office  
**Topic** : Safe Delivery to Doctors of Jabalpur Division  
**Summary** : Session on safe delivery to doctors of Jabalpur division



## ADOLESCENT PCOS AWARENESS

**Date** : 02.09.2022  
**Topic** : Adolescent PCOS Awareness Programme  
**Venue** : Mannul Trust Hospital, Dixitpura, Jabalpur  
**Summary** : Adolescent PCOS Awareness Programme by Dr Sulekha Dewani



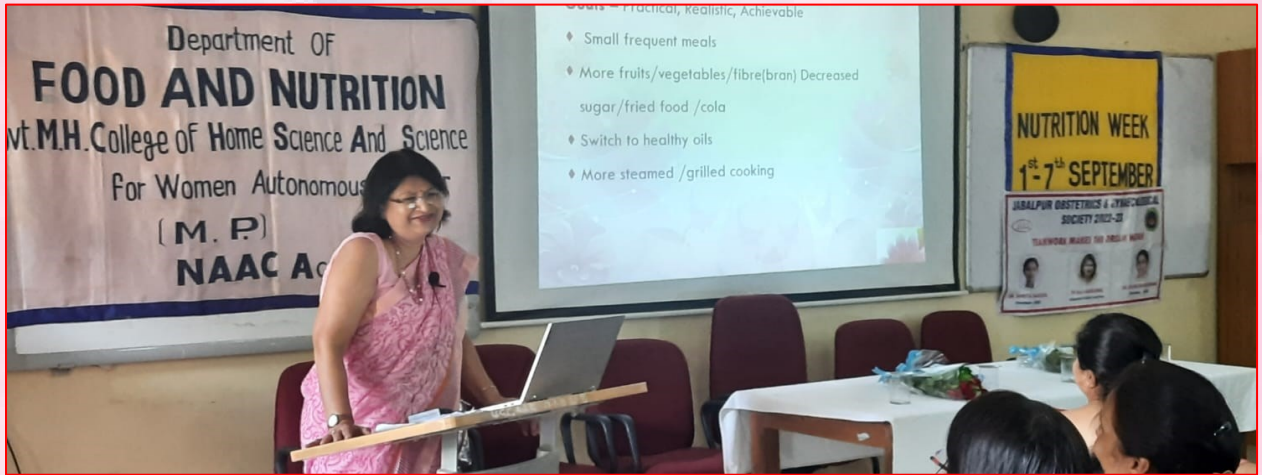
# ADOLESCENT PCOS AWARENESS

**Date** :02.09.2022

**Topic** :Adolescent PCOS Awareness Programme

**Venue** :Home Science Govt. College

**Summary** :Adolescent PCOS Awareness Programme by Dr Alka Agrawal at Home Science Govt. College.



# CME ON COSMETIC GYNAECOLOGY

**Date** : 04.09.2022

**Venue** : Balaghat

**Topic** : CME conducted on Cosmetic Gynecology

**Summary** : 04.09.22 CME conducted on command gynecology with Balaghat OBGYN society.



# CME ON ENDOCRINOLOGY

**Date** : 04.09.2022  
**Venue** : Hotel Gulzar Tower, Jabalpur  
**Topic** : CME on Endocrinology with Mahi IVF and Diabetes centre.  
**Summary** : JOGS members attended the meeting.



# HEALTH CHECKUP AND AWARENESS TALK

**Date** : 04.09.2022

**Venue** : St Joseph Convent Higher Secondary School, Sadar

**Topic** : Health Checkup & Health Awareness talk

**Summary** : Health checkup and awareness talk organized by Dr Sonal Richhariya & Dr Roma S Nag.



# NETRADAN RALLY FOR COMMUNITY AWARENESS

- Date** : 04.09.2022  
**Venue** : Wright Stadium – Bus stand – Fuhara- Karamchand Chowk  
**Topic** : Eye Donation Rally  
**Summary** : Netradan Rally Participated JOGS



**श्रद्धांजलि**

## नेत्रदान जागरूकता रैली



दिनांक 04.09.2022    दिन: रविवार    समय: सुबह 9 बजे

**स्थान: साइव्हाउन स्टेडियम, सत्य अशोका गेट**

**जरूर आइये**  
क्या आपको पता है विश्व के कौनोंयल अंधत्व एक तिहाई भारत में है?  
नेत्रदान का प्रतिशत हमारे देश में बहुत कम है ?  
लगभग एक करोड़ लोगों को नेत्रकी जरूरत है, ये सब भी हमारी तरह इस दुनिया को देखना चाहते हैं,  
आइए इनकी सहायता करें ।

सौजन्य से: इंडियन मेडिकल एसोसिएशन जबलपुर | मध्य प्रदेश नर्सिंग होम एसोसिएशन | जबलपुर स्त्री रोग विशेषज्ञ संघ | आई एम ए तुमन डॉक्टर्स सिंग  
नेत्र दान रैली में भाग लें, नेत्र दान का संकल्प लें, और लोगों को नेत्र दान के लिए प्रेरित करें



# ADOLESCENT HEALTH EDUCATION

**Date** : 05 .09.2022

**Venue** : Nachiketa College, Vijay Nagar, Jabalpur

**Topic** : Adolescent Health Education

**Summary** : Adolescent Health Education at Nachiketa School By Dr Sangeeta Shrivastava



## HEALTH CHECKUP CAMP

**Date** : 08.09.2022

**Venue** : Majholi Village Dist. Jabalpur

**Topic** : Health Awareness camp

**Summary** : Health Awareness & Checkup camp at Majholi by Dr Sneha Methwani And she gave information on anemia and preconceptional counselling.



## HEALTH CHECKUP CAMP

**Date** : 09.09.2022

**Venue** : VijanPalce Hotel

**Topic** : Health check up camp for staff

**Summary** : Health check up camp for staff by Dr Sharda Mishra



# HEALTH AWARENESS PROGRAMME

**Date** : 10.09.2022

**Venue** : St. Norbert H S School

**Topic** : Health Awareness Programme

**Summary** : Health Awareness Programme at St. Norbert H S School by Dr Amita Saxena and Dr Neena Shrivastava



# ANNUAL NATIONAL CONFERENCE CONTRACEPTION & POPULATION STABILIZATION

“Reaching the unreached”

ICOG-2 POINT

**Date :** 10.09.2022

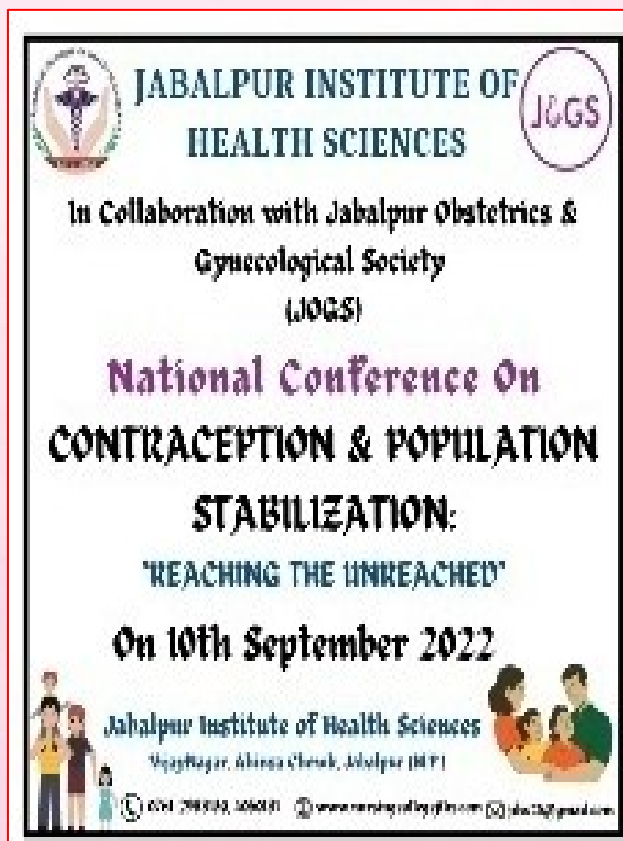
**Time :** 9 AM - 4 PM

**Venue:** Jabalpur Institute of Health Sciences, Vijay Nagar

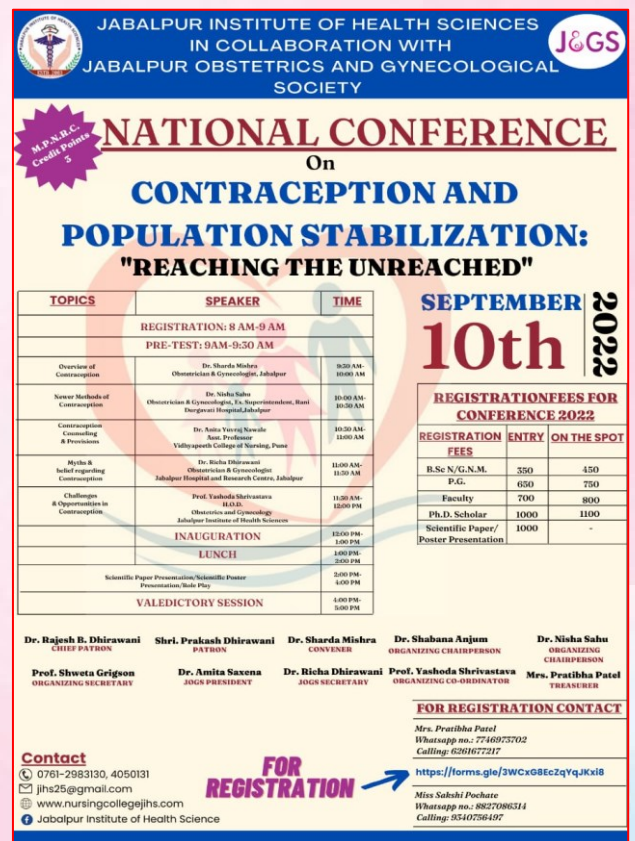
**Summary:** On May 10<sup>th</sup> September 2020, Jabalpur Institute of Health Sciences with JOGS Conducted National Conference On CONTRACEPTION & POPULATION STABILIZATION “Reaching the unreached”

The organizing team was Dr. Rajesh B Dhirawani Chief Patron, Shri Prakash Dhirawani Patron, Dr. Sharda Mishra Convener, Dr. Shabana Anjum Organizing Chairperson, Dr. Nisha Sahu Organizing Co-Chairperson, and Prof Shweta Grigson Organizing secretary Dr. Anita Saxena JOGS President, Dr. Richa Dhirawani JOGS Secretary, Prof. Yashodha Shrivastava Organizing Co-Ordinator.

The chief Guest of the event was Mr. Jagat Bahadur Singh Mayor Jabalpur. The guest of honor was Dr. Sanjay Mishra Chief Medical Health officer Jabalpur (M.P.) released the Conference SOUVENIR 2022.



**JABALPUR INSTITUTE OF HEALTH SCIENCES**  
In Collaboration with Jabalpur Obstetrics & Gynecological Society (JOGS)  
**National Conference On CONTRACEPTION & POPULATION STABILIZATION: "REACHING THE UNREACHED"**  
On 10th September 2022  
Jabalpur Institute of Health Sciences  
Vijay Nagar, Ahinsa Chaurak, Jabalpur (M.P.)



**JABALPUR INSTITUTE OF HEALTH SCIENCES**  
IN COLLABORATION WITH  
**JABALPUR OBSTETRICS AND GYNECOLOGICAL SOCIETY**

**NATIONAL CONFERENCE**  
On  
**CONTRACEPTION AND POPULATION STABILIZATION: "REACHING THE UNREACHED"**

**SEPTEMBER 10th 2022**

| TOPICS  | SPEAKER   | TIME              |
|---|---|-------------------|
| REGISTRATION: 8 AM-9 AM   |   |                   |
| PRE-TEST: 9AM-9:50 AM   |   |                   |
| Overview of Contraception   | Dr. Sharda Mishra<br>Obstetrician & Gynaecologist, Jabalpur   | 9:50 AM-10:00 AM  |
| Newer Methods of Contraception  | Dr. Nisha Sahu<br>Obstetrician & Gynaecologist, Ex. Superintendent, Bani Bargarwal Hospital, Jabalpur             | 10:00 AM-10:30 AM |
| Contraception Counseling & Prescriptions                                      | Dr. Anita Vijay Kowale<br>Asst. Professor<br>Vidyaapeeth College of Nursing, Panna                                | 10:30 AM-11:00 AM |
| Myths & Facts regarding Contraception   | Dr. Richa Dhirawani<br>Obstetrician & Gynaecologist<br>Jabalpur Hospital and Research Centre, Jabalpur            | 11:00 AM-11:30 AM |
| Challenges & Opportunities in Contraception                                   | Prof. Yashodha Shrivastava<br>M.B.B.S.<br>Obstetrician and Gynaecologist<br>Jabalpur Institute of Health Sciences | 11:30 AM-12:00 PM |
| INAUGURATION  |   |                   |
| LUNCH   |   |                   |
| Scientific Paper Presentation/Scientific Poster Presentation: 2:00 PM-4:00 PM |   |                   |
| VALEDICTORY SESSION   |   |                   |

| REGISTRATION FEES FOR CONFERENCE 2022 |       |             |
|---------------------------------------|-------|-------------|
| REGISTRATION                          | ENTRY | ON THE SPOT |
| FEES                                  |       |             |
| B.Sc N/G.N.M.                         | 350   | 450         |
| P.G.                                  | 650   | 750         |
| Faculty                               | 700   | 800         |
| Ph.D. Scholar                         | 1000  | 1100        |
| Scientific Paper/Poster Presentation  | 1000  | -           |

**FOR REGISTRATION CONTACT**  
Mrs. Pratibha Patel  
Whatsapp no.: 7748972702  
Calling: 6281677217  
<https://forms.gle/3WCxG8EcZqYqJKx18>

**Contact**  
0761-2983130, 4050131  
jhs25@gmail.com  
www.nursingcollegejhs.com  
Jabalpur Institute of Health Science

**FOR REGISTRATION**

The college also organized different competitions based on the national conference:- Scientific Paper Presentation, Role play, Rangoli, Poster & Slogan Competition

Then there was valedictory session at 4pm the Chief Guest for this session was Dr Kavita N Singh HOD, Dept of Obgyn N.S.C.B Medical College, Jabalpur in which there was prize distribution for the different competitions which was held one day before the conference. The students were awarded with Shields and Certificates.

The National conference was ended with National Anthem



# NATIONAL CONFERENCE FOR JOGS WITH JIHC



## CME ATTENDED at BALAGHAT

**Date** : 11.09.2022

**Venue** : Balaghat

**Topic** : Awareness on Aao Gadhein Sanskar Peedhi

**Summary** : Aao Gadhein SanskarPeedhi by Dr Amita Saxena at Balaghat



# CME ON PERINEONATOLOGY WITH PEDIATRICS

**Date** : 11.09.2022  
**Venue** : Hotel Krishna, Wright Town, Jabalpur  
**Topic** : CME on Perineonatology on Breastfeeding with Jabalpur Academy of Paediatrics.



**JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY**  
 With **JABALPUR ACADEMY OF PEDIATRICS**  
**TEAMWORK MAKES THE DREAM WORK**

Invites you all for a CME on Perineonatology

Date : 11<sup>th</sup> Sep 22 Sunday, Time 09:15am to 04:00 pm  
 Venue : Hotel Krishna

| SESSION I        |  | PROGRAMME DETAILS   | CHAIRPERSONS                            |
|------------------|--|---|---|
| 9:15-9:30 AM     | Welcome Address  |   |   |
| 9:30-10:15 AM    | Panel Discussion<br>Understanding the local challenges                               | EVERYONE : Questions<br>1. Your commonest challenges<br>2. What do you think is the solution? | Dr Sharda Mishra<br>Dr Neetu Yadav      |
| 10:15-11:00AM    | Clinical lactation skills to manage day to day breastfeedinghicups in your practice. | Dr Shacchee Baweja ( MBBS,DCH,IYCF, IBCLC)  | Dr Ajay Saraf<br>Dr Nidhi Jain          |
| 11:00 - 1:45AM   | Role of Gadgets Galactagegues and Supplemental Feedings in Breastfeeding             | Dr Shacchee<br>Ms Divya Sriharan  | Dr Monica Lazarus<br>Dr Manju Shankaran |
| 11:45-12:15 PM   | <b>INAUGURATION &amp; LAMP LIGHTNING</b>   |   |   |
| <b>SESSION I</b> |  |   |   |
| 12:00-12:45 PM   | <b>LUNCH AND Q &amp; A SESSION</b>   |   |   |
| 2.30-3.30 PM     | Troubleshooting Breastfeeding Challenges (Aversions, breast pain, relaxation)        | Ms Divya Sriharan (BE, IYCF, MIYCAN, ACLP)  | Dr Neera Kumar<br>Dr Neeta Pole         |
| 3.30PM-4.00PM    | Q & A  | Dr Shacchee and Ms Divya.   |   |

  
 Dr. Amita Saxena  
President - JOGS

  
 Dr. Richa Dhirawani  
Secretary - JOGS

  
 Dr. Neeta Pole  
President - JAP

  
 Dr. Sonica Agrawal  
Secretary - JAP

**Programme is followed by Lunch**

**JABALPUR ACADEMY OF PEDIATRICS**  
 Date : Sunday, 11<sup>th</sup> Sep 2022  
 Venue : Hotel Krishna, Jabalpur  
**DR. NEETA POLE**  
 President - JAP  
**DR. SONICA AGRAWAL**  
 Secretary - JAP

# CME ON PERINEONATOLOGY WITH PEDIATRICS



## THALLESEMIA AWARENESS PROGRAMME

**Date** : 18.09.2022

**Venue** : Maa Rewa Smiti, Jabalpur

**Topic** : Thalesemia Awareness programme Maa Rewa Smiti by Dr Amita Saxena Dr Richa Dhirawani



## AWARENESS TALK ON ADOLESCENT PROBLEMS

**Date** : 22.09.2022

**Venue** : Majholi Chief Minister Rise School, Dist-Jabalpur

**Topic** : Talk on adolescent problems & ways to deal

**Agenda** : Talk on adolescent problems & ways to deal importance of meditation & self hygiene explained.



## AWARENESS ON PERIMENOPAUSAL PROBLEMS AND SOLUTIONS

**Date** : 23.09.2022

**Venue** : Laxmikant Memorial School, Jabalpur

**Topic** : Perimenopausal problems and solutions awareness program

**Agenda** : Awareness programme was organised for staffMembers and parents of students at laxmikant memorial school very interactive session Dr Neena Shrivastava and Dr Richa Dhirawani addressed the session.



## GARBH SANSKAR PROGRAMME

**Date** : 24.09.2022

**Venue** : BrahmakumariesCentre, Jabalpur

**Topic** : Garbh Sanskar programme at Brahmakumaries by Dr Richa Baharani  
Dr Pushpa Pandey



## GENERAL BODY MEETING

**Date :** 24.09.2022

**Time :** 4 - 6 pm

**Venue:** Hotel Krishna

**Agenda:** Photo shoot of FOGSI West Zonal Conf. with Yuva  
General body meeting was organized photoshoot for the souvenir of FOGSI WEST ZONAL CONF. WITH YUVA



# CME ON ULTRASOUND IN OBSTETRICS & GYNAECOLOGY

Date : 25.09.2022

Venue : Narmada Jacksons Hotel, Jabalpur

Topic : CME on Ultrasound in Obstetrics & Gynaecology

Dr Pallavi Gohlani, SR NSCB Medical College, Jabalpur delivered a talk on overview of ultrasound in OBGYN in presence of Dr Ashok Khurana who conducted rest of the sessions on Fibroid Mapping, placenta and Ovarian Tumour

ICOG 1 POINT



**JABALPUR OBSTETRICS & GYNAECOLOGICAL SOCIETY**  
(Affiliated to The Federation of Obstetrics & Gynaecological Societies of India)

**J&GS** TEAMWORK MAKES THE DREAM WORK

Invites you to  
**CME ON ULTRASOUND IN OBSTETRICS & GYNAECOLOGY**

25<sup>th</sup> Sep, 2022, Sunday | From 10 AM To 1 PM  
Venue : Narmada Jacksons Hotel, Jabalpur

**Expert Speakers**

**DR ASHOK KHURANA**  
Director - Senior Fetustician  
Consultant - Genitourinary &  
Vascular Ultrasound @ The  
Ultrasound Lab, Delhi. Director  
: The Institute of Fertility  
Fulfillment Research Delhi

**SESSION I**

**CHAIRPERSONS** : DR D'PANKAR BANERJI, DR DEEPAK SAHU, DR VISHAL RATHORE

|                                  |                    |
|----------------------------------|--------------------|
| Overview of Ultrasound in Ob-Gyn | Dr Pallavi Gohlani |
| Placenta : All You Need to Know  | Dr Ashok Khurana   |

**SESSION II**

**CHAIRPERSONS** : DR MANISH TIWARI, DR ANITA BUDHRANI, DR DEVASHISH MISHRA

|   |                  |
|---|------------------|
| Fibroid Mapping & Its Standardisation           | Dr Ashok Khurana |
| Panel Discussion : Many Faces of Ovarian Tumour | Dr Ashok Khurana |

**Dr Amita Saxena**  
President - J&GS

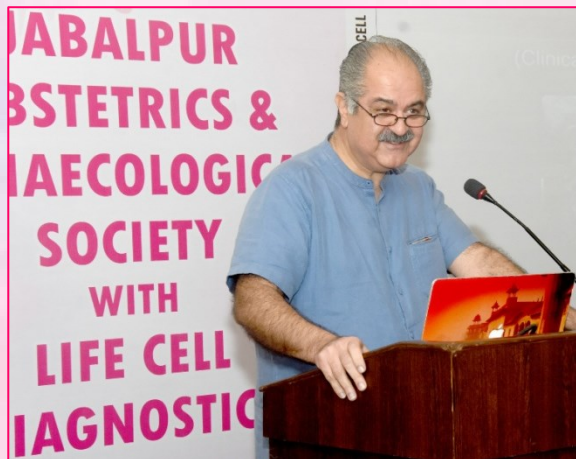
**Dr Richa Dhirawani**  
Secretary - J&GS

**LifeCell**

Programme is followed by Lunch



# CME ON ULTRASOUND IN OBSTETRICS & GYNAECOLOGY



# HEALTH AWARENESS PROGRAMME

**Date** : 26.09.2022

**Topic** : Health Awareness Talk

**Agenda** : Health Awareness Talk by Dr Amita Saxena



## HEALTH CHECKUP CAMP FOR WOMEN POLICE

**Date** : 27.09.2022

**Venue** : Police Hospital, Jabalpur

**Topic** : Health check up camp

**Summary** : Health check up camp organised for mahila police and female of police family by Dr Sharda Mishra



## AWARENESS TALK ON PCOS & MENSTRUAL HYGIENE

**Date** : 27.09.2022

**Venue** : Beoharbag Senior Secondary Girls School, Jabalpur

**Topic** : Talk about anemia pcos and menstrual hygiene

**Summary** : Talk about anemia, pcos and menstrual hygiene given by Dr kusumjain, drkomal. Jain in kj memorial hospital in an interactive session with beoharbag senior secondary girls school.



# HEALTH AWARENESS PROGRAMME

**Date** : 13.10.2022

**Venue** : Sarvottam School, Majholi

**Topic** : Adolescent Health Awareness programme

**Summary** : Adolescent Health Awareness programme at Sarvottam School by Dr Sneha Methwani Adolescent awareness programme @ majholi.... peaceful mind can do wonders.... importance of meditation,self wellness, nutrition,self awareness...common problem... importance of menstrual hygiene...cleared the myths on menstruation....

Sarvottam higher secondary school

100+girls with teachers.,were involved.



# WOMEN HEALTH AWARENESS TALK

**Date** :18.10.2022

**Topic** : Women Health Awareness talk

**Venue** :Khushi Sanstha underprivileged society

**Summary** :On the occasion of Diwali,New clothes were distributed and hygiene and health education was given to young children of underprivileged society.



## CANCER AWARENESS PROGRAMME

**Date** : 20.10.2022

**Venue** : Naik Nursing Home

**Topic** : Cancer Awareness Programme

**Summary** : Cancer Awareness by Dr Swaraj Naik & Dr Neena Shrivastava at Naik Nursing Home



## TRAINING PROGRAMME TO DOCTORS OF JABALPUR DIVISION

**Date** : 20.10.2022

**Venue** : Satna

**Topic** : Garbh Sanskar Programme

**Summary** : Training to Doctors of Jabalpur division regarding management of shock And CPR by Dr Sharda Mishra



# BREAST CANCER AWARENESS PROGRAMME

**Date** : 23.10.2022

**Venue** : Mannu Lal Trust Hospital

**Topic** : Breast Cancer Awareness Programme

**Summary** : Breast Cancer Awareness Programme at Mannu Lal Trust Hospital by Dr Sulekha Dewani



# DR NISHA SAHU RECEIVED MS SIGNATURE AWARD

**Date** : 24.10.2022

**Venue** : Nagpur

**Topic** : Best community service award on Cancer

**Summary** : MS Signature Award Dr Nisha Sahu



## BREAST CANCER AWARENESS PROGRAMME

**Date** : 25.10.2022

**Venue** : Saptarishi Hospital

**Topic** : Breast Cancer Awareness

**Summary** : Breast Cancer Awareness done by Dr Preeti Jain - oncosurgeon at Saptarishi Hospital.



## CANCER AWARENESS PROGRAMME

**Date** : 27.10.2022

**Venue** : Swastik Hospital

**Topic** : Cancer Awareness Programme

**Summary** : Cancer Awareness Camp at Swastik hospital with Dr Nisha Sahu, Dr Roma S Nag, Dr. Kaveri Shaw and many members for wellness of society



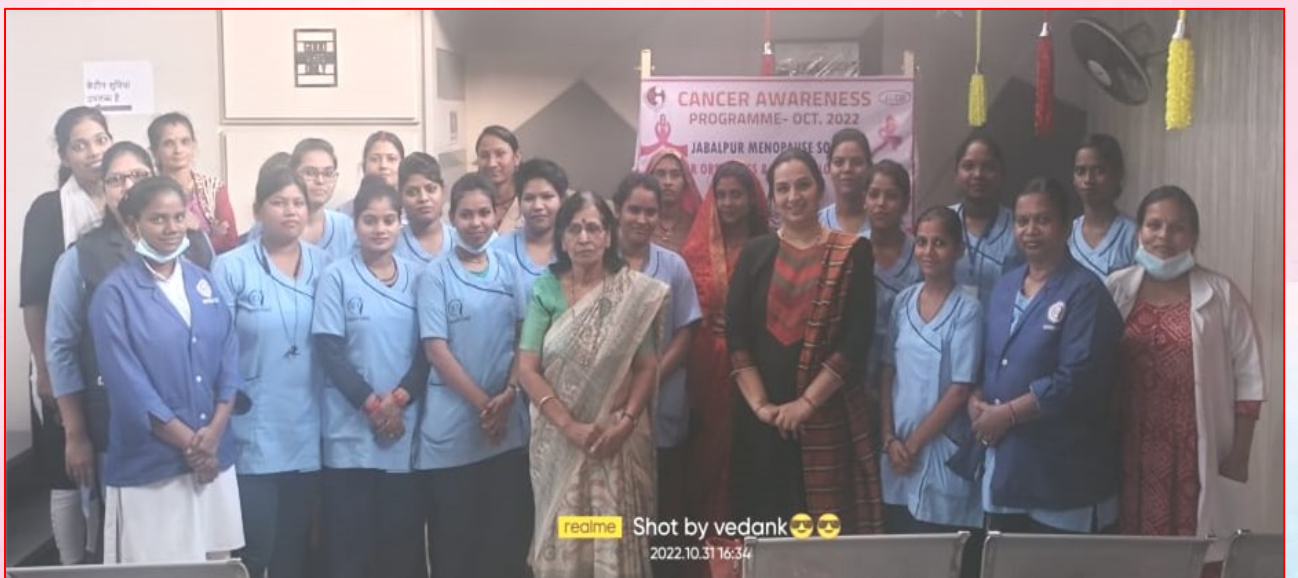
# CANCER AWARENESS PROGRAMME

**Date** : 28.10.2022

**Venue** : KGN Hospital, Jabalpur

**Topic** : Cancer Awareness Programme

**Agenda** : Awareness talks regarding Cervical Cancer and Breast Cancer given by Dr Komal Jain and Dr Kusum Jain



# FETUSCON 2022

ICOG 4 POINT

Date : 06.11.2022

Time : 9 AM - 6 PM

Venue : Hotel Jacksons, Civil Lines, Jabalpur

National Faculty: Dr Chinmayee Rath, Chairperson FOGSI Perinatology committee

Dr Prajnaya Ranganathan who is a Paediatrician with DM Genetics

**Summary:** An annual conference on fetal medicine and genetics is organized by JOGS and Bannerji Research Foundation under the able leadership of Dr D'panker Bannerji

Every year various national and international faculties participate in this year Dr Chinmayee Rath, Chairperson FOGSI Perinatology committee had come in the Annual conference of Fetuscon. Dr Prajnaya Ranganathan who is a Paediatrician with DM Genetics was also a speaker in this conference.

A quiz for organized for the Postgraduate on the theme of Fetal medicine and genetics On 6th November 2022.

Overall almost 150 delegates Including the periphery attended the Conference.

|                      |   |
|----------------------|---|
| <b>REGISTRATION:</b> | Rs. 500/- (On Spot)   |
| <b>BREAKFAST :</b>   | 9.00 am to 9.45 am  |
| <b>Session 1</b>     |   |
| Moderator            | : Dr. Manisha Agrawal, Dr. Madhu Jain   |
| Chairperson          | : Dr. Varsha Arya, Dr. Mrinalini Jathar, Dr. Sarita Agrawal, Dr. Uma Nigam  |
| 10.00 to 10.30 :     | <b>Geneticist's opinion : In Whom and When...</b><br>Dr.Prajnya Ranganath   |
| 10.45 to 11.00 :     | <b>NIPT current scenario...</b> Dr.Deepti Gupta   |
| <b>Session 2</b>     |   |
| Moderator            | : Dr. Abha Pathak, Dr. Neetu Paraste  |
| Chairperson          | : Dr. Rajeshwari Kushram, Dr.Kanchan Neekhra, Dr.Gunjan Goswami, Dr.Padma Shukla  |
| 11.00 to 11.40 :     | <b>Sudden Fetal Demise...</b> Dr.Chinmayee Rath   |
| 11.40 to 12.10 :     | <b>Aneuploidy Screening...</b> Dr.Prajnya Ranganath   |
| 12.10 to 12.30 :     | <b>INAUGURATION AND LAMP LIGHTING</b>   |
| <b>Session 3</b>     |   |
| Moderator            | : Dr. Harsha Batra, Dr. Vandana Gupta   |
| Chairperson          | : Dr. Pragy Dhirawani, Dr. Bharti Sule, Dr. Namita Tiwari   |
| 12.30 to 1.15 :      | <b>IUGR , what is latest...</b> Dr.Chinmayee Rath   |
| 1.15 to 2.00 :       | <b>LUNCH</b>  |
| 2.00 to 2.45 :       | <b>Panel discussion:</b> Panelist : 1. Dr.Prajnya, 2. Dr.Chinmayee, 3. Dr.Deepti Gupta, 4. Dr. Abhishek Goswami, 5. Dr.Anuj Jain, Dr. Sangeeta Shrivastava<br>Questions will taken from Doctors and to be conducted by Dr. D'Pankar Banerji and Dr.Sneh Choubey |
| <b>Session 4</b>     |   |
| Moderator            | : Dr. Shilpa Shomashekhar, Dr. Pradhnya Harshhe   |
| Chairperson          | : Dr. Kaveri Shaw, Dr.Madhu Jain, Dr.Namrata Jaiswal, Dr. Disha Pariyani  |
| 2.45 to 3.00 :       | <b>Bedside estimation of Down syndrome risk at NT scan...</b><br>Dr. D'Pankar Banerji   |
| 3.00 to 3.45 :       | <b>Obstetric Color Doppler :ISUOG guidelines...</b><br>Dr. Chinmayee Rath   |
| 4.00pm onwards :     | <b>Live demo:</b> Obstetric Color Doppler by Dr. Chinmayee Rath   |



**FETUSCON**  
CELEBRATING WORLD FETUS DAY

on the occasion of WORLD FETUS DAY (October 31)

**ANNUAL MEETING 2022**

**FETUS IN FOCUS**

**6 Nov, 22**  
SUNDAY

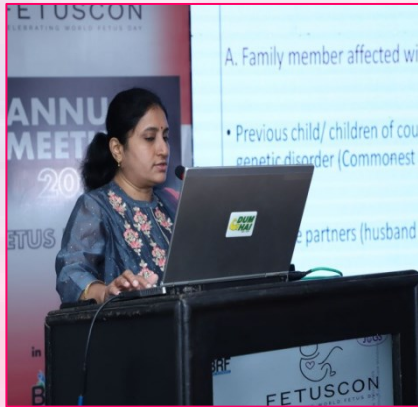
Hotel Naramda Jacksons, Jabalpur MP

|   |   |   |   |
|---|---|---|---|
| <br>Dr Prajnaya Ranganath<br>MBBS, MD (Pediatrics)<br>DM (Medical Genetics) | <br>Dr Chinmayee Rath<br>MBBS, MS<br>(Obs & Gynae) | <br>Dr Deepti Gupta<br>MBBS, MS<br>(Obs & Gynae) | <br>Dr D'Pankar Banerji<br>MBBS, MS<br>(Obs & Gynae) |
|---|---|---|---|

Hosted by: Banerji Research Foundation      Convener: Dr. D'Pankar Banerji      in association with JOGS  
Dr. Amita Saxena (President)  
Dr. Richa Dhirawani (Secretary)



# FETUSCON 2022



# CANCER AWARENESS PROGRAMME

**Date** : 08.11.2022

**Topic** : Cancer Awareness Programme

**Venue** : Saxena Cosmetic Clinic, Bhawartal, Jabalpur

**Summary** : Cancer Awareness program at Saxena Clinic by Dr Amita Saxena



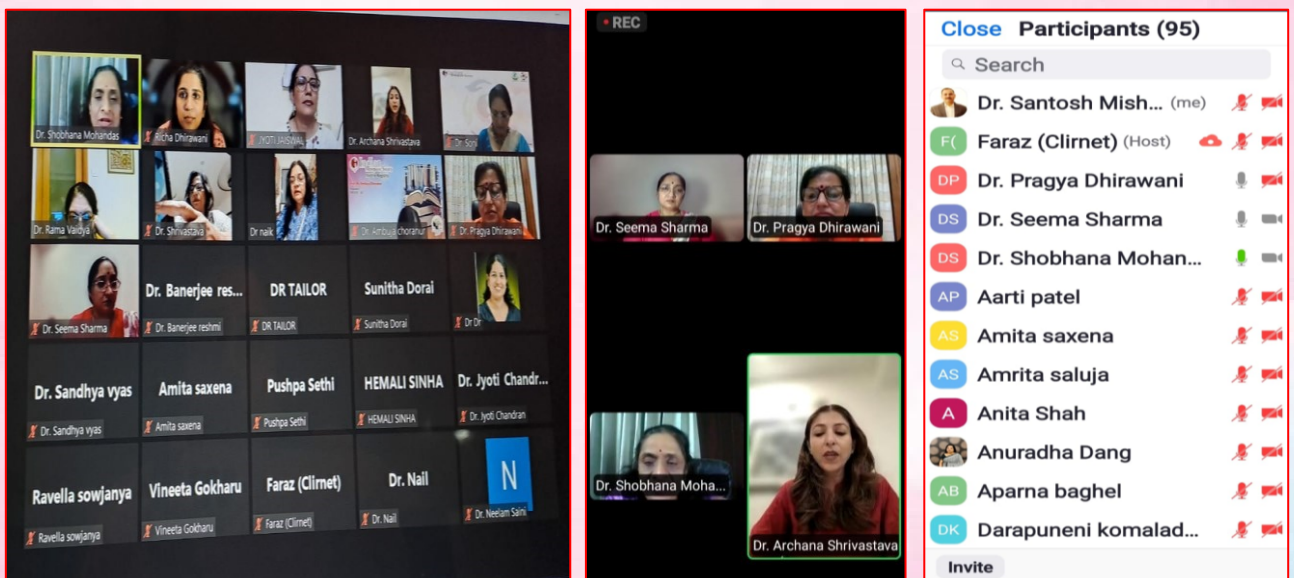
# WEBINAR ON VACCINATION IN MIDLIFE WOMEN

**Date** : 08.11.2022

**Venue** : Virtual Platform on Zoon

**Topic** : Webinar on Vaccination in Midlife Women's

**Summary** : Webinar on Vaccination in Midlife Women's on Zoom Platform



## ANAEMIA AWARENESS PROGRAMME

**Date** : 09.11.2022

**Venue** : Ukhri PHC, Jabalpur

**Topic** : Anaemia Awareness Programme

**Summary** : Anaemia awareness talk to ladies attended OPD for PMSMA at Ukhari on 9 November, 28 ANC, 4 high risk with PIH, 4 previous LSCS, Referred to Elgin hospital, 6 anemia referred to Manmohan Nagar for I/V iron sucrose.



## CANCER AWARENESS TALK

**Date** : 13.11.2022

**Venue** : Mandla

**Topic** : Cancer Awareness talk and VIA

**Summary** : Cancer Awareness talk and VIA at Mandla by Dr Sharda Mishra and Dr Rubina



# HEALTH CAMP - VIA PAP SMEAR

**Date** : 13.11.2022

**Venue** : NSCB Central Jail, Jabalpur

**Topic** : Health Camp - VIA Pap Smear for women prisoners

**Summary** : Cancer screening camp at NSCB central jail Jabalpur.150 Mahila kaidind staff of jail screened .60 pap smear done. by Dr Pragya Dhirawani, Dr Anuradha Dang, Dr Amita Saxena and Dr Lata Pariyani



## RADIO PROGRAMME ON PREMATURITY DAY

- Date** : 17.11.2022  
**Venue** : Radio FM, Jabalpur  
**Topic** : Radio program on Preterm Birth  
**Summary** : Radio program on Prematurity Day by Dr Nidhi Jain



## CANCER AWARENESS PROGRAMME

- Date** : 18.11.2022  
**Venue** : Manu Lal Trust Hospital, Jabalpur  
**Topic** : Cancer Awareness programme  
**Summary** : Cancer Awareness programme in MJT Hospital by Dr Sulekha Dewani



## ADOLESCENT HEALTH AWARENESS

**Date** : 21.11.2022

**Venue** : Billabong High International School. Jabalpur

**Topic** : Adolescent Health Awareness Programme

**Summary** : Adolescent Health Awareness Programme at Billabong High International School by Dr Richa Dhirawani and Dr Jatin Dhirawani.



## HEALTH CHECKUP CAMP

**Date** : 21.11.2022

**Venue** : Best Superspeciality Hospital

**Topic** : Nurses Education Programme

**Summary** : 21.11.22 Nurses Education Programme at Best Superspeciality Hospital by Dr Anshu Sahni.



## DIABETES RALLY PARTICIPATED JOGS

**Date** : 27.11.2022

**Venue** : Mahi Diabetes Centre to Blue Moon Chowk Teen Patti Square

**Summary** : Diabetes Rally – To Spread Awareness about Diabetes participated JOGS members.



# GARBH SANSKAR PROGRAMME

**Date** : 27.11.2022

**Venue** : Gayatri Nagar, Manmohan Nagar, Jabalpur

**Topic** : Garbhsanskar Activity Classes

**Summary** : Garbhsanskar Activity Classes by Dr Amita Saxena



# WORLD HIV AIDS DAY CELEBRATION

**Date** : 01.12.2022

**Venue** : N.S.C.B. MCH, Jabalpur

**Topic** : Poster and Rangoli competition

**Summary** : On the occasion we had an awareness address ,impactful skit by 1st year pgs which included every aspect of HIV/AIDS in pregnancy, slogan and poster presentation.Followed by prize distribution by Dean sir.



# WORLD HIV AIDS DAY CELEBRATION

**Date** : 01.12.2022

**Topic** : Awareness programme on HIV AIDS

**Venue** : Jabalpur Hospital & Research Centre, Jabalpur

**Summary** : World HIV Day at JHRC by Dr Pragya Dhirawani, Dr Sangeeta Shrivastava, Dr Priya Duggal , Dr Richa Dhirawani, Dr Jatin Dhirawani , Dr Baharani, Dr Namrata Seth



# AWARENESS TALK ON STRESS MANAGEMENT

**Date** :08.12.2022

**Topic** :Awareness talk on Stress Management

**Venue** :Madhya Pradesh Electricity Board Employees, Jabalpur

**Summary** :Talk on Stress Management by Dr Sangeeta Shrivastava for MPEB



## DOCTORS TRAINING OF JABALPUR DIVISION

**Date** : 08.12.2022

**Venue** : Jabalpur Division

**Topic** : Management of shock and CPR

**Summary** : Training to doctors of Jabalpur division regarding management of shock and CPR by Dr Sharda Mishra



## STRESS MANAGEMENT - DISTRESS TO DESTRESS

**Date** : 09.12.2022

**Venue** : Medical Wing of Brmhakumaris, Bhawartal Garden, Jabalpur

**Topic** : Stress Management - Distress to Distress

**Summary** : Stress Management - Distress to Distress at Bhawartal Garden by JOGS member



## GARBH SANSKAR ORIENTATION PROGRAMME

**Date** : 10.12.2022  
**Venue** : Jabalpur division  
**Topic** : Garbh Sanskar orientation to CHOs  
**Summary** : Garbh Sanskar orientation to CHOs of Jabalpur division by Dr Sharda Mishra



## CPR AND PPH TRAINING PROGRAMME

**Date** : 10.12.2022  
**Venue** : Regional Health & Family Welfare Training Centre, Jabalpur  
**Topic** : CPR and PPH training  
**Summary** : Skill Training Programme Participants of CPR and PPH training



# DOMESTIC VIOLENCE & CONTRACEPTION AWARENESS

**Date** : 11.12.2022

**Venue** : Tribal Village, Mandla

**Topic** : Domestic violence and Contraception

**Summary** : Domestic violence and Contraception Awareness by Dr Amita Saxena



## GARBH SANSKAR PROGRAMME

**Date** : 13.12.2022

**Venue** : Jabalpur Hospital & Research Centre, Jabalpur

**Topic** : Garbh Sanskar Programme

**Summary** : Garbh Sanskar at Jabalpur Hospital & Research Centre, Jabalpur  
by Dr Amita Saxena and Dr Deepa Tiwari



# CME ON MEDICO-LEGAL ISSUES

**Date** : 17.12.2022  
**Venue** : Hotel Satya Ashoka. Jabalpur  
**Topic** : CME on Medico-legal Issues with IMA WDW



**J&GS** **JABALPUR OBST. & GYNAE SOCIETY** **IMA WOMAN DOCTORS WING**

invite you all for  
**CME ON MEDICOLEGAL ISSUES**

**Date** : 17<sup>th</sup> Dec. 2022 ♦ **Time** : 4:00 pm - 06:00 pm  
**Venue** : Hotel Satya Ashoka

**Topic** : The Revolutionary Combination in Reproductive and Endocrine Disorder

**Panel Discussion on ASSAULT ON WOMEN DOCTORS**

**MODERATOR**

  
**Prof Gita Guin**  
Dean, NSCB MCH JBP

**PANELIST**

  
**Priyanka Shukla**  
(IPS 2019) CSP Bargi

  
**Jyoti Rai**  
(Advocate)

  
**Dr Prachi Saxena**  
Sr. Radiologist

**CHAIRPERSONS**

  
**Dr Ranjana Gupta**  
Sr. Gynaecologist

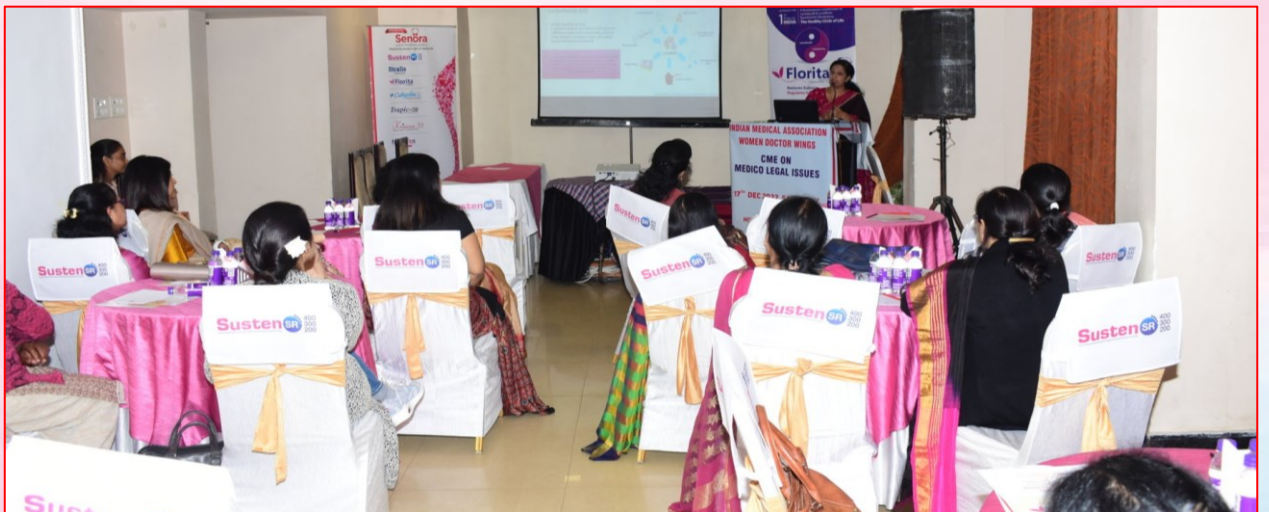
  
**Dr Alka Agrawal**  
Sr. Gynaecologist

  
**Dr Mamta Mahobia**  
Sr. Anesthesiologist

  
**Dr Neetu Yadav**  
Sr Pediatrics

  
**Dr Chitra Jain**  
Chairperson WDW

  
**Dr Sonal Richhariya**  
Secretary WDW



## CME ON MEDICO-LEGAL ISSUES



**अभिवाण** 7  
जयलपुर, मंगलवार 20 दिसंबर 2022

**डॉक्टरों के रिक्लाफ हिंसा रोकने के विषय पर परिचर्चा**





# CME ON FETAL GROWTH RESTRICTION



# INAUGURATION OF BADLAAV CLINIC



## स्त्री रोग विशेषज्ञ संघ ने की 'बदलाव क्लिनिक' की शुरुआत

समाचार संवाददाता, जबलपुर | जबलपुर स्त्री रोग विशेषज्ञ संघ द्वारा एक नई परिकल्पना की शुरुआत की गई। राष्ट्रीय अध्यक्ष डॉ. ऋषिकेश पाई की मोजूदगी में 'बदलाव क्लिनिक' का शुभारंभ होटल सत्य अशोका में किया गया। इस दौरान राष्ट्रीय समन्वयक डॉ. बेला भट्ट, डॉ. कोमल एवं डॉ. बिजॉय भी शामिल हुए। अध्यक्ष डॉ. अमिता सक्सेना ने बताया कि देश के स्त्री रोग विशेषज्ञ हर माह की 18 तारीख को जगह-जगह निःशुल्क परीक्षण एवं परामर्श देंगे। यह परिकल्पना राष्ट्रीय अध्यक्ष डॉ. पाई की है। शिविर में एनीमिया, कैन्सर, कुपोषण आदि से बचाव के बारे में जागरूक भी किया जाएगा। सचिव डॉ. ऋचा धीरावाणी ने बताया की इस अभियान में शामिल होने शहर की अधिकांश स्त्री रोग विशेषज्ञों ने सहमति दी है। पहले दिन आयं समाज मंदिर परिसर में डॉ. धीरावाणी, डॉ. अलका अग्रवाल, डॉ. अनुराधा एवं डॉ. नीना द्वारा निःशुल्क कैम्प लगाया गया।



## सिटी

4 प्रदेश टुडे जबलपुर, सोमवार, 19 दिसंबर 2022

## मातृ शक्ति को आरोग्य प्रदान करने हर माह निःशुल्क चिकित्सा



प्रदेश टुडे संवाददाता, जबलपुर

पूरे देश में मातृ शक्ति को आरोग्य प्रदान करने के लिए हर माह की 18 तारीख को एक नया निःशुल्क कैम्प

कहा जाता है, किस्मो भी बीमारों के इलाज से बेहतर है उसका बचाव। इसी भाव को धारण करते हुए स्त्री रोग विशेषज्ञ संघ के राष्ट्रीय अध्यक्ष डॉ. ऋषिकेश पाई ( मुंबई ) की नई परिकल्पना 'बदलाव क्लिनिक' को अपने विचारों से सज्जित करने का संकल्प नगर के स्त्री रोग विशेषज्ञों ने लिया। अगले मास अशोका होटल में किया गया एवं इसके अंतर्गत समाज में शिविरों के आयोजन को बेहतर बनाने के लिए, यह क्लिनिक लागू है। इसकी जानकारी को हर माह की 18 तारीख को एक नया निःशुल्क कैम्प

को सार्वजनिक दे है। आज प्रथम दिन ही अपने समाज में स्त्री रोग विशेषज्ञों ने हर माह की 18 तारीख को आरोग्य प्रदान करने के लिए एक नया निःशुल्क कैम्प शुरू किया। इस कार्यक्रम में स्त्री रोग विशेषज्ञों के निःशुल्क परीक्षण एवं परामर्श के माध्यम से स्त्री रोगों के अग्रणी रोगों को पहचानने में मदद की जायेगी।



# BADLAAV CLINIC

**Date** : 18.12.2022  
**Venue** : Vimal Nursing Home, Adhartal, Jabalpur  
**Topic** : Health Checkup Programme - Badlaav Clinic  
**Summary** : Badlaav Clinic by Dr Alka Agrawal



## BADLAAV CLINIC

**Date** : 18.12.2022  
**Venue** : Sewa Bharti Centre, Napier Town, Jabalpur  
**Topic** : Health Checkup Programme - Badlaav Clinic  
**Summary** : Badlaav Clinic by Dr P Dhirawani Dr Anuradha Dang



Health Checkup Programme - Badlaav Clinic

# HEALTH CHECKUP CAMP – BADLAAV CLINIC

**Date** : 19.12.2022  
**Topic** : Health Checkup camp – Baldaav Clinic  
**Summary** : Camp by Dr Alka Agarwal



# ADOLESCENT HEALTH PROGRAMME

**Date** : 22.12.2022

**Venue** : Govt. Higher Secondary School, Majholi

**Topic** : Adolescent Health Programme

**Summary** :Adolescent Awareness Health Program @majholi on 22/12/22.78 Girls were there...explained how to maintain menstrual health, common Adolescent Problems &Sexual Health..



## EXECUTIVE BODY MEETING

**Date** : 22.12.2022

**Venue** : IMA House, Wright Town, Jabalpur

**Topic** : General Body Meeting was held on 22nd Dec at IMA HOUSE in presence of past presidents and patrons!

There were 3 names received for the Nomination of the post of president.

So as per the tradition of JOGS, Dr Manik Pansey was unanimously nominated and elected as the President JOGS for 2023-24!

She declared Dr Deepti Gupta as her Secretary!

Looking forward for another bright future year of JOGS under their leadership!



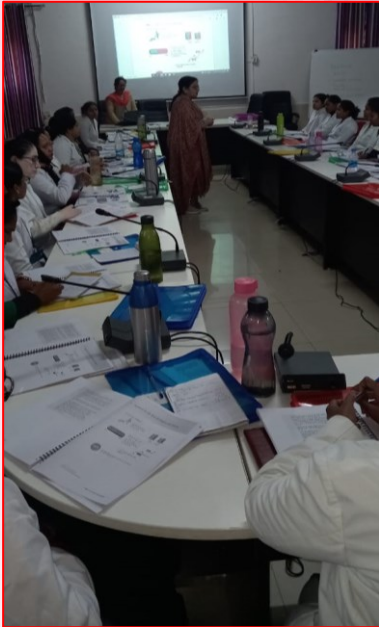
## ADOLESCENT HEALTH TRAINING PROGRAMME

**Date** : 22.12.2022

**Venue** : Regional Health Centre, Jabalpur

**Topic** : Adolescent Health Talk to ANM Nurses Staff.

**Agenda** : Adolescent Health RKSK training to staff nurses and ANM of jabalpur division by Dr Sharda Mishra



## PREBIRTH EDUCATION PROGRAMME

**Date** : 24.12.2022

**Venue** : G.M.C. Bhopal

**Topic** : Prebirth Education Programme

**Summary** : Prebirth Education or Garbh sanskar Orientation program conducted with Gandhi Medical College Bhopal on with faculties, dean, residents and Nursing Staff



# BONE HEALTH CAMP

**Date** : 27.12.2022

**Venue** : N.S.C.B., Central Jail, Jabalpur

**Topic** : BMD Camp

**Summary** : BMD Camp at Central Jail by Dr Pragya Dheerwani, Dr Alka Agarwal, Dr Amita Saxena



## AWARENESS TALK ON WOUND CARE

**Date** : 31.12.2022

**Venue** : Jabalpur Hospital & Research Centre, Jabalpur

**Topic** : Talk on Basics Of Wound Care for Staff Nurses

**Agenda** : Talk on Basics Of Wound Care for Staff Nurses at JHRC by Dr Richa Dhirawani



## CONTRACEPTION AWARENESS

**Date** : 09.01.2023

**Venue** : PHC Kanchghar, Jabalpur

**Topic** : Contraception Awareness

**Summary** : Contraception Awareness at PHC Kanchghar for Aanganwadi Karyakartas By Dr Sharda Mishra



## HEALTH CHECKUP CAMP

**Date** : 09.01.2023

**Topic** : Health Checkup Camp

**Venue** : Public Health Centre Gupteshwar

**Summary** : PMSMA Dr Sangeeta Shrivastava at Gupteshwar PHC



# HEALTH CHECKUP PROGRAMME

**Date** :09.01.2023

**Venue**:UPHC Ghamapur, Jabalpur

**Topic** :Health Checkup Programme under PMSMA

**Summary** :PMSMA at UPHC Ghamapur by Dr Amita Saxena Dr Rakhi Bajpai



# HEALTH CHECKUP PROGRAMME

**Date** :09.01.2023

**Venue**:UPHC Ghamapur, Jabalpur

**Topic** :Health Checkup Programme under PMSMA

**Summary** :PMSMA visit for ANC check up at UPHC Adhartal Raza Chawk.

Examined 42 patients with the help of sister in charge. 16 were high risk pt.4 previous LSCS.

1 pt with essential hypertension referred to NSCB Medical College Jabalpur for further management. 2 pt were having significant IUGR.treatment and diet advised. Anemia quite common.



# CME ON INFERTILITY



**Date** : 14.01.2023

**Venue** : Hote; Gulzar Tower, Chhoti Line, Mahanadda, Jabalpur

**Topic** : CME on Infertility

Dr Asha Solanki, SR NSCB Medical College, Jabalpur spoke on Dydrogesterone on Obstetrics & Gynaecological practice 2022.

Dr Nandita Palshetkar, President ISAR spoke on Medical management of fibroids and Dr Rohan Palshetkar conducted a panel discussion on IUI and Ovulation Induction.







**INDIAN SOCIETY FOR ASSISTED REPRODUCTION**  
**JABALPUR OBSTETRICS & GYNAECOLOGICAL SOCIETY**

**CME ON INFERTILITY**

Date : 14<sup>TH</sup> Jan-22 Saturday, Time 4:00 -6:00 pm at Hotel Satya Ashoka

**NATIONAL FACULTY**

  
 Dr Nandita Palshetkar  
 President - ISAR

  
 Dr Sujata Kar  
 Mon. Secreaty Gen. - ISAR

  
 Dr Rohan Palshetkar  
 National Coordinator,  
 FOGSI Young Talent  
 Promotion Committee

**Session I**

Chairperson : Dr Shirish Jamdar, Dr Swaraj Naik, Dr Pragya Dhirawani

|              |   |                       |
|--------------|---|-----------------------|
| 4:00-4:20 pm | Dydrogesterone on Obstetrics & Gynaecological practice 2022 | Dr Asha Solanki       |
| 4:20-5:00 pm | Medical Management of Fibroids                              | Dr Nandita Palshetkar |

**Session II**

Chairperson : Dr Nisha Sahu, Dr Dpanker Banerji, Dr Kusum Jain

5:00-6:00 pm Panel discussion on Ovulation Induction & IUI

Moderator : Dr Rohan Palshetkar, Dr Richa Dhirawani

Panelists : Dr Jigyasa Dengra, Dr Anupama Solanki,  
 Dr Shubhali Sharma, Dr Deepshikha Sahu, Dr Shailja Gupta

Programme followed by High tea

  
 Dr Amita Saxena  
 President JOGS

  
 Dr Richa Dhirawani  
 Secretary JOGS

**TEAMWORK MAKES THE DREAM WORK**

# CME ON INFERTILITY



# HEALTH CHECKUP PROGRAMME

**Date** :17.01.2023

**Venue:**Garha, Jabalpur

**Topic** :Health Checkup Programme& Hb Detection Programme

**Summary** : HB Checkup Camp at Garha by Dr Nisha Sahu



## WOMEN HEALTH CHECK – BADLAAV CLINIC

**Date** : 18.01.2023

**Venue** : Metro Hospital, Jabalpur

**Topic** : Women Health Checkup under Badlaav Clinic

**Summary** : Badlaav Clinic at Metro Hospital by Dr Razia Siddiqui



## WOMEN HEALTH CHECK – BADLAAV CLINIC

**Date** : 18.01.2023  
**Venue** : Police Hospital, Jabalpur  
**Topic** : Women Health Checkup under Badlaav Clinic  
**Summary** : Badlaav Clinic at Police Hospital by Dr Sharda Mishra



## WOMEN HEALTH CHECK – BADLAAV CLINIC

**Date** : 18.01.2023  
**Venue** : Ranjhi Public Health Centre, Jabalpur  
**Topic** : Women Health Checkup under Badlaav Clinic  
**Summary** : Badlaav Clinic at Ranjhi by Dr Amita Saxena Dr Rakhi Bajpai



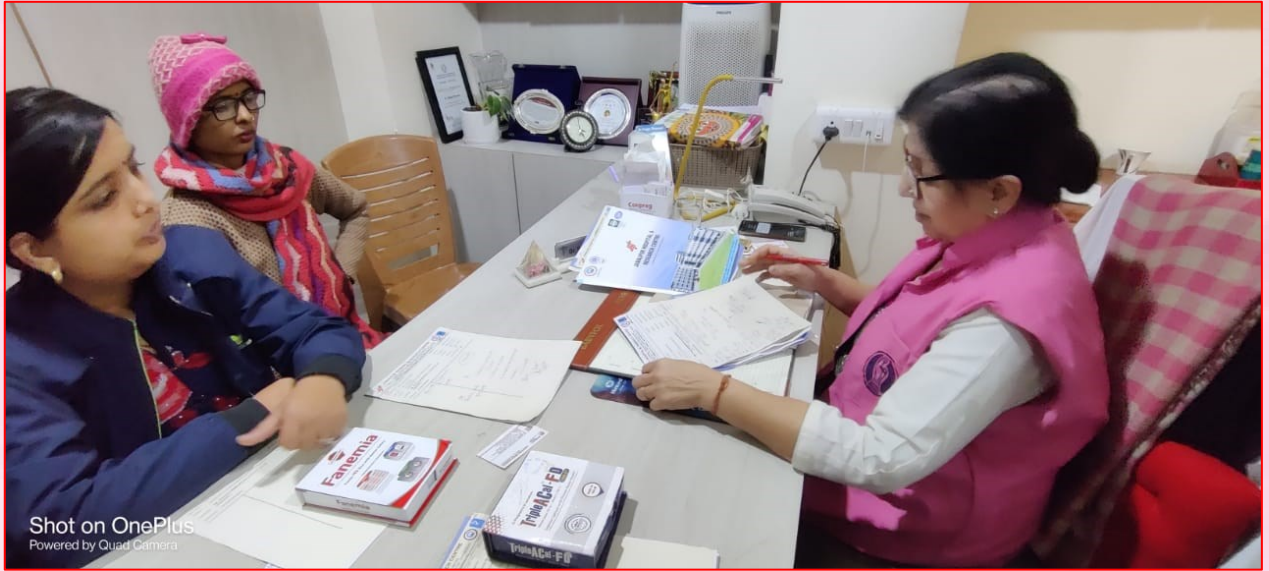
# WOMEN HEALTH CHECK – BADLAAV CLINIC

**Date** : 18.01.2023  
**Venue** : Vimal Nursing Home, Jabalpur  
**Topic** : Women Health Checkup under Badlaav Clinic  
**Summary** : Badlaav Clinic at Vimal Nurisng Home by Dr Alka Agrawal



## WOMEN HEALTH CHECK – BADLAAV CLINIC

**Date** : 18.01.2023  
**Venue** : Jabalpur Hospital Reasearch Hospital, Jabalpur  
**Topic** : Women Health Checkup under Badlaav Clinic  
**Summary** : Badlaav Clinic by Dr Pragya Dhiawani at JHRC



## WOMEN HEALTH CHECK – BADLAAV CLINIC

**Date** : 18.01.2023  
**Venue** : Anant Hospital, Jabalpur  
**Topic** : Women Health Checkup under Badlaav Clinic  
**Summary** : Badlaav Clinic at Anant Hospital by Dr Manika Pansey



# ADOLESCENT HEALTH AWARENESS

**Date** : 18.01.2023

**Venue** : Govt. Kanya Shala Indrana, Jabalpur

**Topic** : Adolescent health Awareness Program

**Summary** : Adolescent health Awareness Program @kanya Shala kalindrana by Dr Sneha T Methwani



# HEALTH AWARENESS AND CHECKUP CAMP

**Date** : 18.01.2023

**Venue** : Govt. Science College, Jabalpur

**Topic** : Health Awareness & Checkup Camp

**Summary** : Health Awareness & Checkup Camp at Govt. Science College by Dr Amita Saxena and Dr Neena Shrivastava



# ADOLESCENT AGE HEALTH ISSUES

**Date** : 18.01.2023

**Venue** : Regional Health Jabalpur Division, Jabalpur

**Topic** : Sexual and Reproductive Health Issues of Adolescents

**Summary** : Sexual and Reproductive Health Issues of Adolescents Session for Staff Nurses of Jabalpur division by Dr Sharda Mishra



## MEETING WITH CHIEF MINISTER SHRI SHIV RAJ SINGH JI

**Date** : 18.01.2023

**Venue** : Circuit House, Jabalpur

**Topic** : Discussion about Badlaav Clinic- FOGSI president's initiative project with Chief Minister Mr ShivRaj Singh Chauhan.



# WEBINAR OF SCIENCE OF GARBH SANSKAR

**Date** : 20.01.2023

**Venue** : Sewa Bharti Centre, Napier Town, Jabalpur

**Topic** : Webinar Science of Gabh Sanskar - Maa ki Pathshala

**Summary** : Webinar Science of Gabh Sanskar - Maa ki Pathshala by Dr Amita  
**Speaker on Zoom**



Dr Amita Saxena

Forwarded

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माँ की पाठशाला



20/01/22 शुक्रवार

समय: दोपहर 4 से 5.30

समय सारणी

20/01/2022

# Stages of Fetal Development, And it's Science, "गर्भ विज्ञान" -Dr Amita Saxena

आयोजक : आओ गढ़े संस्कारवान पीढ़ी अभियान, मध्य प्रदेश

मार्गदर्शन :: अखिल विश्व गायत्री परिवार, शांतिकुंज हरिद्वार एवं स्त्री रोग संघ जबलपुर

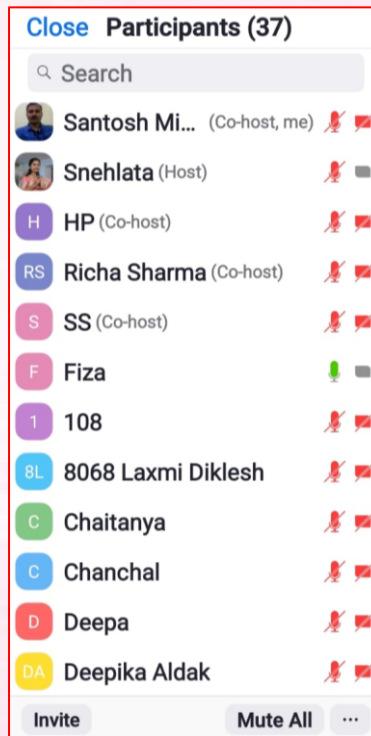
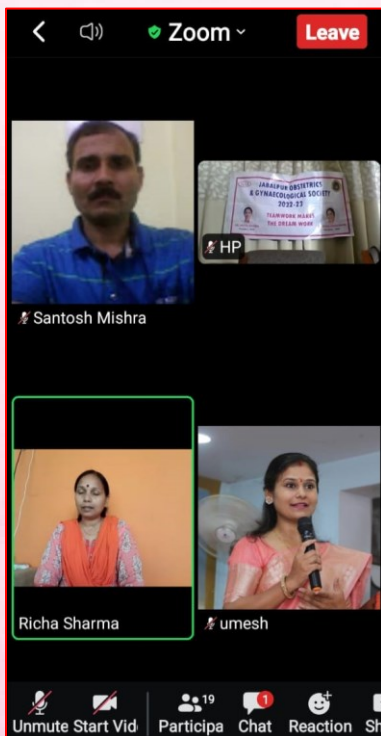
Join Meeting

Meeting link



<https://us02web.zoom.us/j/82261117439?pwd=dzBiYlV3dkV6bkxjK04xMUtiL3dHU09>

Meeting ID: 82261117439



## HEALTH CHECKUP CAMP – BADLAAV CLINIC

**Date** : 20.01.2023

**Venue** : Gynae Care Clinic, Rajul Land Mark

**Topic** : Health Checkup camp – Baldaav Clinic

**Summary** : Badlaav Clinic at Gynae Care by Dr Sangeeta Shrivastava



# IFS MP CHAPTER CONFERENCE

**Date** : 21.01.2023

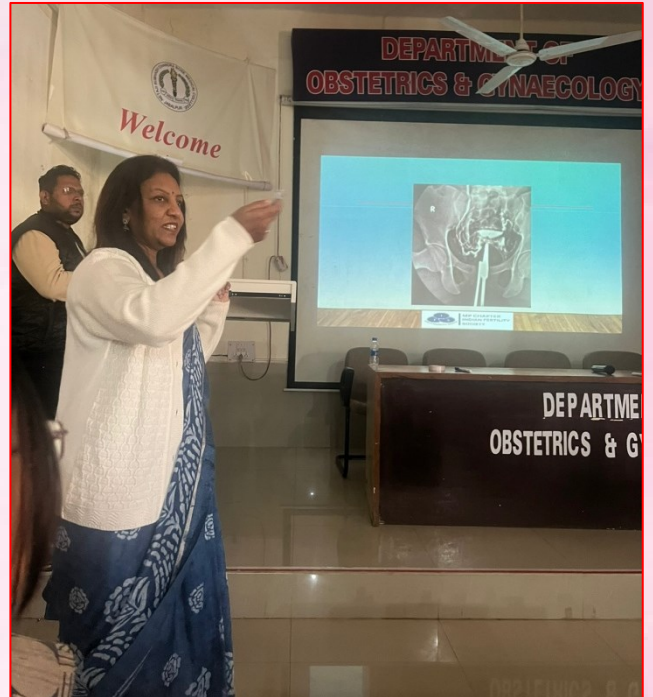
**Venue** : N.S.C.B. Medical College & Hospital, Jabalpur

**Topic** : IFS MP CHAPTER CONF

**Summary** : IFS MP chapter in association with Department of Obstetrics and Gynaecology NSCB Medical College Jabalpur Conducted PG CME on infertility.

On 21st January 2023. Saturday.

IFS MP chapter secretary Dr Priya Bhavcittawar and Jt Secretary Dr Gunjan Goswami were main speakers.



# HEALTH AWARENESS ON HIGH RISK PREG. & PIH

**Date** : 27.01.2023

**Venue** : Urban Public Health Centre Ghamapur, Jabalpur

**Topic** : Dr Sharda Mishra telling about High Risk Pregnancy to ASHA workers  
And explained them about Eclampsia and Danger Sign of PIH



## CERVICAL CANCER AWARENESS – BADLAAV CLINIC

**Date** : 27.01.2023

**Venue** : GCF Hospital, Jabalpur

**Topic** : Cervical Cancer Awareness

**Summary** : Cervical Cancer Awareness under Badlaav Clinic by Dr Neena Shrivastava at GCF Hospital



## HEALTH CHECKUP PROGRAMME

**Date** : 29.01.2023

**Venue** : City Bengali Club, Karam Chand, Jabalpur

**Topic** : Health Checkup Programme

**Summary** : Health Checkup Programme at City Bengali Club by Dr Kaveri Shaw and Dr Neena Shrivastava organised a health check camp with IMA - women's doctor's wing. The camp served 320 people of different diseases.



# ADOLESCENT HEALTH EDUCATION

**Date** : 30.01.2023

**Venue** : Little Kingdom School, Jabalpur

**Topic** : Adolescent Health Education

**Summary** : Adolescent Health Education at Little Kingdom School by Dr Richa Dhirawani



# AWARENESS ABOUT PCOD

**Date** : 03.02.2023

**Topic** : Health Checkup Camp

**Venue** : St Norbet Higher Secondary School, Napier Town, Jabalpur

**Summary** : Awareness about PCOD at St Norbet school by Dr Nidhi Jain



# WORLD CANCER DAY

**Date** : 02.02.2023

**Venue** : N.S.C.B. MCH Jabalpur

**Topic** : World Cancer Day celebration

**Summary** : World Cancer Day at NSCB MCH Jabalpur By Dr Kavita N Singh Dr Sonal Sahni & Team



**DEPARTMENT OF OBSTETRICS & GYNAECOLOGY  
NSCBGMC, JABALPUR**

**Everyone deserves access to cancer care**

**World Cancer Day**  
4 February

**Close the care gap**

**CHIEF GUEST**  
Swami Gyaneshwari Didi

**Chairpersons** : Prof. Shashi Khare, Dr Akhilesh Gumasta, Prof. Laxmi Signotiyia

|  |                                    |
|--|------------------------------------|
| Case Presentation on Cancer Cervix<br>(Post Graduate Activity) | Dr Surbhi Suman<br>Dr Mishi Tiwari |
| Moderator : Prof. Dr Kavita N Singh                            |                                    |
| Roots of Preventive Oncology In Our Department                 | Dr Sonal Sahni                     |
| Guest Lecture : Palliative Care                                | Swami Gyaneshwari Didi             |

**Organising Chairperson** - Prof. Dr Kavita N Singh  
**Programme Coordinator** - Dr Archana Thakur Gupta

**2023 : Uniting our voices and taking action**

**Event : 02<sup>nd</sup> Feb, 2023, Thursday & Time : 12 – 2 PM**  
**Venue : Seminar Room Deptt. of Obstetrics & Gynaecology**

**THE PROGRAMME WILL BE FOLLOWED BY LUNCH**

**सामान्य जाँचों से पहचाने जा सकते हैं कैंसर के लक्षण**



जबलपुर। महिलाओं में सर्विक्स एवं स्तन, दो प्रमुख कैंसर होते हैं। सामान्य जाँच द्वारा इन्हें शुरुआती अवस्था में पहचाना जा सकता है। अगर यह कैंसर शुरुआती अवस्था में पता चल जाए, तो इसका पूरी तरह से निदान भी संभव है। उक्त जानकारी विशेषज्ञों ने दी। अक्सर था विश्व कैंसर दिवस पर नेताजी सुभाष चन्द्र बोस मेडिकल कॉलेज में कैंसर जागरूकता कार्यक्रम का, जहाँ स्त्री एवं प्रसूति रोग विभाग में पी.जी. सी.एम.ई एवं गैस्ट लेक्चर का आयोजन हुआ। सी.एम.आई में डॉ. सुरभि सुमन एवं डॉ. मिशी तिवारी ने सर्विक्स कैंसर का केस प्रस्तुत किया। इस दौरान स्त्री एवं प्रसूति रोग विभाग में हुए कार्यक्रम की जानकारी डॉ. सोनल साहनी ने दी। मुख्य अतिथि जानेय्वरी दीदी रही। इस दौरान विभागाध्यक्ष डॉ. प्रो. कविता एन सिंह, डॉ. प्रो. शशि खरे, डॉ. अखिलेश गुमास्ता, डॉ. लक्ष्मी सिल्लोदिय, प्रो. डॉ. टेन मंचासीन रहे। सोनियर डॉ. अर्चना सिंह, डॉ. प्रियदर्शिनी तिवारी, डॉ. अर्पन मिश्रा, डॉ. योगेश तिवारी, डॉ. श्यामजी रावत, डॉ. ललित, डॉ. भारती साहू, डॉ. श्वेता सिरसिकर आदि चिकित्सकों की उपस्थिति रही। संचालन डॉ. अर्चना ठाकुर ने किया।



# WORLD CANCER DAY

**Date** :04.02.2023

**Venue**:Virat Hospice Lamehtaghat, Jabalpur

**Topic** :World Cancer Day celebration – Distrubuted Medical & Surgical item

**Summary** :World Cancer Day celebration at Virat Hospice Lamehtaghat by Dr Alka Agrawal, Dr Chitra Jain, Dr Gita Guin Dr Kaveri and Team.

Distributed Medical and Surgical items for Cancer patients under the guidance of Sadhvi Gyaneshwari Didi



# BREAST CANCER AWARENESS PROGRAMME

**Date** : 04.02.2023

**Venue**: Naik MultiSpeciality Hospital, Gole Bazar, Jabalpur

**Topic** : Breast Cancer Awareness programme

**Summary** : Breast Cancer Awareness programme at Naik Nursing Home by Dr Neena Shrivastava & Dr Swaraj Naik & Trisha Naik



# CANCER AWARENESS TALK

**Date** :04.02.2023

**Venue:**Vimal Nursing Home Adhartal Jabalpur

**Topic** :Cancer Awareness talk

**Summary** : Cancer Awareness talk by Dr Alka Agrawal at Vimal Nursing Home Adhartal Jabalpur on World cancer day



# CANCER AWARENESS TALK

**Date** :04.02.2023

**Venue:** JainMahila Parishad, Jabalpur

**Topic** :Cancer Awareness talk

**Summary** :Cancer Awareness Talk by Dr Kusum Jain with Jain Mahila Parishad Jabalpur .



# CANCER AWARENESS TALK

**Date** :04.02.2023

**Venue:**ShalbyHospital,Vijay Nagar, Jabalpur

**Topic** :Cancer Awareness talk

**Summary** :Cancer Day Celebration at Shalby Hospital, Guest Speaker was Dr. Abhishek and Dr Malti Bhagat



# CANCER AWARENESS & PAP SMEAR

**Date** :04.02.2023

**Venue**:GhamapurUPHC, Jabalpur

**Topic** :Cancer Awareness talk

**Summary** :Cancer Awareness and Pap Smear Camp at Ghamapur PHC by Dr Amita Saxena and Dr Rakhi Bajpai.

Cancer awareness and pap smear camp at Ghamapur PHC.50 patients examined and 21 pap smear done

**विश्व कैंसर दिवस पर स्वास्थ्य शिविर आयोजित**  
समाचार संवाददाता | जबलपुर

विश्व कैंसर दिवस के मौके पर शहरी प्रथमिक स्वास्थ्य केंद्र घमापुर में स्वास्थ्य शिविर का आयोजन किया गया। सीएमएचओ डॉ. संजय मिश्रा के मार्गदर्शन में आयोजित शिविर में मुख्य अतिथि डॉ. अमिता सक्सेना, डॉ. लुकमान खान एवं डॉ. राखी वाजपेई ने आशा कार्यकर्ता, आँगनवाड़ी कार्यकर्ता समेत मरीजों का परीक्षण किया। इस दौरान उपस्थितजनों को कैंसर के प्रति जागरूक किया गया। कार्यक्रम में जितेंद्र सोनकर, सत्यप्रकाश, अनिलेश शर्मा, नीलू सोनकर आदि मौजूद रहे।

**मरीजों को किया जागरूक-** विश्व कैंसर दिवस पर मेडिकल कॉलेज स्थित स्टेट कैंसर इंस्टीट्यूट में जागरूकता कार्यक्रम का आयोजन किया गया। इस मौके पर चिकित्सकों ने मरीजों और उनके परिजनों को कैंसर के प्रति जागरूक किया। अस्पताल में मरीजों को दिए जाने वाले उपचार एवं सुविधाओं की जानकारी दी गई। इस मौके डीन डॉ. गीता गुईन, अधीक्षक डॉ. लक्ष्मी सिंगौतिया, डॉ. श्यामजी रावत एवं डॉ. राजेश जैन मौजूद रहे।



PAP Smear Camp for  
Aanganwadi and Asha Kanya  
4/2/23

| Name                  | Age | Slide No | Remarks           |
|-----------------------|-----|----------|-------------------|
| 1) Archana Akal       | 40  | 1        | Ex Normal         |
| 2) Sanita Prajapati   | 41  | 2        |                   |
| 3) Anjali Kori        | 28  | 3        | Blk + fungal inf. |
| 4) Pratibha Sandhya   | 35  | 4        | Cx Normal         |
| 5) Sandhya Kushwaha   | 40  | 5        |                   |
| 6) Sunita Kushwaha    | 36  | 6        |                   |
| 7) Sangeeta Sen       | 40  | 7        |                   |
| 8) Sudha Kori         | 45  | 8        |                   |
| 9) Laxmi Chaudhary    | 48  | 9        |                   |
| 10) Razi Akmal        | 33  | 10       |                   |
| 11) Vineeta Kushwaha  | 42  | 11       |                   |
| 12) Sangeeta Rajput   | 44  | 12       |                   |
| 13) Laxmi Sen         | 49  | 13       |                   |
| 14) Vineeta Morja     | 40  | 14       | Blk Plv.          |
| 15) Ramkanti Kushwaha | 48  | 15       |                   |

| Name   | Age | Slide No | Remark |
|--|-----|----------|--------|
| 16) Anju sen   | 36  | 16       |        |
| 17) Usha Kureel  | 52  | 17       |        |
| 18) ASHA JHA   | 38  | 18       |        |
| 19) <del>Santa</del> <del>Seema</del> <del>Seema</del> | 30  | 19       |        |
| 20) Seema  | 37  | 20       |        |
| 21) Sangeeta prajapati                                 | 43  | 21       |        |

## CANCER AWARENESS TALK

**Date** :04.02.2023

**Venue:**Majholi

**Topic** :Cancer Awareness talk

**Summary** :Cancer Awareness Program in Majholi by Dr Sneha Methwani



## CANCER AWARENESS TALK

**Date** :05.02.2023

**Venue:**Majholi

**Topic** :Cancer awareness & Pap smear and breast examination

**Summary** :Cancer Awareness & Pap Smear and breast examination camp at Marble City Hospital by Dr Amita Saxena and Dr Rekha James.



# CANCER AWARENESS TALK

**Date :** 05.02.2023

**Venue:**UPHC, Kajarwara, Jabalpur

**Topic :**Cancer Awareness Camp

**Summary :** Cancer Awareness Camp at UPHC Kajarwara by Dr Kiran Peepra



# COLPOSCOPY TRAINING PROGRAMME

**Date :** 05.02.2023

**Venue:** Jabalpur Hospital Research Centre, Jabalpur

**Topic :** Cancer Checkup Camp and colposcopy clinic .

**Summary :** Colposcopy clinic at JHRC by Dr Vibha Gahlot



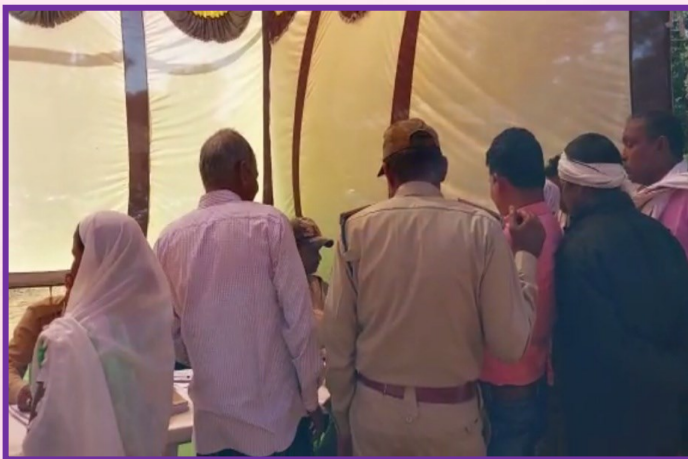
# CANCER CHECKUP CAMP

**Date** :05.02.2023

**Venue**:Kanha Tribal Area, Mandla

**Topic** :Cancer Checkup Camp

**Summary** :Cancer Checkup Camp at Kanha by Dr Richa Dhirawani & Dr Devkriti Dhirawani and gave information on Cancer Awareness



## CANCER AWARENESS TALK

**Date** : 05/02/2023  
**Place** : Metro Hospital, Jabalpur  
**Activity** : Cancer Checkup Camp  
**Summary** :

Cancer Checkup Camp at Metro Hospital by Dr Raziya Sidhqui and Dr Lata Pariyani & Dr Jitendra Paryani gave awareness talk.



## CANCER AWARENESS & PAP SMEAR CAMP

**Date** : 07/02/2023  
**Place** : Metro Hospital, Jabalpur  
**Activity** : Cancer Awareness and Pap Smear Camp  
**Summary** : Cancer Awareness and Pap Smear Camp at City Hospital by Dr S P Choubey



## ADOLESCENT HEALTH AWARENESS CANCER AWARENESS TALK

**Date** : 07/02/2023  
**Place** : Jain Social Group, Jabalpur  
**Activity** : Cancer Checkup Camp  
**Summary** : Cancer Awareness Program on Cancer Day in Jain Social Group by Dr Nidhi Jain



## HEALTH AWARENESS PROGRAMME

**Date** : 07/02/2023  
**Place** : Regional Health Department, Jabalpur  
**Activity** : Health Awareness programme  
**Summary** : How to do the counseling on different methods of Family planning was explained to 40 CHO of Jabalpur, Seoni and Chhindwara districts. Their queries were solved by Dr Nisha Sahu



## CANCER CHECKUP CAMP-PAP SMEAR EXAMINATION

**Date** : 07.02.2023

**Venue** : City Hospital & Research Centre, Jabalpur

**Topic** : PAP Smear Examination Done

**Summary** :Pap smear Examination done 11 pap collected by Dr Sneh Prabha Choubey at City Hospital



## HEALTH CHECKUP CAMP

**Date** : 09/02/2023

**Place** :Ayurvedic College, Jabalpur

**Activity** :Health Check ANC Patients

**Summary** :Health Checkup Camp at Ayurvedic College by Dr Sneha T Methwani



## PAP SMEAR CAMP

**Date** : 09/02/2023  
**Place** : Gupteshwar UPHC, Jabalpur  
**Activity** : Health Checkup-Pap Smear  
**Summary** : Health Checkup-Pap Smear Via at Gupteshwar PHC by Dr Sangeeta Shrivastava Dr Anuradha Dang



## HEALTH CHECKUP CAMP

**Date** : 09/02/2023  
**Place** : Mannu Lal Trust Hospital, Jabalpur  
**Activity** : Cancer Awareness Programme  
**Summary** : Cancer Awareness Programme in MJT by Dr Sulekha Dewani



## CANCER PREVENTION TALK

**Date** : 11/02/2023

**Place** : Sahu Mahila Mandal, Jabalpur

**Activity** : Cancer Prevention Talk Self Breast Examination

**Summary** : Cancer prevention talk and how to perform self-breast examination was shown by Dr Nisha Sahu on occasion of Cancer Awareness Week in Sahu Mahila Mandal Jabalpur



## HEALTH AWARENESS TALK

**Date** : 11/02/2023

**Place** : Sahu Mahila Mandal, Jabalpur

**Activity** : Cancer Prevention Talk Self Breast Examination

**Summary** : Awareness talk at Vijaya Woman's Clinic by Dr. Kaveri Shaw.

Care should be taken During First Trimester, Second Trimester, Third Trimester , Discussed about warning since during pregnancy. And diet during pregnancy



# HEALTH CHECK CAMP

**Date** : 11.02.2023

**Venue** : Vriddha Ashram Red Cross Society, Jabalpur

**Topic** : Health Checkup Camp and Medicine dist.

**Summary** : JOGS with IMA women's Doctors Wing and JMS celebrated "World sick day" at old at home filwara ghat shashi Nagar jabalpur .Dr.Pragya spoke on motive of health check up camp. Dr.Archana detailed the services provided in the camp. Dr.Sharda spoke on healthy life style tips Dr.Neena taught the Pranayam steps for daily routine. Dr.ChitraJain,Dr Ranjana Gupta, Dr.Kaveri were present with team of service providers.Medicines and fruits were provided for healthy life . Superintendent Rajni Thanked for the mega arrangement



# ANAEMIA CHECK CAMP

**Date** : 12.02.2023

**Venue** : Raksha Nidhi Hospital, Jabalpur

**Topic** : Anaemia Detection Camp at Raksha Nidhi Hospital by Dr Shilpa Somshekar. Anaemia Detection Camp done.

Hb of 23 pts done



# CME ON VULVA AND VAGINA

**Date** : 12.02.2023

**Venue** : Hotel Gulzar, Jabalpur

**Topic** : CME on Vulva and Vagina

**Summary** : Dr Barkha Kochala, spoke on Recurrent Vaginitis – A Gynecologist's Dilemma. Dr Amita Saxena and Dr Rajeev Saxena spoke about Vaginal LASER and Vulvar dermatoses each



**JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY**

**J&GS** Invites you all for a CME on **VULVA AND VAGINA**

**Date : 12<sup>th</sup> Feb 23 Sunday, Time 10:00 am to 1:00 pm**  
**Venue : Hotel Gulzar**

| CHAIRPERSONS  | SPEAKERS   |
|---|--|
| <br>Dr Usha Gupta<br>Sr. Dermatologist           | <br>Dr Rajeev Saxena<br>Sr. Dermatologist |
| <br>Dr Ranjana Gupta<br>Sr. Gynecologist        |  |
| <br>Dr Alka Agrawal<br>Sr. Gynecologist        |  |
| <br>Dr Anila De<br>Sr. Gynecologist              |  |
| <br>Dr Anuradha Dang<br>Sr. Gynecologist        |  |
| <br>Dr Pradnya Harshey<br>Sr. Gynecologist     |  |
| <br>Dr Shobha Nelson<br>Sr. Gynecologist       | <br>Dr Amita Saxena<br>Sr. Gynecologist  |
| <br>Dr Bharti Sahu<br>Sr. Gynecologist        | <br>Dr Barkha Kochale<br>Senior Resident |
| <br>Dr Neena Shrivastava<br>Sr. Gynecologist |  |

**SCIENTIFIC PROGRAMME**

**S E S S I O N 1** Chairpersons : Dr Shobha Nelson, Dr Alka Agrawal, Dr Bharti Sahu  
1. Recurrent Vaginitis – A Gynecologist Dilemma - Dr Barkha Kochale

**S E S S I O N 2** Chairpersons : Dr Usha Gupta, Dr Ranjana Gupta, Dr Anuradha Dang  
2. Vulvar Dermatoses – What can be missed ? - Dr Rajeev Saxena

**S E S S I O N 3** Chairpersons : Dr Anila De, Dr Neena Shrivastava, Dr Pradnya Harshey  
3 Laser & Feminine Health...Cosmetic Gynecology, - Dr Amita Saxena  
What the gynecologist should know ?

Programme is followed by Lunch  
Sponsored By

 Dr Amita Saxena - President
  Dr Richa Dhirawani - Secretary

**INTAS**



# CME ON VULVA AND VAGINA



# CME WITH FOGSI FRIENDSHIP DAY CELEBRATION

**Date** : 14.02.2023

**Venue** : Hotel Gulzar Tower, Jabalpur

**Topic** : FOGSI FRIENDSHIP Day Celebration

**Summary** : FOGSI FRIENDSHIP DAY Celebration with a talk on Decreased Ovarian reserve by Dr Jigyasa Dengra.



**J&GS** **JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY**

TEAMWORK MAKES THE DREAM WORK

**14<sup>th</sup> Feb, 2023 | 4 – 6 pm | Hotel Gulzar**

**FOGSI FRIENDSHIP DAY**

**Speaker**

**Dr Jigyasa Dengra**  
MBBS, MS, DGO, DNB

**Topic**

**Decreased Ovarian Reserve**

**President**

**Dr Amita Saxena**  
MBBS, DGO

**Secretary**

**Dr Richa Dhirawani**  
MBBS, MD

**Followed by Karaoke Singing**

A scientific initiative by

**Drogyna** Tablets  
Dydrogesterone 10mg

**Ovaflor-Q10** Tablets  
Micronized Dehydroepiandrosterone 35 mg +  
Reduced Co-Q10 75 mg



# FOGSI DAY CELEBRATION



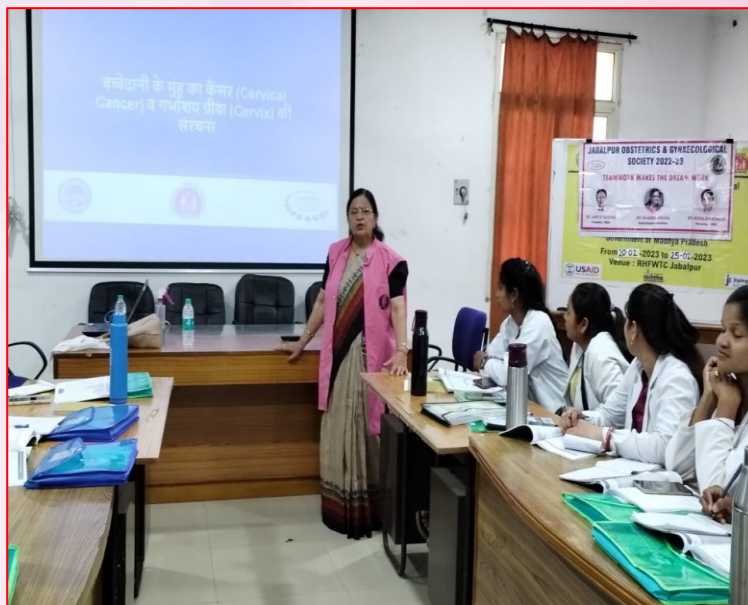
## BADLAAV CLINIC - CERVICAL CANCER SCREENING TRAINING

**Date** : 18.02.2023

**Venue** : City Health Officer, Jabalpur

**Topic** : BADLAAV CLINIC - Cervical Cancer Screening Training

**Summary** :Cervical Cancer Screening Training to CHO of Jabalpur Division by Sharda Mishra



## DOCTORS TRAINING - DOSE DILUTION DURATION OF OROFER FCM

**Date** : 19.02.2023

**Venue** : Jabalpur Hospital & Research Centre, Jabalpur

**Topic** : Doctors Training - Dose Dilution Duration of Orofer FCM

**Summary** : Dr Richa Dhirawani took a nursing education program on Orofer FCM



## CERVICAL CANCER SCREENING TRAINING

**Date** : 21.02.2023

**Venue** : City Health Officer, Jabalpur

**Topic** : Cervical Cancer Screening Training

**Summary** :Cervical Cancer Screening Training to CHO of Jabalpur division by Dr Sharda Mishra



## GERIATRIC TRAINING FOR DOCTORS

**Date** : 23.02.2023

**Venue** : Community Health Officer Rewa

**Topic** : Geriatric Training for Doctors

**Summary** : Geriatric Care Training to Community Health Officer of Rewa, Satna at Regional Palliative Care to HIV patients to Community Health Officer of Rewa Satna and Nursingpur on 24 Feb at regional health and family welfare training centre Explained how to provide care to HIV patients like Clinical Care, Supportive Care, Spiritual Care, and Pschycosocial Care



# FOGSI BADLAV QUIZ

**Date** : 28.02.2023

**Venue** : Online Quiz

**Topic** : FOGSI Badlav Quiz

**Summary** : Dr Dipika Dewani stood 3rd in FOGSI Badlav Quiz

The screenshot shows a Zoom meeting interface. At the top, there is a navigation bar with a back arrow, a speaker icon, a green checkmark next to 'Zoom', and a red 'Leave' button. Below this, there is a 'REC' indicator and a video feed of a woman in a blue top. The main content area is a Kahoot! quiz result screen with a blue background and confetti. It features three podiums for the top scorers: Harishmitha (2nd place, 20790 points, 24 out of 32), Dr. Shiralee (1st place, 21697 points, 25 out of 32), and Deepika D (3rd place, 18827 points, 21 out of 32). The Kahoot! logo and 'at work' tag are at the top of the quiz screen. Below the podiums, it says 'Federation Of Obstetrics and Gyhecology Society of India Quiz Committee'. At the bottom of the Zoom interface, there is a navigation bar with icons for Chat (13 messages), Raise Hand, Q&A, and More.

| Participant  | Rank | Score | Percentage   |
|--------------|------|-------|--------------|
| Harishmitha  | 2    | 20790 | 24 out of 32 |
| Dr. Shiralee | 1    | 21697 | 25 out of 32 |
| Deepika D    | 3    | 18827 | 21 out of 32 |

## VARANSI WEST ZONAL CONFERENCE



**DR MANIK PANSEY AS A PANELIST ON MENOPAUSE**



**Judging award papers in North zone Yuva FOGSI-Dr Amita Saxena**



**Panel discussion at Banaras conference ....Dr Pragya Dhirawani and Dr Kaveri Shah**

# **ANEMIA DETECTION PROGRAM WITH FOGSI PAC COMMITTEE**

## **ANEMIA MUKT NAARI**

**Date** :01.03.2023

**Topic** : Free Gynaec Checkup Programme

**Summary** FOGSI ANAEMIA CAMP under leadership of Fogsi president Dr H D Paisir by Emcure Pharma is great initiative by FOGSI PAC Committee Camp Organised on 1st & 2nd March 23 by Jabalpur Obstetrics & Gynaecological Society Hb Test done at Different Hospitals

- **Dr Pragya Dhirawani at Jabalpur Hospital & RC addressed the importance of HB testing & done 113 women.**
- **NSCB Medical College Dr Prof. Kavita N Singh, Dr Archana Singh & Team done Hb Testing 157 women's**
- **Dr Nidhi Jain talked about Anaemia prevention & done HB testing 21 women.**
- **Dr Neeta Parashar at Rani Durgawati Hospital supported Hb testing of 237 women.**
- **Dr Sangeeta Shrivastava at Gynae Care Hospital done Hb testing of 50 women**
- **Dr Padma Pandey, Dr Namita Tiwari, Dr Lata Paryani at Sutika Grah gave awareness of Anaemia and done Hb 135 women.**
- **Also done various places of Hospital Hb done 110.**
- **Total 863 HB done, It was a huge success.**

# ANEMIA MUKT NAARI

**Date** : 01.03.2023

**Topic** : Health Check up camp

**Venue** : NSCB Medical Collage Jabalpur

**Summary** : Anemia Abhiyan HEALTH Checkup Camp at NSCB Medical Collage Jabalpur Dr Prof. Kavita N Singh, Dr Archana Singh & Team done Hb Testing 157 women.



## ANEMIA MUKT NAARI

**Date** :01.03.2023

**Topic** : Health Checkup Camp

**Venue** :Muskan Health Care , Jabalpur

**Summary** :Awareness byDr Nidhi Jain aware about Anaemia prevention & done HB testing 21 women's



# ANEMIA MUKT NAARI

**Date** : 01.03.2023

**Topic** : Anemia Health Checkup Camp

**Venue** : Jabalpur Hospital And Research center Jabalpur

**Summary** : Awareness Dr Pragma Dhirawani at Jabalpur Hospital & RC addressed the importance of HB testing & done 113 women.



# ANEMIA MUKT NAARI

**Date** : 01.03.2023

**Topic** : Anemia Health Checkup Camp

**Venue** : St Norbet Higher Secondary School, Napier Town, Jabalpur

**Summary** : Awareness by Dr.Sulekha Dewani



# ANEMIA MUKT NAARI

**Date** :01.03.2023

**Topic** : Anemia Health Checkup Camp

**Venue** :Rani Durgawati Hospital Jabalpur

**Summary** :Awareness by Dr Neeta Parashar at Rani Durgawati Hospital supported Hb testing of 237 women.



# ANEMIA MUKT NAARI

**Date** : 01.03.2023

**Topic** : Anemia Health Checkup Camp

**Venue** : GYNE Care , Jabalpur

**Summary** : Awareness by Dr Sangeeta Shrivasta at Gynae Care Hospital done Hb testing of 50 women



# ANEMIA ABHIYAN

**Date** : 01.03.2023

**Topic** : Anemia Health Checkup Camp

**Venue** : St Norbet Higher Secondary School, Napier Town, Jabalpur

**Summary** : Awareness by Dr Padma Pandey, Dr Namita Tiwari, Dr Lata Paryani at Sutika Grah gave awareness of Anaemia and done Hb 135 women.



# ANEMIA MUKT NAARI

**Date** : 01.03.2023

**Topic** : Anemia Health Checkup Camp

**Venue** : St Norbet Higher Secondary School, Napier Town, Jabalpur




## ENDOMETRIOSIS AWARENESSPROGRAMME on RADIO FM

**Date** : 03.03.2023

**Venue** : ON AIR Radio , Jabalpur

**Topic** : Free Gynaec Checkup Programme


**Summary** :Endometriosis Awarness Programme by Dr. Sangeeta Shrivastava on radio RED FM 93.5



ON AIR  
Radio  
2023

### ENDOMETRIOSIS AWARENESS MONTH

Our Speaker:



**Dr. Sangeeta  
Shrivastava**

Obstetrician and  
Gynecologist,  
Jabalpur Hospital And  
Research Centre.

**RED  
FM 93.5**

03 MARCH 2023  
9:39 - 10:13 - 17:24 - 19:24

FRIDAY

# SWASTH AND SANSKAR AWARENESS PROGRAMME

**Date** : 05.03.2023

**Venue** : Gagra Raja Medical Collage Gwalior

**Topic** : Epigenetics of preception

**Summary** : Epigenetics of preception with GOGS Swasth and sanskar talk at Gagra Raja Medical College Gwalior



## INTERNATIONAL WOMEN'S DAY PROGRAMME

**Date** : 06.03.2023

**Venue** : Sparsh Women Clinic, Wright Town, Jabalpur

**Topic** : Free Gynaec Checkup Programme

**Summary** : Health awareness talk on International Women day with women and child development department involving 6 districts Balaghat, Mandla, seoni, Narsinghpur Dindori



# INTERNATIONAL WOMEN'S DAY and HOLI CELEBRATION

**Date** : 07.03.2023

**Venue** : Hotel Satya Ashoka, Wright Town, Jabalpur

**Topic** : Financial Management

**Summary** : Happy and candid moments of Womens day and Holi celebration with honouring women of substance and a talk on finance Management.



# CME ON MEDICOLEGAL UPDATE

**Date** : 11.03.2023

**Venue** : Wright Town, Jabalpur

**Topic** : CME on medicolegal update Programme

**Summary** : CME on Medicolegal Updates with FOGSI Medicolegal Committee, Chairperson Dr Manish Machave and Dr Madhuri Joshi from Mumbai.

ICOG 2 POINT



## CANCER AWARENESS PROGRAMME

**Date** : 15.03.2023

**Venue** : MJT Hospital Jabalpur

**Topic** : Free Gynaec Checkup Programme with Pap Smear camp

**Summary** : CANCER AWARENESS and Pap smear chekup camp Done by Dr. Sulekha Diwani Cancer awareness programme With Pap's Smear of 12 pts at MJT Hospital



# HAPPY LEARNING MASTER CLASS WEBINAR

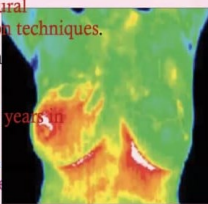
- Date** : 15.03.2023
- Venue** : Zoom.
- Topic** : Programme Happy Learning Master Class Webinar
- Summary** : Online Happy Learning master classes

**Thermography**

- Cancerous & precancerous tissues have a higher metabolic rate resulting in growth of new blood vessels.
- This causes a higher temperature in abnormal/ cancerous breast tissue as compared to the normal tissue.
- Thermography provides functional information on thermal and vascular conditions of the tissue rather than structural characteristics like any other breast cancer detection techniques.
- Thermography is a promising screening tool but the analysis & interpretation is analyst dependent
- Said to be able to diagnose breast cancer atleast 10 years in advance.

*Breast imaging: A survey. Subbuzam Vinita Sen, Eddie Yiu-Kwan Ng, Rajendra U Acharya, and Oliver Faust*

*Study on Female Breast Committee*



3:26 Zoom 27%

Zoom Leave

REC

Amita

Dr.Kawita Bapat

Divya Singhal

Charulata Bapaye

Unmute Stop Video Share Participants 19 More

**Happy Learning Master Class Webinar Series**

In association with  
**Indore, Jabalpur and Ratlam Ob & Gyn Society**

**Mixed Bag**

127<sup>th</sup> EDITION

Tuesday, 14<sup>th</sup> March 2023 Time: 6:00 pm onwards

**Program Director**: Dr M. C. Patel, FOGSI

**Program Cosener**:  
Dr Rekha Rajendrakumar, Vice President, Bangalore ObGyn Society  
Dr Sneha Bhuyar, FOGSI Breast Committee Chairperson 19-21, IGOG SGCM 21-22 & AMOGS MD Con Chairperson 22-24  
Dr Asha Jain, FOGSI President, Raipur ObGyn Society  
Dr. B Kalpana, Secretary, Madhya ObGyn Society & National Coordinator, Inland Committee  
Dr. Jyoti Bunglowala, Vice President, More ObGyn Society

**Program Co-ordinator**:  
Dr Suman Sinha  
Dr Jyoti Bindal  
Padmashree Dr Leela Joshi  
Dr Asha Baid  
Dr Kawita Bapat

**Master of Ceremony**:  
**Chief Guest**:  
**Guest of Honour**:

**SESSION - I "IMAGING FOR BREAST DISEASES"**

**SPEAKER**:  
Dr Charulata Bapaye, Chairperson Breast Committee

**CHAIRPERSONS**:  
Dr. Dolly Mehra, Ratam  
Dr. Amita Saxena, President Jabalpur Ob & Gyn Society  
Dr. Brajibala Tiwari, President IGOG

**SESSION - II Panel Discussion On Breast Issues**

**EXPERT**:  
Dr. Sneha Bhuyar, Ex Chairperson Breast Committee FOGSI, Governing Council Member IGOG

**MODERATORS**:  
Dr. Divya Singhal, National Coordinator, Breast Committee, FOGSI  
Dr. Shashibala Bhonsale Sao, President IGOG

**Panelists**:  
Dr. Shabana Sultan, Secretary, Bhopal Ob & Gyn Society  
Dr. Neha Saraf, Secretary, IGOG  
Dr. Preeti Gupta, Secretary, IGOG  
Dr. Jagriti Nagar, President, Sagar Ob & Gyn Society  
Dr. Yamini Mankar, Harka  
Dr. Padma Shukla, Secretary, Newa Ob & Gyn Society

**SESSION - III How to Create Public Awareness For Preventing Breast Cancer**

**SPEAKER**:  
Dr Shehla Jamal, Chief Guest, Public Awareness, Breast Committee, IGOG

**CHAIRPERSONS**:  
Dr. Uma Nigam, President, Kati Ob & Gyn Society  
Dr. Shashi Shrivastava, President, Mungwa Society, Bhopal  
Dr. Jyoti Bunglowala, Vice President, IGOG

## AKASHWANI RADIO PROGRAMME

**Date** : 16.03.2023

**Venue** : Akashwani Jabalpur

**Topic** : Development of fetus in pregnancy

**Summary** : Akashwani Radio program by Dr Amita Saxena

### News on AIR

आकाशवाणी जबलपुर

16.03.23

1 बजे

महिला सभा  
कार्यक्रम



गर्भकाल  
के दौरान बच्चे  
का समुचित  
विकास पर  
वार्ता

## TRAINING OF DOCTOR MANAGEMENT OF PPH

**Date** : 16.03.2023

**Venue** : SIHFW Jabalpur

**Topic** : prevention and management of PPH

**Summary** : Training to Doctors from Jabalpur Periferi on Prevention and management of PPH by Dr Sharda Mishra Training to doctors from Dindori, Katni, Anuppur, Patan and Jabalpur regarding prevention and management of PPH and how to perform aortic compression and how to prepare and use Condom Temponade on 16 March 2023 at SIHFW Jabalpur



## CANCER AWARENESS PROGRAMME

**Date** : 17.03.2023

**Venue** : OPD at Ghamapur, Jabalpur

**Topic** : Free Gynaec Checkup And cancer Awareness

**Summary** : Cancer awareness talk to ladies attended OPD at Ghamapur UPHC by Dr Sharda Mishra Cancer awareness talk to ladies attended OPD at Ghamapur UPHC



## CANCER AWARENESS PROGRAMME BADLAAV CLINIC

**Date** : 18.03.2023

**Venue** : Badlav clinic , Jabalpur

**Topic** : Free Gynaec Checkup done by Dr. Sangeeta Shrivastava

**Summary** : Cancer



## BADLAAV Clinic

**Date** : 18.03.2023

**Venue** : Vimal Nurshing Home Adhartal, Jabalpur

**Topic** : Free Gynaec Checkup Programme

**Summary** : Dr Alka Agrawal advising the patients for cancer Breast and Cancer Cervix and about health and nutrition.



## CME ON SEXUAL DYSFUNCTION

**Date** : 18.03.2023

**Venue** : , Jabalpur

**Topic** : Session on female sexual dysfunction

**Summary** : As chairperson in Session on female sexual dysfunction Dr Kusum Jain and Dr Nidhi Jain



## AWARNESS PROGRAMME ON CERVICAL AND BREAST CANCER

**Date** : 18.03.2023

**Venue** : SAHU Clinic, Wright Town, Jabalpur

**Topic** : Awareness talks about breast cancer and cervical Cancer

**Summary:** Awareness talks about breast cancer and cervical Cancer by Dr Nisha Shau at Awareness talks about breast cancer and cervical Cancer



# GYNAEC HEALTH CHECKUP BADLAAV CLINIC

**Date** : 18.03.2023

**Venue** : Sparsh Women Clinic, Wright Town, Jabalpur

**Topic** : Free Gynaec Checkup Programme

**Summary:** Badlaav Clinic at Naik Multispeciality Hospital by Dr Swaraj Naik Dr Neena Shrivastava Dr Trisha Naik



# BADLAAV CONFERENCE UNDER THE GUIDANCE OF FOGSI PRESIDENT DR HRISHIKESH PAI SIR

**Date** : 18.03.2023

**Venue** : IMA Wright Town, Jabalpur

**Summary** : Badlaav Conference

Badlaav - An initiative by President FOGSI- Dr Hrishikesh Pai. JOGS Organised a conference for Anganwadi and AnM workers on the preventive health aspect of Women which included various topics like Gynecological cancers, Anemia, Adolescent health and Midlife management. Also, a topic of Gender equality and Mental health was kept to raise awareness.

**JABALPUR OBSTETRICS AND GYNAECOLOGICAL SOCIETY 2022-23**  
**BADLAAV CONFERENCE**

**Dr. Hrishikesh D. Pai**  
President

**Dr. Madhuri Patel**  
Secretary Gen. FOGSI

**Chief Guest**  
Prof. Dr. Kavita N Singh  
HOD, (Obs & Gyn.)  
NSCB, MCH, Jabalpur

**Dr. Amita Saxena**  
President-JOGS

**Guest Of Honour**  
Dr. Sanjay Mishra  
CMHO & Regional Dir  
Health Services Jabalpur

**Dr. Richa Dhirawani**  
Secretary - JOGS

**Date : 18/03/2023 | Time : 09 - 01:00 AM | IMA House, Jabalpur**

**SCIENTIFIC SESSION 1**

|                |  |  |
|----------------|--|--|
| 9:30-10:00 am  | Registration                                     |  |
| 10:00-10:15 am | Preventive Health Check up and Cancer Prevention | Dr Neeta Parashar  |
| 10:15-10:30 am | Prevention of Anemia-                            | Dr Rashmi Kurariya   |
| 10:30-10:45 am | Mid life and Menopause-                          | Dr Bhavna Mishra   |
| 11:00-11:30 am | <b>INAUGURATION</b>                              | <p><b>Chief Guest</b><br/>Prof. Dr. Kavita N Singh<br/>HOD, (Obs &amp; Gyn.) NSCB,<br/>MCH, Jabalpur</p> <p><b>Guest of Honour</b><br/>DR SANJAY MISHRA<br/>CMHO &amp; Regional Dir Health<br/>Services Jabalpur</p> |

**SCIENTIFIC SESSION 2**

|                |                                  |             |
|----------------|----------------------------------|-------------|
| 10:45-11:00 am | Teen & Adult Vaccination Program | Dr Sangeeta |
|----------------|----------------------------------|-------------|






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 Jabalpur City Line | 2023-04-13 | Page-4  
 ehitavada.com

## Jabalpur Obstetrics and Gynecological Society organises 'Badlaav' Conference

■ Staff Reporter

M L Mehra, District Programme Officer, Jabalpur, inaugurated 'Badlaav' Conference in presence of Chief Medical and Health Officer, Dr Sanjay Mishra at IMA House Jabalpur on Thursday. The conference was organised by Jabalpur Obstetrics and Gynecological Society (JOGS) under the guidance of National President, Federation of Obstetrics and Gynecological Society of India (FOGSI), Dr Hrishikesh D Pie and Secretary, Dr Madhuri Patel. The conference was organised with the objective to bring positive change in the women's health. Hence, Dr Neeta Parashar while addressing the gathering of ASHA and USHA workers, discussed about preventive health check-up and prevention of Cancer among women. During technical session, Dr Rashmi Kurariya talked in length about precautions to be taken to control anemia through balanced diet and medical intervention. Dr Bhavana Mishra informed about measures to be taken against health issues create during mid life and menopause period. During second scientific session, Dr Sangeeta Shrivastava and Dr Sonal Sahani emphasised over vaccination among adolescent and adult candidates and gender equality and women empowerment. Dr Shashi Khare shared significant details about mental health among women. The programme was coordinated by JOGS's President, Dr Amita Saxena while vote of thanks was proposed by Secretary, Dr. Richa Dhirawani. Around 150 ASHA and USHA workers attended the conference.



**JOGS's office-bearers during Badlaav conferment.**

## GYNAEC CANCER AWARENESS PROGRAMME

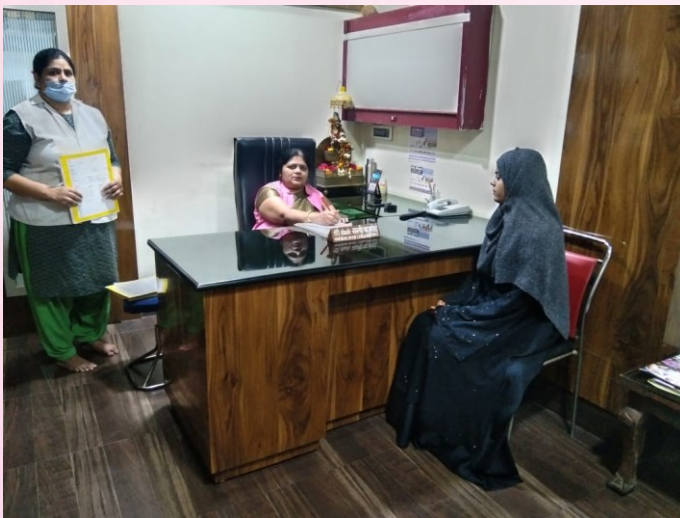
**Date** : 18.03.2023

**Venue** : , Sainath Hospital Jabalpur

**Topic** : Free Gynaec Checkup Programme

**Summary:** Cancer Awareness & Pap Smear Screening by Dr Rakhi Bajpai at Sainath Hospital Cancer awareness - examined patients for Ca cervix & Ca breast.

Dr Rakhi Bajpai



## GYNAEC CANCER AWARENESS PROGRAMME

**Date** : 18.03.2023  
**Venue** : JHRC Hospital Jabalpur  
**Topic** : Cancer Awareness Programme  
**Summary** : Cancer Awareness and Pap Smear screening by Dr Pragya Dhirawani at JHRC



## HEALTH CHECKUP PROGRAMME

**Date** : 19.03.2023

**Venue** : Naik Multispeciality Hospital, Wright Town, Jabalpur

**Topic** : Free HEART Checkup Programme

**Summary:** Health (BONES & HEART) Awareness programme at Nail Multispeciality Hospital by Dr Swaraj Naik Dr Neena Shrivastava



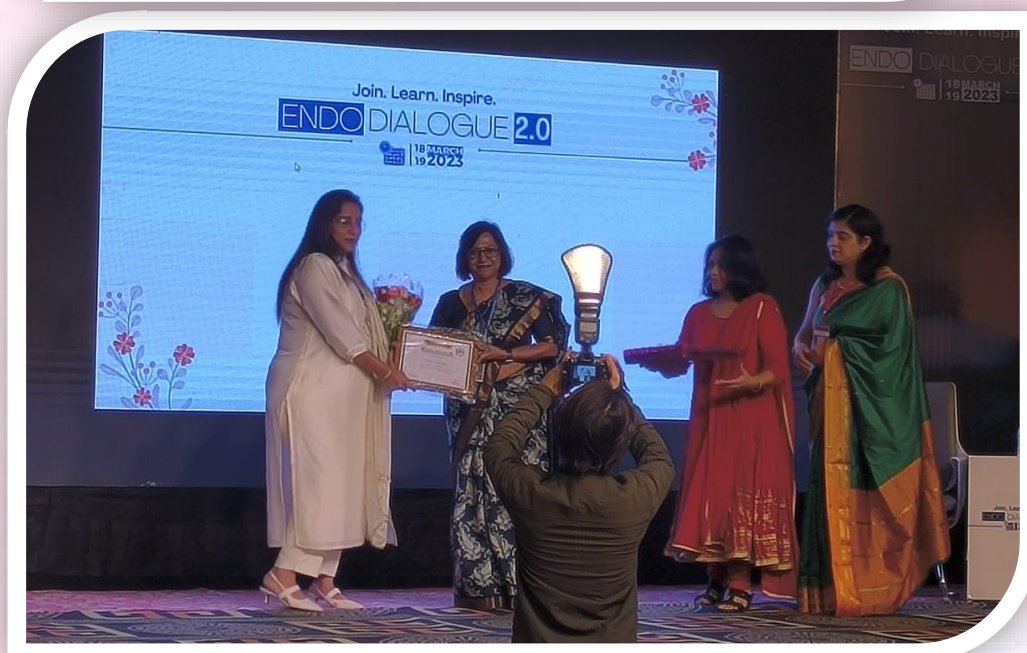
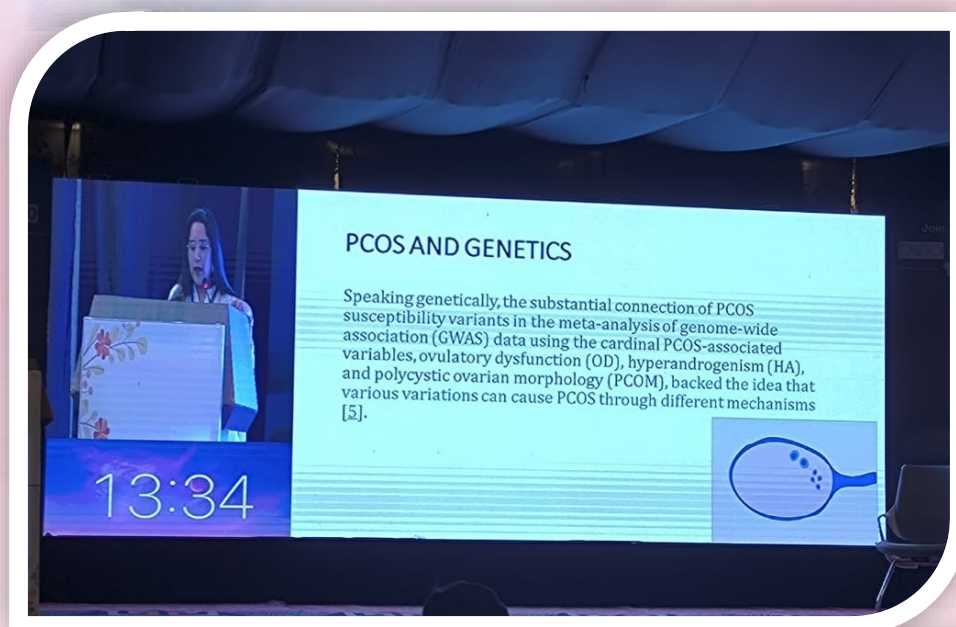
## CME ON PCOD-NEWER TREATMENT

**Date** : 19.03.2023

**Venue** : Wright Town, Jabalpur

**Topic** : PCOS - Newer Treatment Modalities Programme

**Summary:** PCOS - Newer Treatment Modalities by Dr Richa Dhirawani Dr Sangeeta Shrivastava



## WOMENS CRICKET

**Date** : 19.03.2023

**Venue** : Narbudda club Jabalpur

**Topic** : Womens Cricket by JOGS members Cricket match of JOGS AND IMA

**Summary:** Womens Cricket by JOGS members Cricket match of JOGS AND IMA  
DWD at Narbudda club



# GYNAEC HEALTH CHECKUP PROGRAMME

**Date** : 20.03.2023

**Venue** : Suvidha Hospital Jabalpur

**Topic** : Free Gynaec Checkup Programme

**Summary:** Cancer Awareness and Pap Smear Screening Camp at Suvidha Hospital by Dr Anuradha Dang



## MEETING TO PROMOTE BADLAAV CLINIC

**Date** : 20.03.2023

**Venue** : IMA, Wright Town, Jabalpur

**Topic** : Badlaav CLINIC With Thalessemia society.

**Summary:** Meeting With Angiostor promote Badlaav Clinic Meeting with government executives CMHO, Prof Dr Sharad Jain and other social worker to bring BADLAV in society by promoting thalesimia screening. Dr Amita Saxena representing JOGS

Meeting with government executives CMHO, prof Dr Sharad Jain and other social worker to bring BADLAAV in society by promoting thalessemia screening. Dr Amita Saxena representing JOGS



# GYNAEC HEALTH CHECKUP PROGRAMME

**Date** : 22.03.2023

**Venue** : Manu Lal Trust Hospital Wright Town, Jabalpur

**Topic** : Free Gynaec Checkup Programme

**Summary:** Cancer Awareness & Pap Smear Screening by Dr Sulekha Dewani at Manu Lal Trust Hospital Cancer awareness programme



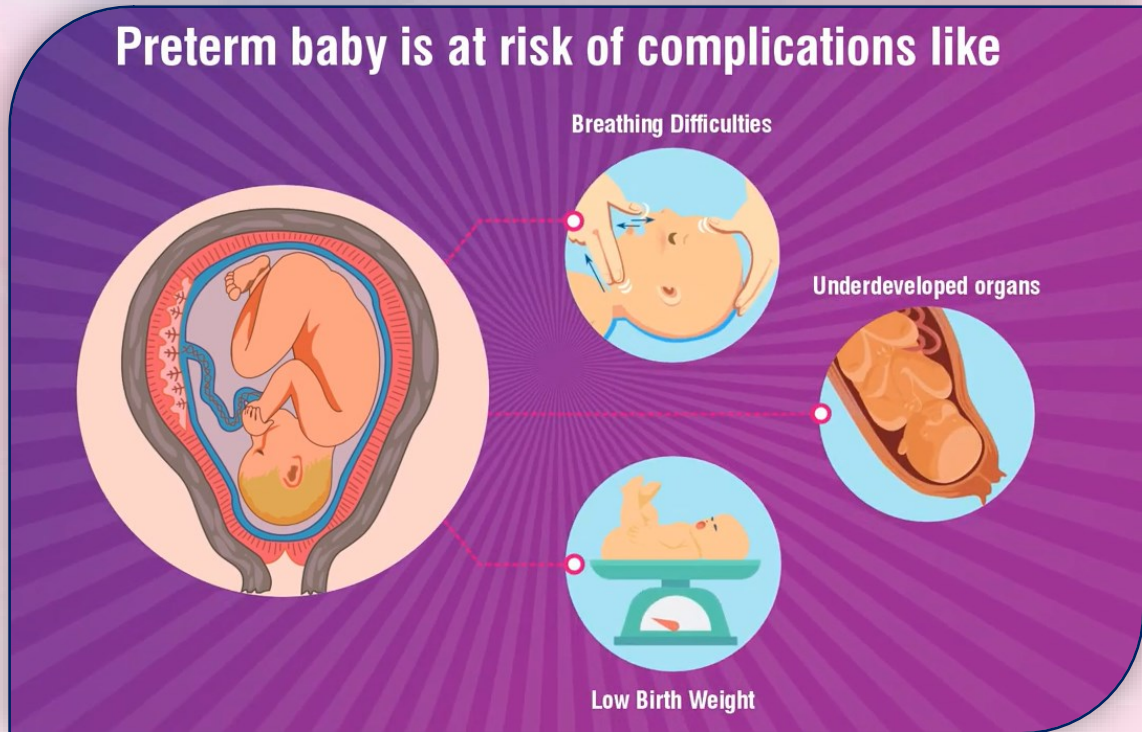
# AWARENESS PROGRAMME ON PRETERM BABY

**Date** : 25.03.2023

**Venue** : HARBHUMI Clinic Vijaya Nager, Jabalpur

**Topic** : Free Gynaec Checkup Programme

**Summary:** Awareness on Premitucharity Video by Dr Roma Nag



**Dr. Roma S. Nag**

MBBS, MS ( Obstetrician & Gynecologist)

Harbhoomi Clinic, Ukhri Square, Vijay Nagar, Jabalpur (M.P.)- 482002

# CME ON EARLY CERVICAL LESION

**Date** : 25.03.2023  
**Venue** : Wright Town, Jabalpur  
**Topic** : CME on Early cervical lesion  
**Summary** : CME Early Cervical Lesions with JMS

**JABALPUR MENOPAUSE SOCIETY**  
 (Affiliated to Indian Menopause Society)

**Invites you all for a CME on EARLY CERVICAL LESIONS**  
 Diagnosis, Management & Recent Updates

25<sup>th</sup> March 2023, Sunday | From 04 PM To 06:00 PM  
 Venue : Hotel Gulzar, Jabalpur

**Chief Guest**  
**DR. PUSHPASETHI**  
 President  
 Indian Menopause Society (2023-25)

**Expert Speaker**  
**DR. PRIYA GANESH KUMAR**  
 Chairperson  
 Gynaecologic Oncology  
 Committee, FOGSI

**Expert Speaker**  
**DR. VIBHA GAHLOT**  
 Sr. Gynaecologist  
 & Colposcopist

**Expert Speaker**  
**DR. ANURADHA DANG**  
 Member Oncology  
 Committee

**CHAIRPERSONS :**

|   |                        |
|---|------------------------|
| Cancer Cervix Vaccination- BII Tetra/NanoValent- Recent Updates - 15mins                                      | Dr. Anuradha Dang      |
| Normal and Abnormal Colposcopy- Interpretation & Management- 20min  | Dr. Vibha Gahlot       |
| Screening for Cervical Cancer -PAR, LBC, HPV:- What, When, Why? WHO Guidelines and National Programme- 30mins | Dr. Priya Ganesh Kumar |

**Dr. Pragya Dhirawani**  
 President - JMS

**Dr. Archana Shrivastav**  
 Secretary - JMS

Please Note The Program will be followed by Election and Announcement of the New President for JMS for 2023-2024



# CME ON COSMETIC GYNECOLOGY

**Date** : 25.03.2023

**Venue** : KATNI

**Topic** : Cosmetic Gynaecology

**Summary:** Dr Amita Saxena invited as Faculty by Katni Society for a cme on Cosmetic Gynaecology




## MAA KI PATHSHALA PROGRAMME

**Date** : 31.03.2023

**Venue** : ON ZOOM


**Topic** : Awareness Programme Maa ki Pathshala

**Summary:** Awareness Programme Maa ki Pathshala on Zoom By Dr. Amita Saxena

←  **2022 Garbh Sanskar J...**   
Arpita, Juhi, Jyotsana, karuna, Ka...

**Snehlata**

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us02web.zoom.us

**माँ की पाठशाला**  
       

**Yoga Workshops**

Timing- 9:30 am-10:30am

**Yoga During Pregnancy - Sarla  
mishra .. Yoga teacher(M.A. in yoga)**

**आयोजक : आओ गढ़े संस्कारवान पीढ़ी  
अभियान, मध्यप्रदेश**

**मार्गदर्शन :: अखिल विश्व गायत्री  
परिवार, शांतिकुंज हरिद्वार एवं स्त्री रोग संघ  
जबलपुर**

**Join Meeting**  
Meeting link  
 

<https://us02web.zoom.us/j/82261117439?pwd=dzBiYIV3dkV6bkxIK04xMUtiL3dHUT09>

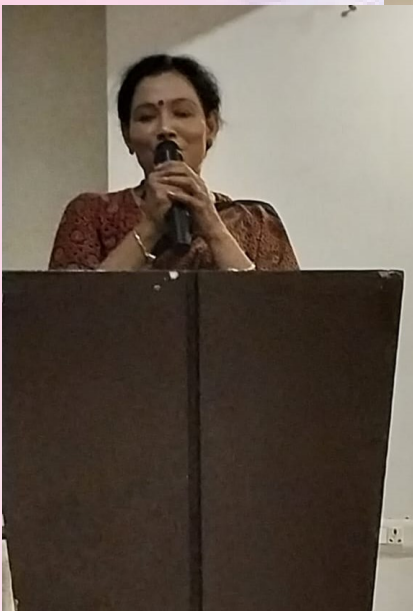
# GARBH SANSKAR PROGRAMME

**Date** : 31.03.2023

**Venue** : Rotary Club Jabalpur

**Topic** : Garbh Sanskar

**Summary:** Invited by rotary west to speak on science of garbhsanskar by Dr Amita Saxena



# GYNAEC HEALTH CHECKUP PROGRAMME

**Date** : 31.03.2023

**Venue** : Gayatri Mandir , Jabalpur

**Topic** : Free Gynaec Checkup Programme

**Summary:** Medical checkup camp at Gayatri mandir by dr Amit Saxena and team



In the end we will remember

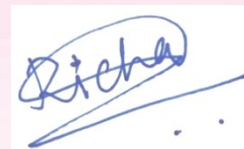
- The love and affection of our colleagues.
- The cooperation from all FOGSI members.
- The guidance from all seniors and well wishers.
- The words of our critics.
- The silence of our friends.
- The untiring efforts of the team of FOGSI Jabalpur (JOGS)

&

We THANK all for everything they have contributed to make this journey successful and memorable.



**Dr Amita Saxena**  
President



**Dr Richa Dhirawani**  
Secretary